

UTS #1 - *Midnight 50Km*  
 July 21<sup>st</sup>, 2007  
 8:00 P.M.

## The ARKANSAS ULTRA RUNNER

July 2007

A Newsletter For Members and Friends Of The Arkansas Ultra Running Association

WWW.RUNARKANSAS.COM

Gentle Reader: If your name is highlighted on the address label, your AURA re-enlistment papers are attached.

MESSAGE FROM THE BIGSHOT – On July 21<sup>st</sup> the 2007/2008 Ultra Trail Series will kickoff with the 17<sup>th</sup> *Annual Midnight 50 Km* beginning and ending at the Ouachita Trail Head parking lot at Lake Sylvania. We will start promptly at 8:00 pm. AURA brother, Ricky Williams, will be on hand at the finish with Blueberry Pancakes and Petit Jean bacon. I have one other person who has volunteered to assist me; a couple more would be invaluable. Call me at 501-225-6609 or do [chrlypytn@aol.com](mailto:chrlypytn@aol.com). There is no entry fee/registration/t-shirts with the Midnight 50 Km however—**THERE WILL BE A DONATION CAN TO COVER OUR EXPENSES.**

Our AURA sisters, Magdalena Font and Tamara Zagustin, Little Rock/Venezuela, moved the last week in June to Aurora, Colorado. Dr. Zagustin will be doing a two year fellowship in Pediatric Physical Medicine and Rehabilitation at a Denver area medical center. Their exercise and fitness ethics were an enspiration to those who knew them and they will be missed. The BS hopes to keep in contact with them and perhaps interest them to return to Arkansas when their commitment is finished in Colorado.

Because the 4<sup>th</sup> of July falls on the first Wednesday this month, we have changed the RETREADS( Retired Runners Eating Out) to Thursday, July 3<sup>rd</sup>. Wear something to identify yourself as a runner and hook up at 11:30 a.m. at Franke's Cafeteria on Rodney Parham. Look for the table with the balloons.

In this July newsletter you will find two race applications. One is for the 17<sup>th</sup> Annual Arkansas Traveller 100 and the other is for the 2007 Turkey and TATURS 25 and 50K, Tulsa Oklahoma. The run is directed by an AURA member in the Tulsa area, Brian Hoover. Last year they drew about 125 runners and this year they are shooting for 200 for this 2<sup>nd</sup> annual trail race.

### *AURA Hot Flash*

On June 24<sup>th</sup>, at 10:42:23 A.M. Pacific Time, *AURA* vice president, Michael Dupriest, completed the Western States 100 Mile Endurance Run, Squaw Valley to Auburn, California.

Congratulations! This is the story the BS wants to hear next.

Place	First	Last	Bib	Place	Gen	Age	Time	Pace
256	C. Michael	Dupriest	173	53	M	50-59	29:42:23	17:50

# ULTRA TRAIL SERIES

## National Trails Day Runs

June 2<sup>nd</sup>, 2007

Albert Pike Recreation Area

Langley, Arkansas



*Start Photo of the Big Tom Challenge and Little Mo 11 Mile Fun Run*

## *The Big Tom Challenge – UTS #14*

### Overall Men

1. Darby Benson, 37	2:57:04
2. Jon Bitler, 35	3:21:22
3. Josh Brewer, 18	3:50:02
4. Alex Bearden, 19	3:50:02
5. Guy Patteson, 47	3:57:03*
6. Robert Williamson, 41	4:03
7. Maurice Robinson, 65	4:06:12*
8. Todd Mathews, 33	4:34*
9. Jon Lucas, 40	4:47:14
10. Pete Ireland, 66	4:47:14*
11. Gary Gehrki, 52	5:15*
12. Ronald Gimblet, 59	5:29*

### Overall Women

1. Katie Helms, 29	4:08:46
2. Alison Jumter, 31	4:24:40
3. Susy Phillips, 28	4:24:40*

4. Kimmy Riley, 46	4:47:14*
5. Patty Groth, 51	4:47:14*
6. Katie Gehrki, 19	5:15*
7. Lisa Riley, 47	5:18
8. Donna Duerr, 51	6:07:04*
9. Elaine Gimblet, 59	6:07:04*
10. Dottie Rea, 54	6:07:04*

### ***11 Mile Little Mo Fun Trail Run***

1. John Dolan, 45	1:50:47
2. Eunika Rogers, 36	2:40
3. Bob McKinney, 64	4:47:20*
4. Ann Moore, 66	4:47:20*

### ***Other Trail Runners (various distances on the Little Missouri Trail)***

1. Pablo Lowrey, 43
2. Cara Otto, 42
3. Jennifer Smedlund

\* - Members of the Arkansas Ultra Running Association

## **2006-2007 Ultra Trail Series Wrap-Up**

**Kings and Queens of the Trail:**

**Open: Darby Benson and Susy Phillips**

**Master: Paul Schoenlaub and Kimmy Riley**

**Senior: Gary Gehrki and Patty Groth**

**Super-Senior: Pete Ireland and Lou Peyton**

**Special Acknowledgment for completing all UTS races: Susy Phillips**

Complete points standings are posted on [www.RunArkansas.com](http://www.RunArkansas.com)

### **Womens 2006-2007 UTS Standings (with minimum four races completed)**

	Name	Age	Mdnt	Nebo	AT	Den	Gorg	Buff	ABF	Syla	WRC	Day1	Day2	Day3	OTM	OTK	Cat	NTD	Total
1	Susy Phillips	27	50	20	11*	44	50	47	55	69	59	15	12	14	77		73	43.5	628.5
2	Eunika Rogers	35	22	10		21	61	30		49	31	8				49	56.5		337.5
3	Salli Scott Young	33	10	5			39			44	25	6	9	13		43	56.5		250.5
5	Kimmy Riley	45								50	48	18	15	18	55			29	233
7	Dianne Seager	49	26		24					32		12			49		45		188
8	Patty Groth	50	6		30		13			25	9		7		43		25	29	187
9	Ilona Peterka	42							33	65		24		38					160
12	Carla Branch	54	19							33						55	7.5		114.5
16	Jamie Huneycutt	48			7				21	35	37								100
18	Carrie DuPriest	49	5		10		13			27	13		3				25		96
21	Jenny Foster	34			36							21	18	17					92
22	Shirley Hyman	38	11	30	17	33													91
42	Donna Duerr	51								17		2				13.5	13.5	7	53
44	Lou Peyton	62	3	8			5	8		2		5		8		8	5		52
45	Kim Johnson	37	7		2					38			5						52
55	Dottie Rea	54		6			2			15						10	6	7	46
58	Elaine Gimblet	59										4		6		13.5	13.5	7	46

### Mens 2006-2007 UTS Standings (with minimum four races completed)

	Name	Age	Mdnt	Nebo	AT	Den	Gorg	Bullf	ABF	Syla	WRC	Day1	Day2	Day3	OTM	OTK	Cat	NTD	Total
1	Darby Benson	36		74		72	69	74	75	138	41						71	63	677
2	Paul Schoenlaub	47	63			19			35	121	52	46	39	48	105				528
3	Stan Ferguson	42	80	46		22	47		64		63				94		2		418
4	Steve Kirk	46			89		35	12		85						83	60		364
5	Kevin Dorsey	35	69		41				53	103			29		65				360
6	Rick Howton	32	57		51					89		36	35		71				339
7	Tom Brennan	35			111	32		63								105			311
8	Scott Eason	41								109		39		42	83				273
9	David Wakefield	31	91									52	51	54					248
10	Po Dog Vogler	40	41	40				40		115									236
11	Greg Eason	36			100							42		32			49		223
13	Kyle Baldwin	34	45		52			18		90									205
14	Guy Patteson III	46					29		8	37		15		24	40		21	29	203
15	Stuart Johnson	47	19						13	76	29	18	15	26					196
16	George Peterka	46	38	11	39		19						17		38		31		193
17	Gary Gehrki	52	29		47		8.5		14						59		25	4	186.5
18	Mike Samuelson	41			34				12	69			26			41			182
19	Robert Williamson	40								79		22			37			23	161
20	Steve Hobbs	50	23					7		54		16		15		40			155
21	Scott Rogers	42						10	16	71	23		16	13					149
25	Bill Maze	38		14		26	41	52											133
27	Ted Bowden	52						4		50		14				45	18		131
28	Carey Smith	32								73		28	19	9					129
31	Jim Sweatt	50	4					6	6	55	17	9	6	12			9		124
33	Jerry Frost	51								65		19	14	22					120
34	Josh Bornharst	31		9				16		35						44	15		119
35	Pete Ireland	66	11		17			2	10	31	4					34		8.5	117.5
37	John Kelly	40	22					23		17						49			111
50	David Pearson	39										21	12	18		39			90
52	Dale Humphrey	47										13	10	19	43				85
57	Maurice Robinson	64	21						9			20	7	6				17	80
70	George McDonald	53	10			11	7			40									68
93	David Caillouet	48		4		3	4			19	3					19.5			52.5
119	Earl White	45								29		8	3	3					43
139	Ken Childress	46	6.5		18				4							9.5			38

### 2007/2008 Ultra Trail Series Schedule

(This is subject to changes or additions)

1. 7-21-07 Midnight 50 Km
2. 8-11-07 Bartlett Park(Tennessee)\*
3. 8-25-07 Mount Nebo
4. 10-06-07 Arkansas Traveller 100
5. ?? Northwest Arkansas Run(TBA)
6. 11-10-07 Gulpha Gorge Run
7. 1-05-08 Athens-Big Fork Marathon
8. 2-02-08 White Rock Classic 50Km
9. 2-116-08 Sylamore 50Km
10. ?? Big Rock Mystery Run
11. 3-14-08 3Days of Syllamo
12. 4-19-08 Ouachita Trail 50
13. 5-208 The Catsmacker

\* **UTS ON DECK** ( baseball lingo) Preparation begins now for the Bartlett Park Ultras. Directed by AURA's Kevin Dorsey and Mike Samuelson. Bartlett Park Tennessee. 50 Mile – 40 Mile – 50Km  
Entry in June issue of the *Arkansas Ultra Runner* or do [www.runarkansas.com](http://www.runarkansas.com)

## ULTRA CORNER

June 2<sup>nd</sup>, 2007 - Kettle Moraine 100 Miler - 100Km -La Grange, WI

100 Mile      Stan Ferguson    20:27:47  
                  Mike Samuelson 23:42:10

100K            Stuart Johnson    13:09:52  
                  Deb Johnson        13:27:27  
                  Kevin Dorsey        14:42:40



Photo of AURA participants at the Kettle Moraine 100. L to R – Kevin Dorsey, Stan Ferguson, Mike Samuelson, Jen Foster, Debbie Johnson and Stuart Johnson

June 16th, 2007 Big Horn 100 Mile Endurance Run – Sheridan, WY

14<sup>th</sup> Place      Paul Schoenlaub      26:43:19

June 17<sup>th</sup>, 2007 Mohican Trail 100 Miler    Loudonville, Ohio

George Peterka - 26:57:29

### *My Story - Mohican Trail 100 Mile—George Peterka, AURA.*

On June 16-17 I ran the Mohican Trail race in Loudonville Ohio. The race is about 75 miles on trails and the rest on paved and gravel roads. There is 11,500 feet of climb but the difference in elevation between the

highest and lowest point in the race is only about 500 feet. So the climbs are short but there are many of them and a few are steep. The road sections pass through picturesque farmland. The trails are though really thick forests with large trees, both hardwoods and fir and pine. The trees are massive and close together making the forest surprisingly dark and cool even at noon. The forest floor is covered with larger ferns and moss. I really enjoyed running through the forest. It was beautiful.

Both days were sunny with a high of about 85. Saturday was pretty low humidity, which made for nice running. In the afternoon you were getting hot in the sunshine, but fortunately there are so few places where you are in sunshine that the heat was not a problem. You are in the shade almost the entire race.

There were 5 creek crossings where my feet got wet. This was a very dry year and if it had been a normal year I would have gotten wet even more times. Still, I was running with wet feet from mile 12. Some people changed shoes or socks, I didn't. I had blisters on the bottom of my feet about halfway through the race but not bad enough to cause me any problems.

The course is like a clover leaf series of loops beginning and ending at the covered bridge. Some loops are run twice, which is OK. The first time you run it in the daytime, in the company of other runners. The second time you run it alone, in darkness, but you already know how it goes. The course was well marked, mostly with flour on the ground and with painted pie-plates at key turns, and I did not get lost. There are plenty of aid stations and the aid station workers did an excellent job.

I was happy with my run. I think I ran the first 20 miles too fast (a common mistake for me). After mile 20 I slowed down. I was too far in front, I was being passed until about mile 60. It was only from about mile 70-90 that I was passing people. I kept myself hydrated. There are two sections where you go 7 miles between aid stations and I only had one 24-oz water bottle which ran out in the midday heat. But I re-hydrated during the next section and was fine. I kept my electrolytes in balance by taking an Endurolyte pill at every aid station and if salty foods tasted good I took an extra pill. In previous races my fingers had swelled up indicating electrolyte deficiency and this time they didn't.

I bought a new headlamp for this race, a Xenix which has 2 AA batteries on the back of your head. It felt much better balanced than a headlamp which has the batteries in the front. I kept it on the medium setting and never needed the 1-watt high beam. On the trails I supplemented it with a small LED flashlight in my hand to give me depth perception of what I was stepping on. Since the light from a headlamp originates almost where your eyes are, it produces no shadows and you cannot tell if something is sticking up.

During the night I came upon a deer that had been torn in half. The front half was laying right in the trail, still fresh, and the back half was gone. Made me wonder if whatever killed that deer was still hungry? Other people saw it too and talked about it at the finish line. At 3:30 in the morning I was thinking that it would be nice if I could walk with somebody so I wouldn't get sleepy. I didn't have a pacer. Just by luck the guy who was about 15 minutes ahead me missed a turn and waited until he saw my light to find the trail and then asked if he could walk with me because his batteries were getting weak. I was happy to oblige and we walked together to the next aid station at mile 90 which was the end of the trail section.

Once I was back on road I was hoping to run some still in the last ten miles. I had been walking trail for a long time. I tried to loosen up my stiff legs with some short running but my IT band started to hurt and hurt even when I was walking. I had been fine up to this point but now even walking was painful. The low point of the race came at the last aid station at mile 95. My strength gave out, I was feeling light-headed and dizzy, and I had to sit down for about 5 minutes and rest. A cup of soup, a cup of Gatorade, and a cup of coffee put me back on my feet and I finished it without any problems in 26:57.

I think the race is about the same difficulty as the Traveler but it maybe takes a little more time because of all the trail that you do in darkness.

# AURA FUN RUN REPORT

Womble Trail Report by Kim "goose" Morton

Saturday 6-23-2007

Start time: 7:40 am (approx)

Finish time: 6:10 pm (approx)

Time on trail: 10.5 hrs

Temp: 80s-90s

Weather: hot! humid! rained!

Company: Pete Ireland

Other people seen: ZERO

Distance: 39.5 mile

After a relaxing evening of camping and outdoor Dutch oven dining with Lou and Charley Peyton, Pete Ireland, Jenny Foster, Kim Fischer, Ann Moore and Bob McKinney, we woke up to light rain, a foreshadowing of what would come later. Slightly perturbed by Mother Nature, I realized that no matter what happened the Womble and I were going to meet. I have been wanting to see this trail for 12 years. The idea to run it in a day was cooked up by Pete Ireland and I on a "rike" (running+hiking) in April. While our friends opted to do their own thing on various distances, Pete and I had signed up for all 39.5 miles of fun.

We were graciously dropped off at North Fork Lake by our friend and ultra athlete extraordinaire Jen Foster around 7:40 am. As I was about to put on my Camelbak I noticed it felt too light; it was in fact empty. Odd, since we had filled it the night before. After a quick bladder check that proved no leaks Jen politely suggested "do you think you left the intake valve open?" Ah yes, that would be the problem, leaving Pete's van floor completely soaked (those that know me well please refrain from laughing so loudly).

Fortunately Pete is a master planner, not only putting out water at about four road crossings, but packing enough additional H2O to keep a small army well hydrated. We refilled my pack and we were off.

Pete was more than content to let me lead most of the time. Quickly it became obvious to me why: I made a convenient spider-web removal device!

While we were to see several signs of wildlife including the most amazing congregation of about 8 butterflies in a circle, a small turtle who almost met his end from the impact of my trail shoe, and a deer, what we did \*not\* see was a single other hiker on the Womble all day. Were it not for the company of each other Pete and I would have no one to validate our adventure. Sad in a way, as this trail has so much to offer.

The Womble is the third longest trail in Arkansas and is billed as primarily for mountain bikers. I am in complete amazement over this, as the trail is so narrow in places that one turn of the wheel too sharply would find oneself plowing down the side of a ravine. To rike the Womble, however, is more feasible for those of us who like two feet on the ground at all times. The trail is not quite as rocky at the OT and has several breathtaking views of the Ouachita River. We experienced a fair amount of climb but for the most part I would describe it as "gentling rolling hills." The trail wasn't too badly grown up with weeds and poison ivy in late June and was well marked with white blazes. The only confusing spots were at road crossings, but we were able to find the trail within a few minutes each time (and you know when I say "we" I really mean "Pete").

We wondered several times throughout the day what our friends were doing while we were Wombling through the forest. We could only hope they were having their own great adventures, as we did not see them again that day.

As miles wore on the temperature climbed and we were quite grateful for the amount of shade the Womble offered. We both carried plenty of water (I had a 2-quart Camelbak, and three 20-oz water bottles) but seemed to sweat out more than we could replenish in fluids. For fuel I carried a 20oz bottle of Carbo pro, five GUs and four Cliff Bars. I would consume all of this during the run plus an "emergency" bottle of Carbo Pro Pete was kind enough to give me.

With about 13.5 miles to go Mother Nature once again decided to play a practical joke and created a 15 minute torrential downpour. This occurred within a few minutes of a potential "bail out" point near our camping site where my car was parked. Only one problem: my keys were in Pete's van at the end of the trail off Hwy. 27, making our decision not to wimp out much easier!

The last 5 or so miles seem quite long, probably due to the fact that the longest distance I had gone in the last two years was 31 miles. Once we hit the last 1.5 miles that connect the Womble to the OT, however, Pete knew I would smell the barn. He gave me his keys, which was really unnecessary as he only finished 3 minutes behind me. Happy to see his van which Jen had kindly left for us, I had a moment of sadness to realize our adventure we had been planning for 2 months was over.

I highly recommend the Womble to any ultramarathoner trying to test his or her mettle on a self crewed run. Excellent training for a 100 miler and only a 2 hour drive from Little Rock.

#### Pete's Addendum:

We got started a little later than planned, but with it being almost the longest day of the year we had plenty of time to get off the trail before dark. We started at the west end of the trail at North Fork Lake, a relatively small but pretty lake in Montgomery County west of Mt. Ida. Our finishing point was on a Forest Service road west of Hwy. 27 where the Ouachita Trail crosses. I was happy to have Kim take the lead and set the pace. She also did a great job of taking out the spider webs, missing very few.

I carried a Camelbak with a 100 oz. bladder plus a bottle with a mix of Perpetuum, HEED, and Carbo-Pro, along with a couple of Clif Bars and a Hammer Gel. I also carried some additional carbohydrate powder in small bottles to mix along with way. I had anticipated it would take us about 10 hours to finish if all went well. We did complete the Womble Trail section to where it connects to the Ouachita Trail right at 10 hours, including a short lunch break and a few minutes working on my heel blisters that began to hurt after about 30 miles. Along the way I tripped and fell a couple of times, and drew a bit of blood on one of them, but managed to avoid landing in the poison ivy which was plentiful. Our (my) pace slowed the last 7 or 8 miles as I was not only a bit tired but the heel blisters had become quite painful. Earlier in the run Kim would sometimes get a bit ahead of me, but I would close the gap on the downhills and usually catch up. Toward the end, I could not close the gap, but Kim would periodically stop and wait for me to catch up. Maybe if I had not given her that bottle of Carbo-Pro I could have kept up a bit better! It seemed like the steepest uphill came in the last few miles on the Womble section and the footing was more difficult. The last 1.5 miles to the van on the OT were more level to downhill, but also more overgrown and took me almost 30 minutes.

I enjoyed the "rike" but was really happy to see the van. Upon finishing, we scrubbed our legs with soap and water with the hope of preventing a case of poison ivy. We then picked up the stashed water bottles and headed back to the campground to pick up Kim's car and change clothes. Thanks to all who came out for the adventure, and particularly to Charley and Lou for preparing the meal, Kim Fischer for the cornbread, and Jen for driving us to the starting point and leaving my van at the finish. Also, of course, to Kim Morton who first came up with the idea and who is always an enjoyable "riking" partner.

## AURA SPECIAL REPORT

### *Way to McBee!!*

By Jamie Huneycutt

I had to sit down when Natalie McBee called with the news about Steve's brain tumor last October. It had barely been over a week since Natalie's stellar inaugural 100-mile race at the AT. I'm sure I had a shocked look on my face and I was glad that she told me over the phone so that she couldn't see my tears. We discussed his options for about 20 minutes and then I went outside to tell Jay. He couldn't believe it either. Steve had been tired and having headaches, which he attributed to training for Big Horn last summer. Then he thought it was only from being tired from recovering from the Big Horn 100.



When he started having “out of body” experiences and watched himself being able to do nothing to prevent a minor car accident he immediately had a CAT scan, then an MRI to locate the exact location of the tumor. The rare form of brain tumor, less than 0.04% of all brain tumors, was diagnosed as a meningial hemangiopericytoma (M-HPC). The initial test indicated the tumor, located primarily in the temporal lobe, was about the size of a lime. Steve’s initial reaction was to remove the tumor as fast as possible.

The brain surgery (yes, this is brain surgery) was scheduled for October 24, 2006 in Fayetteville and the atmosphere at the hospital was as upbeat as it possibly could be. Debra Dunn (also a runner) is the Supervisor of the OR and she hand picked Steve’s surgery team. Even his Anesthesiologist is a Marathon runner (he reminds me of Pete Ireland). Those of us fortunate enough to be with him (or rather Natalie) during surgery included both Steve and Natalie’s parents, Steve’s brothers and their families, Paul “Pablo” Lowrey, John Hughes, myself and other important friends and family.

After the surgery Steve’s neurosurgeon gave us the news. He was able to remove as much of the tumor that his expertise would allow. Steve’s hearing was intact, no neuro/cognitive damage and he was doing great. The not so great news was that Steve would require another surgery to remove the rest of the tumor from the inner ear, the TMJ area and where it had eroded through the temporal bone and innervated his facial nerve. On top of that he would have to follow-up with six weeks of specialized radiation therapy. For these procedures Steve would have to find a more specialized medical team including a skull base neurosurgeon, a neuro-otologist and radiation oncologist. Steve was released on what I thought was record time due to his being in such great shape. The question mark scar on the side of his head gave him the temporary nickname of “The Riddler”. He came home from the hospital the afternoon of the Devil’s Den AURA race and Paul Schoenlaub was able to stop by and visit while he was here for the race. That night Natalie had friends and family over to see him. It was great to deliver the results from the race to him in person at his house and see him up and getting around so well.

Then the task began for them to find the best brain tumor medical team. They traveled to Little Rock first. The news was that they could remove the rest of the tumor, but that he would definitely and permanently lose the hearing in his left ear. They told him that the first 48 hours would be hell as his body adjusted to the hearing loss and he would have extreme vertigo and balance problems for quite sometime. Their next trip was to M.D. Anderson Cancer Center in Houston. Not only could they remove the tumor, they told him that there was a great chance of preserving his hearing! I forgot how many MRIs, CTs, vision and audiology tests Steve had by this time.

The decision was made to get through Christmas, then have the 2<sup>nd</sup> surgery on January 11, 2007. During the whole waiting game Steve and Natalie were upbeat and optimistic. This brings up the question – Does running Ultras make one tough and adaptive, or are people attracted to Ultras that are tough and adaptive? Steve was so optimistic that prior to surgery he registered for both Hardrock and Wasatch. The Saturday before Steve’s second brain surgery he ran 9 miles at Athens/Big Fork with Bill Thornton.

Anyway, the eight hour surgery was successful and they removed the entire tumor that was intertwined in the 7<sup>th</sup> trigeminal nerve and inner ear. It was a more involved surgery than they thought it would be. Nonetheless, the trigeminal nerve was totally preserved and the area around his brain was completely reconstructed. No neuro/cognitive deficits and no hearing loss! Steve’s neuro team sounded to us like nothing short of angels and miracle workers. Since the second surgery was so successful, Steve was allowed to go to Tahoe for his annual McBee vacation. Though he wasn’t able to ski, Steve enjoyed some hiking and getting away from medical issues before the radiation treatment began.

The Proton Radiation Therapy involved returning to M.D. Anderson in Houston. Six weeks of Five days per week therapy. Steve drove down to Houston on March 11<sup>th</sup> so that he would have his car. He rented a furnished apartment adjacent to the treatment center. Ultrarunners Jon Bitler, John Hughes and John Dolan as well as Bill Thornton visited him in Houston. As luck would have it, Natalie also arranged to have work trips scheduled in Houston during this time.

Steve told us that he’d played the ‘brain tumor card’ to get the scoop on the trail running and cycling events going on in the Houston area. Leave it to Steve to make the best of his 6 weeks of captivity. He told his doctors that he

wanted to start training for Hardrock. They told him to "start training because if you don't exercise you're going to be so fatigued from the radiation that you're going to want to sleep all the time". So exercise he did. He biked and ran and the 3<sup>rd</sup> week (after 15 sessions of radiation) he entered the Hog's Hunt 50K trail run at Huntsville State Park. Steve was in the lead at the turnaround. I think it rather freaked him out, so he backed off a little and finished in second place! That's when Bob Marston sent out the e-mail that suggesting maybe we could all use some brain surgery – I'm still laughing about that e-mail.

Then John Hughes went down to visit Steve for a few days. After 25 sessions of radiation therapy he and John ran the Rocky Hill Ranch 50K as if to say "It wasn't a fluke folks. I'm back!"

The last week finally came and Steve's Mom, Sara McBee, flew down to Houston so that Steve would have some company for the long drive home. I never heard what their conversation held, but I'm sure it was filled with love and gratitude. Steve's parents had a Welcome Home Party for him the night he returned.

As Steve found out quickly, HPC is a rare disease. He has refocused his life to this diagnosis. Steve is spending his free time developing his skill set as a Brain Tumor Advocate, reaching out to medical doctors, research institutions, community and government officials, and scientists to determine if anyone is presently investigating or interested in HPC, on any level.

Since his return to Fayetteville his scar is fading fast, but you can still see his radiation induced "cool" haircut. Steve, John Hughes and Pablo Lowrey ran the Jemez 50-mile race recently in New Mexico and now Steve is Number 1 on the waiting list for Hardrock. We all wish him the best and after what he's been through maybe Hardrock won't be so hard after all. ☺

- Shortly after Jamie sent this article, Steve was notified that his entry into the Hardrock 100 had been accepted. WOW Damn!
- The above photo of the trio was taken at the finish of a 24 hour "Fun" walk that Jamie is using as training for the Badwater 135 which she is entered later this summer. She estimated that she and Chrissy walked about a 100 K around the Fayetteville area. Steve joined them for the last 13 hours.

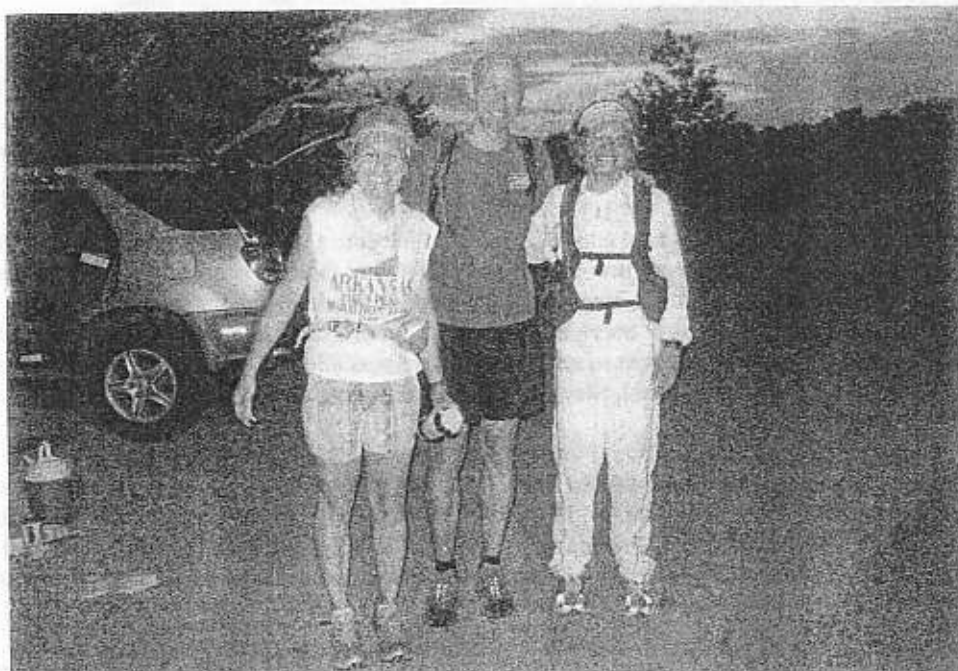


Photo: L. to R – Chrissy Ferguson, Steve McBee and Jamie Huneycutt

# AURA Archive Vault

(Report additions/omissions to chrlypytn@aol.com)

## Mohican Trail 100 Miler

Bill Maxwell(90)	23:07:--
Dave Cawein(90)	23:24:--
George Peterka(07)	
Kimmy Riley(95)	28:08:06

## Kettle Moraine 100 Miler

Paul Schoenlaub(03)	18:14:16
Paul Schoenlaub(05)	19:49(unofficial)
Paul Schoenlaub(02)	20:25:08
Stan Ferguson(07)	20:27:47
Mike Samuelson(07)	23:42:10
Mario Martinez(04)	26:06:8
Barbara Bellows(04)	26:06:8

## 2006 Kettle Moraine 100K

Stuart Johnson(07)	13:09:52
Debbie Johnson(07)	13:27:27
Kevin Dorsey(07)	14:42:40
Pete Ireland(06)	14:48
Kimmy Riley(06)	15:12
Patty Groth(06)	16:37
Carrie DuPriest(06)	16:37
Kimmy Riley(05)	17:20

## 2006 Big Horn 100

Greg Eason(06)	23:43:33
Steve Kirk(06)	25:48:04
John Hughes(06)	26:29:21
Paul Schoenlau(07)	26:43:19
Steve McBee(06)	27:32:57
Stan Ferguson(06)	27:32:57
Paul Tidmore(06)	29:31:09
Brett Bsssham(06)	30:47:19
Paul Schoenlaub(06)	31:33:37
Michael Dupriest(06)	31:58:13
Jenny Foster(06)	33:36:37

## Western States 100

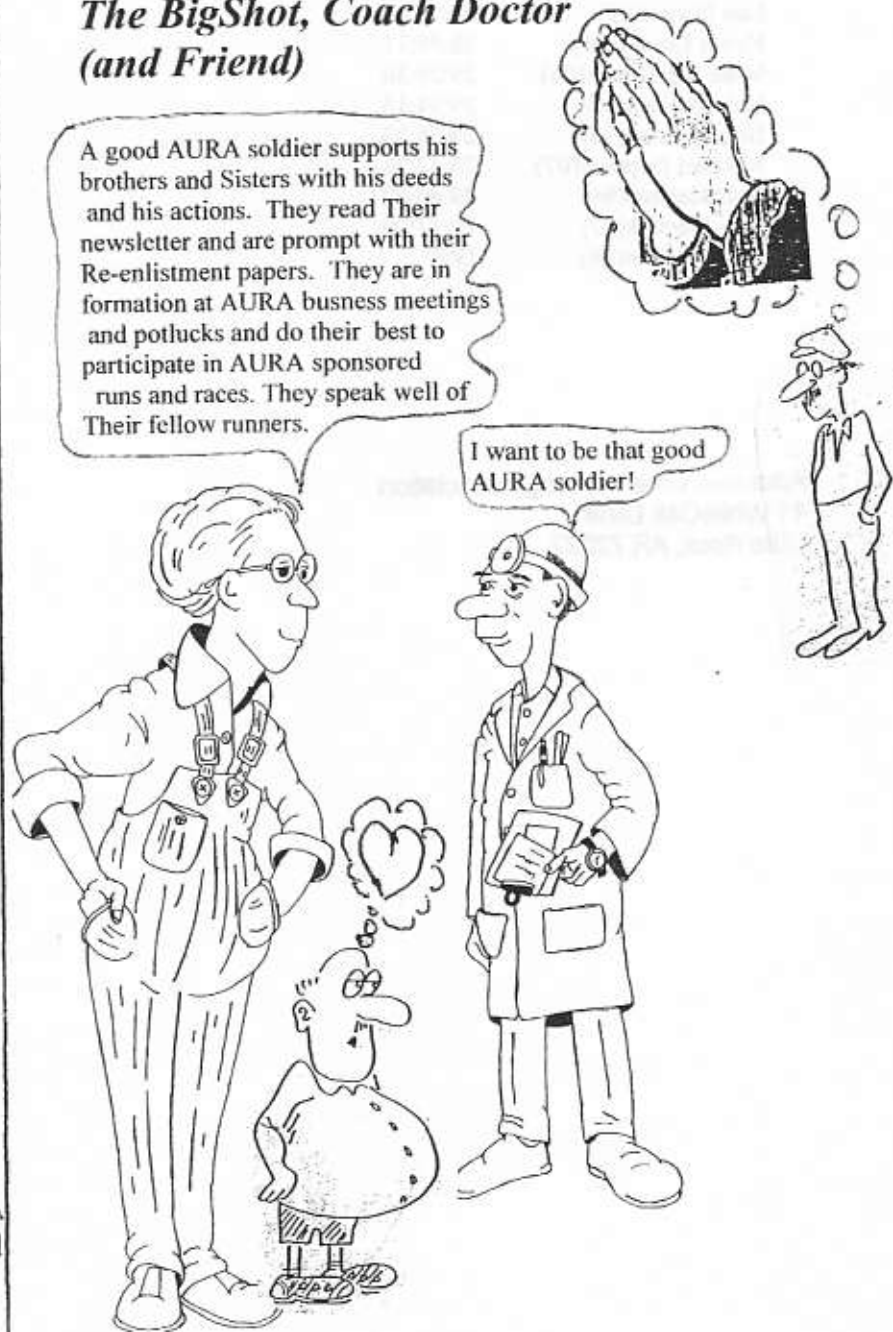
Stephen Tucker(88)	20:26:05
Paul Schoenlaub(04)	20:29:22
Stan Ferguson(02)	21:47:26
Stan Ferguson(05)	22:27:14
Ray Bailey(97)	22:34:25
Bill Maxwell(91)	23:48:41

## An AURA Editorial Cartoon

### *The BigShot, Coach Doctor (and Friend)*

A good AURA soldier supports his brothers and Sisters with his deeds and his actions. They read Their newsletter and are prompt with their Re-enlistment papers. They are in formation at AURA business meetings and potlucks and do their best to participate in AURA sponsored runs and races. They speak well of Their fellow runners.

I want to be that good AURA soldier!



Western States 100 Archive (continued)

Chrissy Ferguson(97)	23:18:08
Roy Haley(90)	23:36:08
Roy Haley(84)	23:44:14
Darin Hoover(05)	24:08:26
Bill Coffelt(88)	24:28:03
Max Hooper(88)	25:22:49
Steve Kirk(04)	25:53:41
Larry Mabry(90)	26:37:07
Paul Schoenlaub(05)	26:49:42
Larry Mabry(89)	27:06:31
Roy Haley(91)	27:10
Roy Haley(88)	27:17
Nick Williams(91)	27:33:45
Max Hooper(86)	28:13:13
Max Hooper(89)	28:20:57
Lou Peyton(89)	28:29:52
Kevin Dorsey(06)	28:35:11
Mike Samuelson(06)	29:24:30
Bob Marston(93)	29:34:18
Bob Marston(96)	29:36:33
Michael Dupriest(07)	29:43:23
Bob Marston(94)	29:45:02
Bob Marston(97)	29:51:09
The Big Shot(86)	DNF

Arkansas Ultra Running Association  
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