

WHITE ROCK CLASSIC 25/50K FEBRUARY 5TH

ARKANSAS ULTRA RUNNING ASSOCIATION

February, 2000

A Newsletter for members of the Arkansas Ultra Running Association

MESSAGE FROM THE BIGSHOT - Ouachita Trail Revisited - I hadn't done anything on the Ouachita Trail for almost five years now. While running and crewing on the entire trail(239 miles) back in 1992, I developed a mild affection for this rocky path. But I hadn't missed it enough to go out and try anything on it until I got a couple of calls from Clint Cussik of the Saline County Striders late this fall asking the Peyton's to join them on the trail. Clint and Dale Burns(Malvern Runners) were semi-organizing run/walks on sections of the trail. Clint and Dale shuttle the runners out and let them run back to their cars and look after them at check points along the way. A section is usually in the 20/25 mile range. He called last week and said that they were doing the Flatside Pinnacle to Hwy 10 section. Of all the entire Ouachita Trail, the Hwy 10 section is my favorite. So on Jan 15th, we meet with Clint and the vans at Maumelle Picnic area on Hwy 10. My plan was for Lou to ride to Flatside Pinnacle in the van and start at 7:00 a.m. while I would drive to the Hwy 9 trailhead near William's Junction and start at 8:00 a.m. Lou would stop there and pick up our truck and drive back to Hwy 10. I was a little concerned about the logistics but as it turned out, it was a beautiful sunshiny day without hitches. My journey was 10.5 miles and was better than I remembered. The clear-cut sections near Hwy 9 are healing and the middle portions offer very scenic vistas of the Big Maumelle River. It took me 5 hours of steady pulling to make it through. Lou came in for the last two miles to check me out but I was right on schedule.

On February 26th AURA's Lloyd Moore will Direct the Year 2000 Lung Run Half Marathon here in down town Little Rock. Lou and I volunteered to man a water stop for the Half Marathon. I know that other AURA members are already heavy into helping Director Moore however if there is anyone wanting to assist us at the water-stop we want you there. Give us at call 225-6609 or email <cpeyton@aristotle.net.>

Lou is trying to get up a weekly, leaderless run for Thursday Murray Park, 5:00 p.m. Distances will be about 4 miles. Meet at the Lock and Dam parking lot at the foot of Overlook Hill. One option is to run on the bike path to the I-430 bridge, do the River Mountain hill and return. Second option to run the UALR Xcountry course which is about a two mile grass loop.

Good news! I have been concerned about the status of the Strollin' Jim 40. But we finally made contact with a busy Gary Cantrell and in words were, "I hope we have enough Arkies for the Jim this year so we can have a decent Hog Calling. Race Up! May 6th.

ULTRA CORNER

ATHENS - BIGFORK TRAIL MARATHON

Arkansas' first and toughest marathon was held on January the 8th near the small community of Big Fork, Arkansas. It was the second year for this run and is the "brain-child" of AURA's David Samuel of Percy. Last year we were under *Winter Storm Warnings* from the weather service and as a result there were only a handful of runners. This year despite the threat of rain there were 20 runners in the Marathon and seven doing the shorter 17 mile fun run. David bills the race as the "toughest marathon" east of the Rockies and I believe he is correct. The lower Ouachita range is very impressive and the course goes over the 100 year old Athens to Big Fork mail route. It is mostly single track trail with seven or eight really nice mountain climbs. Hence the name-Athens-Big Fork Marathon. David was hoping for 40 or so runners this year; I predict that with good weather he will get it. The first runner for the marathon to finish(5:35:38) was an old name in local running circles-John Gaston. Back in the late 70's or early 80's, John won a lot of 5 and 10k races in central Arkansas. I remember him well as a younger man but did not recognize him until he had already left my aid station. When he was in the Little Rock area, he worked somewhere as a "chef" then went to medical school. He is now a physician living in Fort Polk, Louisiana, and is 43 years old! Did I hear someone say he was thinking about moving back to Arkansas.

Athens - Bigfork Trail Marathon-January 8th, 2000, Big Fork, Arkansas. Ultra Trail Series Number 4.

Place	Name	Times	UTS Points
1	John Gaston	4:53:07(*)	63
2	Stan Ferguson	5:01:39	52
3	John Jones	5:40:12	41
4	Raton Parmain	5:50:26	35
5	Steve Lee	5:55:29	29
6	Rick Utley	5:58:52	23
7	Kimberly Pavelko	6:25:00(*)	53
8	Michael DuPriest	6:48:35	17
9	Jim Sweatt	6:59:00	13.3
(T)	Ron Gimblet	6:59:00	13.3
(T)	Randy Davidson	6:59:00	13.3
12	Carrie Dupriest	7:38:00	42
13	Pete Ireland	7:38:30	4

14	Lou Peyton	8:00:56	31
15	Don Higgins	8:47:00	2.5
(T)	Steve Chaney	8:47:00	2.5

(*) - New Course Record/(T) - Tie

Blaylock Creek 17 Mile Fun Run

Place	Name	Time	Credits
1.	David Samuel	5:47:18	53
2.	John Knapp	5:59:00	42
3.	Henry Osterloh	6:14:00	31

Mini Profile-Johnny Knapp

1. You decided to run the shorter 17 miler instead of the tortuous marathon.
How did it go? *Very Good - I finished!*
2. Have any trouble following the route?.....*No!*
3. Do you consider yourself a better uphill or downhill runner?.....*Downhill!*
4. Any special training you did for the mountains?.....*Long runs at Lake Sylvia and Ouachita 17 mi runs.*
5. What did you like best about the run?.....*Nice area. Clubhouse for start and finish etc. The Bigshot's hot food and drink at 8.5 mile.*
6. Anything else you would like to say?...*Thanx for a great run.*



AURA's Johnny Knapp
(File Photo)

Y2K ULTRA TRAIL SERIES Calendar

Feb 5th, 2000 UTS #5-*White Rock Classic 50K*, and 25K. No Entry fee. 9:00 a.m. start near the Turner Bend Camp Ground on Hwy 23 and run to the White Rock Mountain State Park and return. 25K's will be shuttled back to Turner Bend. Directions: I-40 West to Ozark(100 Mi) then North on Hy 23 for approx 12 miles. Forest Service Roads.

Mar 11, 2000 UTS #6-*The Widow Maker*-Approx 12 to 14 miles on abandoned logging roads and some bushwacking. 7:00 a.m. start from the Ouachita Trail parking lot at Lake Sylvia. Not the same route that was so despised last year.

ATTENTION: Retiree's and Wattabe's-I'm calling it for February 8th, 11:00 at The Box. Formally the Band Box. Be there before 11:00 and beat the motorcycles. 1623 Main Street. Deep inside Little Rock. I'm going to pack some heat. Every man for himself

AURA ULTRA HOROSCOPE

Aquarius- In the Year 2000 you could morph into an ULTRA DEVA. **Leo-**Be yourself and you'll never have to pooch-kick again. **Gemini-**Play the LOTTO with your UTS points. **Virgos-**In your next Ultra Trail Series run, you might have to choose between Big Points or a new acquaintance.

ARKANSAS TRAVELLER DIARY

Dear Diary(D.D.) Look what I did this week, D.D. Next month I'm going to have the application ready to proof. Oh! Did I tell you that Bill Coffelt called and said he wanted to have the Pig Trail Aid Station next year? What do you think I told Him?

January 17th, 2000

Fred(Ultra Running magazine)Pilon - Please list on the race calendar.

Arkansas Traveller 100 Mile Foot Race

Perryville, Arkansas

6:00 a.m.

Sat, Oct7th

A 17.5 loop(eight miles of the Ouachita Trail) followed by an 82.5 miles out and back on mountainous Forest service roads and jeep Trails. 30 Hour cut-off time limit. 10th production. \$120.00 entry. Limited field. Charley Peyton, 41 Whiteoak Lane, Little Rock, Arkansas, 72227. (501) 225-6609 E mail-cpeyton@aristotle.net
<http://angelfire.com/ak3/at100>.

U. S. Forest Service
Jessieville Ranger District
P.O. Box 189
Jessieville, Arkansas 71949

January 24, 2000

Dear Sir;

The purpose of the letter is to request an extension of our five year Special Use Permit that was issued in 1995 for the *Arkansas Traveller 100 Miler*. Our intentions are to continue the race for the year 2000 in the same format as we have done for the past nine years.

The Race Committee of the *Arkansas Traveller*(Dave Cawein, Tom Chapin, Lou Peyton, Jim Schuler and myself) appreciate the hospitality that the U. S. Forest Service extends to us each year. This assistance allows us to put on one of the best long distance runs of this type in the U. S.

If you have any questions about our request or additional information is needed from us, I can be contacted at the address listed below.---BigShot

ULTRA RACE CALENDAR

A listing of Ultra Runs in Arkansas and Surrounding States.

(Place your refrigerator magnet here)

- Feb 5th, 2000 **White Rock Classic 50K, and 25K.** UTS #5 No Entry fee. 9:00 a.m. start near the Turner Bend Camp Ground on Hwy 23 and run to the White Rock Mountain State Park and return. 25K's will be shuttled back to Turner Bend. Directions: I-40 West to Ozark(100 Mi) then North on Hy 23 for approx 12 miles. Forest Service Roads; big mountains.
- Feb 5th, 2000 **Rocky Raccoon Trail 100.** Huntsville, Texas Contact: Mickey Rollins at (713) 468-8115 or e-mail <micracon@flash.net>
- Feb 19th, 2000 **Sylamore Trail 50K** Allison, Arkansas. Contact: Randy and Bobbie Davidson <SYLAMORE50K@AOL.COM(PREFERRED) OR (501)868-5555
- Mar 4th, 2000 **Mississippi Trail 50/50K.** Laurel, Mississippi. Contact: Carl and Brooke Touchstone. (228)897-2861 or Steve DeReamer((601)649-3680.
- Mar 18th, 2000 **Cross Timbers 25 and 50 Mile** Lake Texhoma, Texas.
- Mar 25th, 2000 **The Grasslands 50 Miler**(plus shorter distances) Decator, Texas. Contact: Suzi Cope e-mail<4suzi@ibm.net> or http://www.ntr.org/
- Apr 1st, 2000 **Ouachita Trail 50/50K** Little Rock, Arkansas. Contact: Ann M. Moore (501) 225-1143 or E-Mail <RunAnnRun@AOL.com>
- May 6th, 2000 **Strollin' Jim 40.** Wartrace, Tennessee. Contact: GaryCantrell

FREE AURA MILLINEUM MEMBERSHIP CONTEST

Place an (X) in front of the cubicle that you believe the BigShot is hiding in and you could be the recipient of a Y2K AURA membership, a \$10.00 value. For your special AURA bumper sticker, enclose an additional \$2.50. Mail to:

Charley Peyton
41 WhiteOak Lane
Little Rock, Arkansas 72227

