



# THE ARKANSAS ULTRA RUNNER

May 2017

THE NEWSLETTER FOR MEMBERS OF THE  
ARKANSAS ULTRA RUNNING ASSOCIATION

AURA WEBSITE: [runarkansas.com](http://runarkansas.com)

## Message From President George Peterka



Well the UTS season is over. I wish to thank Paul Turner and Deb Baker for putting on the Mt. Magazine Trail Run. For once we had beautiful weather and could enjoy the breathtaking views. I also wish to thank Chris Baldwin for putting on the Catsmacker. We had rain and had to delay the start of the race and then shorten the race because Brown's Creek was flooding but we still had a good time. Even with the rain, we still had 101 runners. Afterwards the rain eased up allowing us to enjoy lunch, present the UTS awards and hold a club meeting. Robert "PoDog" Vogler was elected to be our vice-president and UTS coordinator since Deb Baker is moving to Utah.

The new UTS schedule is up but there are still some question marks indicating races that have not been finalized yet. Don't forget AURA MEMBERSHIPS EXPIRE ON JUNE 30th. Please check the AURA members page <http://www.runarkansas.com/AURAmembers.htm> to see your membership status.

If your name is green, you're good for another year. If it's Black you need to renew now.

At the club meeting we discussed volunteering at the clubs events. It's the volunteers, not the runners, that make these races possible so please help out by volunteering. It takes a lot of work to put these event on. It would be nice if every club member helped out in some way at least once during the year.

Enjoy the summer everyone. Be careful running in the heat. Wear sunblock and carry plenty of water. Also, it's time to start training for the Traveller. Hope to see everyone at the Full Moon 50K when we kick of the new UTS season.



**Saturday, July 22, 2017**  
**Camp Ouachita Girl Scout Camp**  
**7pm start for 50k**  
**8pm start for 25k**

### **UTS Race #1**

Get ready to get ready for the 25th Anniversary Full mOOn 50K & 25K! This year's race is a celebration of the epic birthday bash started by Charlie Peyton to honor his amazing Trail Queen wife, Lou, back in 1992! The all night party and breakfast fest commences on Saturday, July 22. Big \$hot & Mama Lou are officially retiring, but their aid station will be hosted by the crazy musings of Stacey Shaver and Chris Baldwin.

### **Race Information**

#### **50K**

Starts 7:00 pm with trail briefing, AURA announcements, etc. at 6:45 p.m.

Packet pick up at 5pm

#### **25K**

Starts 8:00 p.m. with trial briefing at 7:45 p.m.

Packet pick up at 6pm

### **Aid Stations**

3.5, 7.5, & 15.5

### **Cutoffs:**

25K T/A aid station cutoff is 10:15 pm. If 50Kers don't meet the cutoff, they become 25Kers, no exceptions without race director's pre-approval. If you would like more miles, you are welcome to turnaround again at the finish after signing out.

50Kers arriving at the **50K T/A aid station after Midnight** will be required to wait for the sag wagon. Once the sag wagon departs, anyone encountered still heading out will be transported back to 25K T/A aid station or finish as determined by sag crew.

Any runners who have not exited the **25K T/A aid station by 2 a.m.** will be transported to finish by sag wagon. *Aid station workers are not sag crew or transporters.* You may have to wait up to two hours to get a ride back to the finish.

### **Registration**

<https://runsignup.com/Race/AR/Perryville/FullmOOn50k25k>

**More Race Day Information** <http://www.fullmoon50k.com/about.html>

***We need volunteers!*** If you need ultra miles, are injured and can't run but don't want to miss the party, have a family member or friend running, or whatever, we can use you to help out on race day. You get a free shirt and full access to the fun! Visit our volunteers page and send in your volunteer registration today! [www.fullmoon50k.com/volunteers](http://www.fullmoon50k.com/volunteers)

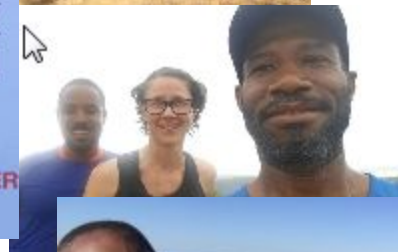
# Homecoming

~by Josh Madison

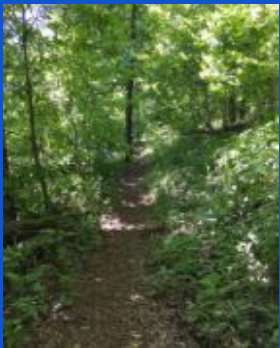
When I first started running in late 2007, I never dreamed that running would take me on the adventures I have experienced or provide me with the great friends I have made along the way.

I just recently returned home from a 9 month tour in the Middle East, with the Arkansas National Guard. One of the key things that kept the adventures and good times going was running, I was able to use my running as a way to meet people and go places that I could only read about to run races while overseas.

Being able to share my running stories with others back home was key to getting back to trail running here in Arkansas. Trail running here in Arkansas has taught me that it's not about speed but the enjoyment of others and the good fellowship pre and post trail run. I can not thank my trail running family enough for supporting me while I was gone. I can not wait to see you guys out on the trail with a good smile and a cold beer!



# Mt Magazine 2017



# Mt Magazine 2017

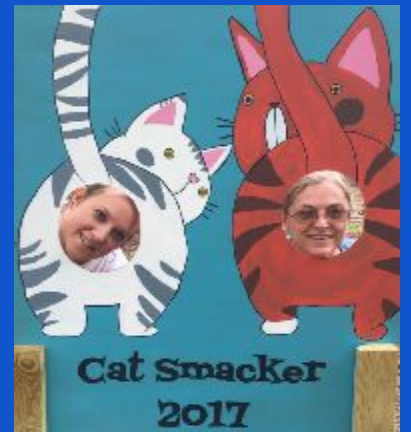
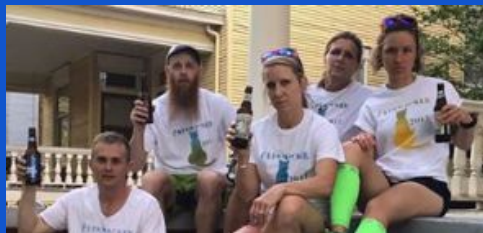
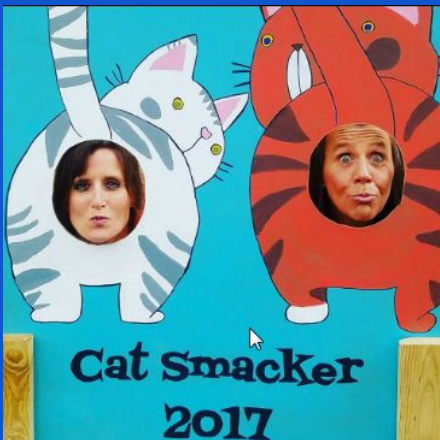


# Catsmacker 2017



*~It was a rainy start but a dry and joyful finish~*

# Catsmacker 2017



Until Next Year  
EnjoyIt

# 2016-2017 ULTRA TRAIL SERIES WINNERS



**Overall Male**



**Overall Female**



**Male Master**



**Female Master**



# 2016-2017 ULTRA TRAIL SERIES WINNERS



**Male Grand Master**



**Female Grand Master**



**Male Senior**



**AURA UTS KINGS & QUEENS**

# New UTS 2017-2018 Series

Date	Event	Location	
7/22/17	<a href="#">Full mOOn 50K</a>	Perryville <a href="#">map</a>	UTS race #1 (50K only)
??/??/??	<a href="#">???Mt. Nebo Trail Run (14 miles +/-)</a>	Dardanelle <a href="#">map</a>	UTS race #2 - Fun Run
10/07/17	<a href="#">Arkansas Traveller 100</a>	Perryville <a href="#">map</a>	UTS race #3
11/11/17	<a href="#">Sweet Spot 50K</a>	Russellville <a href="#">map</a>	UTS race #4 - Fun Run
11/24-25/17	<a href="#">Sunset 6/12/24 Hr Endurance Run</a>	Benton <a href="#">map</a>	UTS race #5 - Fun Run
12/02/17	<a href="#">Lake Ouachita Vista Trail Marathon</a>	Mt. Ida <a href="#">map</a>	UTS race #6 - Fun Run
??/??/??	<a href="#">???Swampstomper 50K</a>	Millington, TN <a href="#">map</a>	UTS race #7 (50K only)
02/03/18	<a href="#">White Rock Classic 50K</a>	Cass <a href="#">map</a>	UTS race #8 - Fun Run
02/24/18	<a href="#">LOVIT 100K</a>	Hot Springs <a href="#">map</a>	UTS race #9 See note if running 100 miles.
??/??/??	<a href="#">???Styx n' Stones Trail Run 30K</a>	Devil's Den S. P. <a href="#">map</a>	UTS race #10 - Fun Run
??/??/??	<a href="#">???Athens Big Fork Trail Marathon</a>	Big Fork <a href="#">map</a> <a href="#">Warning</a>	UTS race #11 - Fun Run
??/??/??	<a href="#">???Hot Springs N.P. Trail Run (18 miles +/-)</a>	Hot Springs N. P. <a href="#">map</a>	UTS race #12 - Fun Run
4/15/2017 - 4/15/2018	Runner's Choice Marathon (26.2 miles) Results Due by April 15th		UTS race #14
04/21/18	<a href="#">Ouachita Trail 50K/50M</a>	Little Rock <a href="#">map</a>	UTS race #13
05/12/18	<a href="#">Mt. Magazine Trail Run (18 miles +/-)</a>	Mt. Magazine S.P. <a href="#">map</a>	UTS race #15 - Fun Run
??/??/??	<a href="#">???Catsmacker Fun Run (21 miles +/-)</a>	Lake Sylvia <a href="#">map</a>	Fun run - NO POINTS UTS awards ceremony afterwards

## 2017-2018 Registration Information

The Ultra Trail Series encompasses a number of AURA races and fun runs. Individual points are awarded for each event completed, based on the [UTS Rules](#). Male and Female, Open, Master, Grand Master, Senior, and Super-Senior winners (Kings/Queens of the Trail) are crowned at the completion of the series each year, based on point totals.

Some of the UTS races are low-key, no-fee, no frills, minimal aid events (a.k.a. "fun runs"), while others are full-fledged races. Please plan and prepare accordingly.

To register visit the following website:  
<http://www.runrace.net/findarace.php?id=18146AR>

## Remember to Donate

Most of our events are free but that does not mean that they do not cost money to make them happen. Permits have to be pulled and supplies purchased. Please consider dropping at least \$10 into the donation can at the next event. It's a small price for the fun and joy you get out of it. Also, there are no trail fairies that make these free events happen either so please consider donating your time. If you volunteer for an event you still get points for the High Mileage Award, which are equal to what you would receive if you run it.

## Message From The Editor - Stacey Shaver

Wow, what a year! Thank you to all of the amazing trail angels that helped to make the 2016-2017 Trail Series a success. Big thanks to the race directors, the volunteers for each and every event, to anyone who donated their time, money, supplies, or other resources. After being behind the scenes the last few years I have come to realize just how much time, energy, and money goes into these races.



The big culminating AURA Ultra Trail Series event, the Catsmacker, was fun and festive as always. It started out a little shaky with the storms but the skies cleared and made way for sunshine and happiness. I think because we were forced to reroute the Cat Runners to a shorter distance more people hung out after. Not having that wide gap in time between the two events was beneficial for that reason. More people finishing at the same time meant more fun. Lemonade was made from sour lemons!

Finally, let me say HUGE THANK YOU to Josh Madison for your contributions this month! It's been good to have you home, even if it is for a short time.

See You All In June at Full Moon! **We still need volunteers!** Come join Chris Baldwin & Myself for the Turn Around Aid Station/Party. Contact Race Director: Susy Chandler at 501.837.3104 or email her at [susy@fullmoon50k.com](mailto:susy@fullmoon50k.com)

Link to AURA Website: <http://www.runarkansas.com/index.htm>

~Stacey Shaver-Matson~  
mverunnergirl@gmail.com

## RETREADS

(Retired Runners Eating Out)

We meet the first Wednesday of every month at Frankie's Cafeteria on Rodney Parham Blvd.

The food lineup begins sharply at 11:30am.

Come early to the lobby for a time of "Touching and Feeling".

Wear something to identify you as an old runner. T-shirt, medallion, etc...

Call Charley or Lou Peyton at 680-0309 if you have questions.

# 2017 Mt. Magazine Results

Place	Name▼	City▼	Sex▼	Age▼	Time
1	Tomas Moreno	Longview, TX	M	34	2:15
2	Nick Lewis	Little Rock	M	38	2:23:50
3	Tommy Brennan	Poteau, OK	M	46	2:32:36
4	Nathan Smith	Alexander	M	32	2:40:15
5	Ian Rogers	Little Rock	M	23	2:40:18
6	Daniel Arnold	Benton	M	32	2:43:33
	Aaron Dickens	Van Buren	M	36	2:43:33
8	Jedd Kirby	Poteau, OK	M	33	2:46:29
9	Stephen Paine	Shreveport, LA	M	39	2:47:11
10	Bj Johnson	Poteau, OK	M	36	2:47:45
11	Tia Stone	Searcy	F	38	2:48:05
12	Rob Green	Norman, OK	M	38	2:50
13	Randy Soeung	Springdale	M	36	2:56
14	Chris Wear	Fort Smith	M	39	3:05
15	Bruce Wood	Sherwood	M	54	3:07
16	Jose Monsivais	Longview, TX	M	38	3:10
17	Manny Alanis	Longview, TX	M	48	3:11
18	Lindsey Berg	Greenwood	F	33	3:13:40
19	Brett Nguyen	Fort Smith	M	48	3:14
20	Megan Brockman	Springfield, MO	F	29	3:29:34
21	Candice Cox	Longview, TX	F	34	3:30:29
22	Stacey Shaver-Matson	N. Little Rock	F	45	3:34:30
23	Michelle Posey	Little Rock	F	47	3:35
24	Alan Hunnicutt	Berryville	M	63	3:37
25	George Peterka	Hot Springs	M	57	3:38
26	Mike Hall	Poteau, OK	M	55	3:39
	Lance Biggers	Little Rock	M	35	3:39
	Whit Kirby	Poteau, OK	F	33	3:39
	Josh Madison	Hot Springs	M	28	3:39
30	Jim Tadel	Monticello	M	60	3:42
31	Jeff McCollough	Van Buren	M	54	3:42:46
32	Curtis Ralston	Fort Smith	M	45	3:43:14
33	Erin Brunner	N. Little Rock	F	27	3:45:35
34	Brett Bassham	Sulphur Spring, TX	M	56	3:45:39
35	Jonathan Hear	Van Buren	M	39	3:46:70
36	Steve Adkison	Ankadelphia	M	55	3:52
37	Shawn Barlow	Benton	M	43	3:53:07
38	Austin Mader	Little Rock	F	27	3:53:57
39	Robert Ransbottom	Memphis, TN	M	35	3:54:50

40	Paxton Edwards	Tahlequah, OK	M	35	3:55:35
	Hobby Chapin	Sheridan	M	37	3:55:35
42	Tina Mitchell	N. Little Rock	F	44	3:56:27
43	Diane Diebold	Branson, MO	F	53	3:59:48
44	Zach Collette	Ozark, MO	M	22	3:59:56
45	Charles Redditt	Conway	M	49	4:04:39
46	David Meroney	Little Rock	M	46	4:13:07
47	Andy Williams	Fort Smith	M	35	4:13:41
48	Lionel Bunnett	Fort Smith	M	56	4:13:49
49	Zac McRae	Memphis, TN	M	39	4:14:03
50	Lisa McCarthy	Jacksonville	F	28	4:18:47
	Jeff Beason	Malvern	M	44	4:18:47
	Kendell Snyder	Jacksonville	M	55	4:18:47
53	Brian Powell	Rogers	M	50	4:21:35
54	Shane Capps	Springdale	M	41	4:21:36
55	Tiffany Paine	Shreveport, LA	F	30	4:24:29
56	Chris Davis	Hot Springs	M	44	4:31:26
57	Josh Hinojosa	Rogers	M	34	4:33:06
	Summer Hinojosa	Rogers	F	32	4:33:06
59	Tracy Monsivais	Longview, TX	F	37	4:33:10
	Julie Moreno	Longview, TX	F	33	4:33:10
61	Chrissy Ferguson	Maumelle	F	56	4:51:52
62	Chris Chalfant	Hot Springs	M	37	4:58:25
63	Ben Walters	Rock City	M	37	5:06:49
64	Eddy Light	Judsonia	M	54	5:13
	Emily Gabbard	Conway	F	44	5:13
	Deb Baldridge	Mabelvale	F	52	5:13
	Amanda Fitzpatrick	Cabot	F	36	5:13
68	Manfred Galatowitsch	Little Rock	M	68	5:19
69	Jason Thomas	Bernice, LA	M	42	5:37
	Tammy Thomas	Bernice, LA	F	40	5:37
71	Christy Brooks	London	F	54	5:45
	Noelle Coughlan	Little Rock	F	50	5:45
	Chris Beason	Malvern	F	44	5:45
74	Christine Meroney	Little Rock	F	47	5:48
	Shelley Sparks	Farmerville, LA	F	44	5:48
76	Dottie Rea	Vilonia	F	64	5:51
77	Marilyn Lattin	Maumelle	F	58	6:35
	Rose Ann Foster	Maumelle	F	52	6:35
	Sheila Galatowitsch	Little Rock	F	58	6:35

## Other Participants

Place	Name▼	City▼	Sex▼	Age▼	Time	Distance
1	Joe Fluech	Greenbrier	M	50	2:23	12 Miles
2	Steve George	Dardanelle	M	46	2:25:45	12 Miles
3	Jose Oviedo	Longview, TX	M	35	2:36:55	12 Miles
4	Jannina Montano	Longview, TX	F	42	2:54	12 Miles
	Kyla Rudd	Tulsa, OK	F	41	2:54	12 Miles
6	David Taylor	Condova, TN	M	34	3:06:53	12 Miles
7	Jennifer Barnes	Russellville	F	35	3:09	12 Miles
	Podog Vogler	Russellville	M	51	3:09	12 Miles
9	Sherry Rogers	Memphis, TN	F	56	3:09:46	12 Miles
10	Dawn Horn	Vilonia	F	40	3:12:06	12 Miles
	Jerry Oliver	Conway	M	34	3:12:06	12 Miles
	Amber Smith	Alexander	F	30	3:12:06	12 Miles
13	Joan Barnoskie	Vian, OK	F	58	3:36	12 Miles
14	Isaac Barnoskie	Vian, OK	M	34	3:37	12 Miles
15	Rhonda Snyder	Jacksonville	F	50	3:43	12 Miles
16	Julie Kenn	Benton	F	45	3:44	12 Miles
	Susan Beckwith	Lonsdale	F	49	3:44	12 Miles
18	Ann Moore	Little Rock	F	76	4:54:17	12 Miles
19	Ryane Reyes				4:58:25	12 Miles
20	Jennifer Fluech	Greenbrier	F	48	2:00	8 Miles
21	Julia Shackelford	N. Little Rock	F	59	3:15	8 Miles
	Heidi Strook	Jacksonville	F	73	3:15	8 Miles
23	Stan Ferguson	Maumelle	M	53	1:05	5 Miles
24	Shani Patterson	Fort Smith	F	44	2:07	

# 2017 Catsmacker Results

## All Distances (Cat, Kitty, and Other)

Place	Name	City	Sex	Age	Time
1	Ryan Lawrence	Little Rock	M	36	1:33:20
	Barnett Kerth	Little Rock	M	26	1:33:20
3	Justin Miller	Bentonville	M	39	1:51:13
4	Bruce Wood	Sherwood	M	54	1:57:05
5	Steven Booth	Little Rock	M	49	2:04:46
	Michael Fannell	Fort Smith	M	54	2:04:46
	Mark Lacey	Little Rock	M	51	2:04:46
8	Ken Myers	Little Rock	M	42	2:07:06
9	Chris Ho	N. Little Rock	M	42	
	Thomas Chapin	Little Rock	M	39	
	Hobby Chapin	Sheridan	M	37	
12	Caleb Ault	N. Little Rock	M	30	2:08:06
	Shawn Sellers	Benton	M	32	2:08:06
14	Daniel Arnold	Benton	M	32	
15	Natalie Ragsdale	Pangburn	F	36	2:08:33
16	Paul DeRousseau	Cabot	M	44	2:10
17	Cliff Fennen	N. Little Rock	M	61	2:13
18	Jim Tadel	Monticello	M	60	2:14
	Jeff Beason	Malvern	M	45	2:14
	Amy Houston	Little Rock	F	26	2:14
21	Charles Sellers	Malvern	M	58	
22	Randy Windle	Hot Springs	M	38	2:14:50
23	Lisa Webb	Sherwood	F	50	2:18:17
24	Joel Gill	Little Rock	M	38	2:19:50
25	Susan Sullivan		F		
26	Laura Kearns	Little Rock	F	34	2:22
27	Jon Licon	Conway	M	29	
28	Christy Wells	Benton	F	47	2:23
29	Evelyn Cathcart	Alexander	F	51	
	Jimmy Wade	Cabot	M	64	
31	Sharon Bennett	Greenbrier	F	40	2:23:59
32	Josh Madison	Hot Springs	M	28	2:25
	Lance Biggers	Little Rock	M	35	2:25
34	Chris Davis	Hot Springs	M	44	
35	Lorena Moody	Benton	F	55	2:25:31
36	Tina Mitchell	N. Little Rock	F	44	2:28
37	Justin Cloar	Little Rock	M	45	2:32
38	Mark Roth	N. Little Rock	M	55	
	Prae Combs	Bryant	F	46	
	Ben Walters	Rock City	M	37	
41	Brian Cocknell	Shreveport, LA	M	40	2:38:08
42	Janet Cantwell	Rogers	F	52	2:38:51
	Chris Cantwell	Rogers	M	53	2:38:51
	Noelle Coughlan	Little Rock	F	50	2:38:51
45	Paul Noble	Benton	M	60	2:39
46	George Peterka	Hot Springs	M	57	
	Dennis Veazey	Benton	M	46	
	Jamie White	Little Rock	F	51	
	Paul Turner	Conway	M	54	
	Podog Vogler	Russellville	M	51	

51	Heather McKim	Bryant	F	43	2:43
52	Eddy Light	Judsonia	M	54	
53	Stan Ferguson	Maumelle	M	54	2:45
54	Ryan McGeeney	Little Rock	M	42	2:45:17
55	Shauna Veazey	Benton	F	47	2:45:41
56	Patrick Banker	Little Rock	M	53	
	Tisha Deen	Little Rock	F	35	
	Manfred Galatowitsch	Little Rock	M	68	
59	Elizabeth Kimble	Little Rock	F	31	2:48
	Kim Ledoux	Benton	F	55	2:48
	Shelly Matthews	Bryant	F	43	2:48
	Katie McGuirt	Conway	F	34	2:48
	Stewart Gray	Cammack Village	M	24	2:48
	Jodi Ake	Conway	F	50	2:48
65	Kevin Golden	Maumelle	M	50	2:50
66	Melissa Martin	N. Little Rock	F	52	
	Chrissy Ferguson	Maumelle	F	56	
	Jim Sweatt	N. Little Rock	M	61	
	Kimmy Riley	Habelvale	F	56	
70	Donja Reel	Little Rock	F	29	2:50
71	Jeff Thostenson	Little Rock	M	40	
	Kunt Stein	Odenton, MD	M	35	
	Johnny Eagles	Little Rock	M	65	
74	Brooke Oliver	Conway	F	26	3:03
75	Jennifer Page	N. Little Rock	F	34	
	Amber Pondus	N. Little Rock	F	34	
77	Jeri Chapin	Sheridan	F	38	3:05
78	Jaki Crouse	Sheridan	F	36	
	Thaveep Leach	Oppelo	F	62	
80	Alston Jennings	Little Rock	M	69	3:08
81	Nesley Leach	Oppelo	M	61	3:11
	Chris Beason	Malvern	F	44	3:11
83	Susan Beckwith	Lonsdale	F	49	3:12
84	Deborah Baldrige	Habelvale	F	52	
	Benjamin Reynolds	Little Rock	M	19	
86	Sheila Galatowitsch	Little Rock	F	58	3:23
	Rhonda Burgos	Jacksonville	F	45	3:23
88	Lisa Gunnoe	Judsonia	F	51	3:28
89	Christy Brooks	London	F	55	
	Teressa Houston	Conway	F	47	
91	Stephen Rush	Jonesboro	M	36	3:35
92	David Meroney	Little Rock	M	46	3:45
93	Blakely Reeder	Little Rock	M	32	
94	Tom Avery	Bryant	M	55	3:58
95	Ann Moore	Little Rock	F	76	4:00
96	Susan Thorson-Barnett	Natchitoches, LA	F	72	4:02
	Tonja Fillippino	Conway	F	43	4:02
	Mina Evans	Conway	F	44	4:02
99	Charles Redditt	Conway	M	49	4:20
100	Tia Stone	Searcy	F	38	
	Renee Brock	Conway	F	28	