

ATTENTION!
AURA MEMBERSHIP CARDS AND NUMBERS ENCLOSED

THE ARKANSAS ULTRA RUNNER

February 2003

A Newsletter For Members and friends of the Arkansas Ultra Running Association

MESSAGE FROM THE BIGSHOT - This is BIG! The Arkansas Ultra Running Association now has a web site -www.runarkansas.com When you get the opportunity thank our club president, Stan Ferguson, for getting it up and going. I personally would have liked to be given credit for this but this is even too big for me. Check it out!

The AURA membership renewal response has been very good this month. Remember to look at your address and, if it is highlighted, your time is up.

ULTRA CORNER

4th Annual Athens-Big Fork Trail Marathon January 4th, 2003/Big Fork, Arkansas

Place	Name	Time	Points
Boyz			
1.	Stan Ferguson	4:50:13*	59
2.	Craig Zediker	4:55:23	48
3.	Darin Hoover	5:36:26	37
4.	Maurice Robinson	6:27:35	31
5.	Mario Martinez	6:30:25	25
6.	Mike Dupriest	6:38:48	19
7.	Jesse Wilson	6:42:35	13
8.	Jim Sweatt	7:13:00	9
9.	Pete Ireland	7:37:22	6

*new coursed record

Girlz			
1.	Kimmy Riley	7:07:00	54
2.	Patty Groth	8:35:00	37.5
	Carry Dupriest	8:35:00	37.5
4.	Lou Peyton	8:57:00	26

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Blaylock Creek Fun Run
 January 7th, 2003/Big Fork, Arkansas

Men

Place	Name	Time	Units
1.	Rick Utley	2:59:45*	12
2.	Vincent Hall	3:57:24	11
3.	Dave Cawein	3:58:09	10
4.	Collins Cogbill	4:05:27	9
5.	Mark Oliver	4:14:00	8
6.	Steve Lee	4:09:27	7
7.	Jim Schuler	4:09:27	6
8.	Tim Hall	4:40:00	5
9.	Greg Bourns	5:08:43	4
10.	David Samuels	6:17:21	3
11.	Steve Eubanks	6:40:00	2
12.	John Knapp	6:40:00	1

*new course record

Women

1.	Sandy Tull	3:44:08*	5
2.	Betty Sobeski	4:17:00	4
3.	Rhonda Ferguson	4:32:00	3
4.	Linda Wood	4:43:58	2
5.	Kathy Sager	4:59:12	1

* - new course record

Other Participants

Name/Credit

Tom Brennon	25 miles(5:02:32)
Jesse Riley	23 miles(NTA)
Don Higgins	13.1 miles(4:30:00)
Steve Chaney	13.1 miles(4:30:00)
Matt Aguero	13 miles(NTA)

Sunmart Texas Trail endurance Runs.

Huntsville, Texas - December 14th, 2002

25Km

Harold Hays	5:52:45*
Gretchen Doty	5:56:04
Carla Branch	5:56:10

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Sunmart cont'ed

Ken Bland 5:56:10
Larry Mabry 6:08:24*

50Mile

Stan Ferguson 7:49:10*
Jesse Wilson 8:41:11*
Darin Hoover 8:41:12*
Collins Cogbill 10:09:48*

* - AURA brothers

Reminder: The RETREADS (retired or tired runners eating out at different places) meet the first Wednesday of every month at Franke's Cafeteria on Rodney Parham Blvd at 11:30 a.m. Remember to wear something with a running logo so we will know who you are. This month's topic of discussion: "*Is the May 4th Little Rock Marathon the first marathon to be held in Little Rock?*" The Bigshot has the answer!

AURA RACE CALENDAR

The following is a *tentative* race calendar that combines the Ultra Trail Series with regional Ultra races. I plan to update it in the coming month. If you have a run that you want listed, let me know: chrlypytrn@aol.com

UNOFFICIAL RACE APPLICATION

WHITE ROCK CLASSIC 25Km and 50Km "The Pikes Peak of the Ozarks"

9:00 a.m. start

No entry fee

Well groomed forest service roads. Three significant hills for the 25Km; five hills for the 50Km. Whinning is encouraged.

Directions: I-40 to Ozark. Right(north) on Hwy 23 for about 12 miles. Park at the General Store at the Mulberry River.

Sponsored by the Chili Pepper Running Club of Fayetteville.

Feb 1st Rocky Raccoon 100 Miler Huntsville, Texas. Mickey Rollins, 198 Country Place, Unit 3A, Pipe Creek, Texas, 78063-5154 Phone 830-535-6492 email micracon@flash.net

Feb 1st White Rock Classic, 25k and 50K-UTS 6. Turner Bend, Arkansas
9:00 a.m. start. No entry fee. Aid station about 5 miles apart.

15th EDITION; Number one

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Feb 15th Sylamore 50K-UTS 7. Allison, Arkansas.
Application attached in this issue of the AURA... Questions?;
SYLAMORETRAIL@EXCITE.COM(preferred) or call 501-868-5555

Mar 1st A-OK 25 and 50Km Atoka, Oklahoma. Mary Ann Miller, 3217
Greenbriar, Plano, Texas 75074.

Mar 1st Mississippi 50Mile, 50K and 20K. Laurel, Mississippi. Application in
next issue of the AURA. www.ms50.com

Mar 22nd- Grasslands 50 Mile Trail Run. Denton, Texas. Contact: Suzi Cope, 3550
Carmel Court, Southlake, Texas 76092(please not this new date)

Mar 29th OT Tuneup Run-UTS#8. 20 plus miles on the scenic Ouachita Trail. Bob
Marston, run leader. Final arrangements are pending. The Big EZ planned for this date,
will be rescheduled as a fun run at a later date.

Apr 5th Umstead 100 Mile Endurance Run Raleigh, North Carolina. Blake
Norwood, 10908 Raven Rock Drive, Raleigh, North Carolina 27614
Box 15306,

Apr 12th Ouachita Trail 50M and 50KUTS# 9 Applications in this Newsletter
when they are available.

May 3rd 25th Strollin' Jim 40 Mile. Wartrace, Tennessee. Contact:
Rumor has it that this will be the final year of the "Jim".

May 17th The Catsmacker-UTS #10 Lake Sylvia OT trailhead parking lot.

June 7th National Trails Day Celebration Runs. 17, 10 and 6 mile fun runs.
Ouachita National Forest. Albert Recreation Area, Langley, Arkansas.

AURA OPPORTUNITY

KATY TRAIL-2003

The K.T.(Katy) Trail is a 225 mile long rails to trails hiking/biking path that extends from
St Charles to Clinton, Missouri. It is a part of the State Park system of the State of
Missouri. The surface of the trail is made up of crushed limestone called "pug". It is
graded, rolled and packed so that the surface that has the texture almost like pavement.
The first 160 miles(St Charles to Boonville) is along the Missouri River. The last 65
miles is across the prairie in western Missouri. There are plans to extend the trail East of

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St Charles to the Mississippi River and West of Clinton into Kansas City. This would make the trail someday to be approx 300+ miles. There is also a spur trail called the M.K.T.(Missouri, Kansas and Texas Railroad) that begins in Columbia, Missouri, and joins the Katy at mile 169. The M.K.T is 8.9 miles long. There are "railroad towns" spaced about every 8 to 10 miles along the trail. Since the tracks were pulled up in the 80's, some of these towns have withered up; others have filled the gap by catering to the bikers(bike shops, cafes, B and B's, etc.)

For complete information look up the following:

1. <http://www.mostateparks.com/katytrail>
2. Katy Trail Guide Book-<http://www.mostateparks.com/katytrail>

What I am proposing is a three day bike ride on the trail. Each day would be out and back. The dates are June 11, 12, 13 and 14th. I am calling the 11th as the travel day with the 12th, 13th, and 14th as biking days. After the ride on the 14th, we can travel back home.

I am calling it for Hermann, Missouri, June 11th, 12th and 13th. There are motels in Hermann plus about 40 B and B's. Look up Hermann on your computer at www.hermannmo.com. I have my reservation at the Hermann Motel however there are others to choose from. Hermann appears to be a small town with lots of character. It has a German Heritage and there are several wineries, cafes, etc. in the town.

The Katy is across the river from Hermann, mile 100. It is not recommended that bikers use the bridge. In my past experience on the trail I have seen bicycles of all shapes and sizes on the Katy. Some locals used road bikes others used either the hybrid or Mountain Bikes. I strongly recommend the later two.

The way I see this happening, is for you to make your motel reservations for all or part of the stay. When you arrive, we can collect up as a group and hang out and go eat or see the sights. The next day we can caravan to the trailhead at McKittrick. The first day's destination is to Marthasville and back for a distance of 44 miles, the 2nd day we will be going west to Mokane and back for 50 Miles. The morning of the last day, Saturday the 14th, we will drive to Columbia, Missouri, and do the M.K.T. Trail. The first two days are a lot of miles. If you are a hammerhead, you will want to do it all. If on the other hand, you want to accessorize your biking with sight seeing in town or on the trail, you are free to do as you wish without any pressure to be a hammerhead. But if we can all start together at 7:00 a.m. and go eat in the afternoon together, it will be a beautiful thing.

What you need to do next is to decide if you want to go. This is an open group and anyone is invited to take part. If you decide to do it, make your reservations asap. Next thing is to start riding your bike and get your rear-end toughened up. Start saving your money is a good idea. And, most importantly, get your bike in good working order.

If you have questions, e-mail me at chrlypytn@aol.com or 225-6609.

2003 ULTRA TRAIL SERIES OFFICIAL STANDINGS

MEN	1	2	3	4	5	6	7	8	9	10	TOTAL
ROBT ORR	63	62	X	X	X						125
STEVE KIRK	52	37	42	X	X						131
STAN FERGUSON	41	X	53	X	59						153
ANDY CAPEL	35	X	X	X	X						35
MARIO MARTINEZ	29	X	X	X	25						54
NATHAN SIRA	23	X	X	X	X						23
TED BOWDEN	17	10.5	X	X	X						27.5
DARIN HOOVER	13	X	X	X	37						50
JIM SWEATT	10	X	X	45	9						64
MIKE DUPRIEST	10	16	30	X	19						75
PETE IRELAND	4	10.5	5	28	6						53.5
JESSIE RILEY	3	X	X	X	X						21
JOHN KNAPP	2	3	X	16	X						219
CRAIG ZEDIKER	X	51	64	56	48						37
PAUL SCHOENLAUB	X	37	X	X	X						28
RICK UTLEY	X	28	X	X	X						22
JERRY MCGATH	X	22	X	X	X						2
MIKE PARKER	X	2	X	X	X						10
LARRY MABRY	X	6	4	X	X						36
NICK AVERY	X	X	36	X	X						36
HAROLD HAYS	X	X	24	X	X						24
MAURICE ROBINSON	X	X	18	34	31						83
DERIK BENTLEY	X	X	14	X	X						14
GARY SPEAS	X	X	9.5	X	X						9.5
ERNIE PETERS	X	X	9.5	X	X						9.5

If you suspect an error, please report it to the UTS record keeper.
chrlpym@aol.com or 225-660

LLOYD MOORE	X	3	22	X	25
STEVE EUBANKS	X	2	X	X	2
JESSE WILSON	X	X	X	13	13
WOMEN					
ROBERTA ORR	62	57	60	X	179
BARBARA BELLOWES	51	X	X	X	51
ANGIE RANSOM	40	X	X	X	40
JAMIE HUNEYCUTT	35	X	X	X	35
HOLLY LARKIN	24	20	X	X	44
HEATHER EASON	24	20	X	X	44
KIMMY RILEY	16	35	38	54	196
TINA COTU	12	X	X	X	12
CELLA STORY	9	X	X	X	9
DEANNA SIRA	4.5	X	X	X	45
JULE MARTIN	4.5	X	X	X	4.5
LOU PEYTON	2	11	32	26	102
CHRISSEY FERGUSON	X	46	49	X	95
PATTY GROTH	X	29	12	42	120.5
RHONDA FERGUSON	X	X	26	X	26
DIANNE SEAGER	X	X	20	X	20
CARIE DUPRIEST	X	X	12	37.5	49.5
PAULETTE BROKINTON	X	X	5.5	X	5.5
JOAN SCARLATA	X	X	5.5	X	5.5

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|-----------------------------------|-----------------------------------|
| 1. MIDNIGHT 50KM | 6. WHITE ROCK CLASSIC 50K |
| 2. SMITH MOUNTAIN RUN | 7. SYLAMORE TRAIL 50K |
| 3. GULPHA GORGE CHALLENGE | 8. OT TUNE-UP RUN |
| 4. LAKE WINONA 50KM | 9. OUACHITA TRAIL 50K AND 50 MILE |
| 5. ATHENS-BIG FORK TRAIL MARATHON | 10. THE CATSMACKER |

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