

NATIONAL TRAILS DAY
 JUNE 7TH
 ALBERT PIKE TRAIL

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THE ARKANSAS ULTRA RUNNER

JUNE 1997

A NEWSLETTER FOR MEMBERS OF THE ARKANSAS ULTRA RUNNING ASSOCIATION

MESSAGE FROM THE BIGSHOT- June 1st National Trails Day. Albert Pike Recreation Area, Langley, Arkansas. 8:00A.M.(morning). Runs consist of 6, 10, 17 mile fun runs. Directions: Hwy 70 to Hot Springs and Glenwood. About four miles out of Glenwood leave Hwy 70 at Salem for Hwy 84. Follow Hwy 84, 13 miles to Langley. Turn right onto Hwy 369 and go six miles to Albert Pike campgrounds. Allow two hours driving time if you leave the day of.

Visit the Arkansas Traveller 100 miler web page



<http://www.uar.edu/~kjgoosen/aura/at100.htm>

AURA member Tom Holland was in town over the weekend attending to his daughter's high school graduation. Tom looks tan and fit from the Arizona life style. He had a couple of rolls of pictures he had taken during the Monument Valley 50 Miler that he ran a while back. It kind of makes me want to travel the west. Sort of like heading out and meeting people along the way. Making a difference in their lives, solving their problems and bringing good things to happen. Just become a friend to mankind.

The final race of the 1997 Ultra Trail Series was on May 24th. We had probably our largest starting field of the year. About 25 runners showed. Thanks to all who participated in the series. This year we crown a new Overall King of the Trail, Jimmy Sweatt. The Queen of Trails overall goes to Kim Pavelko, the Masters Queen was Dianne Sweatt. Pete Ireland and Lou Peyton were the Seniors King and Queen. The 1998 Series begins with the Midnight 50K Mountain Run on July 26th. The complete listing is in the Ultra Calendar.

ULTRA TRAIL SERIES #8-THE BLUEJAY HOLLOW RUN/MAY 24, 1997				
(COMMENT)				
1.	JIM SWEATT		2:56:35	Not enough hills!
2.	DAVE CAWEIN		3:03:25	E.S.B.M
3.	RANDY DAVIDSON		3:04:35	Need more gravel!
4.	KIMBERLY PAVELKO		3:16:53	HUMID!
5.	TED BOWDEN		3:17:51	Big Rocks: sore feet.
6.	IVY FRANKLIN		3:17:51	Thoughts: Where is the bleeping road.
7.	LLOYD MOORE		3:31:25	Got to love it! I love you man. I love Buddy, too
8.	MIKE DEPRIEST		3:39:53	How do I sign on to the AURA
9.	CARRIE DEPRIEST		3:39:53	NO!
10.	PETE IRELAND		3:41:15	Great route but humid.
11.	RHONDA FERGUSON		3:42:00	Hot and sticky
12.	LOU WINTHROATH		3:44:18	Too rocky!
13.	VICKIE MABRY		3:44:18	No comment.
14.	PAULETTE BROCKINTON		3:47:25	No Comment.
15.	LOU PEYTON		4:04:20	WOW!
16.	DIANNE SWEATT		4:09:50	UUrrpp!
17.	BARBARA RAINEY		4:18:45	Too short(ha ha)
18.	DICK JOHNSON		4:18:46	Glad it's over.
19.	STEVE EUBANKS		4:21:45	Glad to be alive!

For your running horoscope, consult CPeyton@Aristotle.net
Don't be caught on the trail without one.

ULTRA CORNER

AMERICAN CANCER SOCIETY TRACK RUN-May 16th
Scott Field, Little Rock

Ann Moore	50 Miles
Rick Massey	50 Miles
Mule Martin	42 Miles
Donna Duerr	41 Miles
Teresa Laster	37 Miles
Gail Bradford	25 Miles

MARATHON CORNER

Applications are out for the ARKANSAS MARATHON. The route is from Malvern to Benton. The date is September 28th. I plan on having a funky aid station as I did last year at mile 11. If you would like to be one of the very proud AURA members manning the station, let me know sometime during the summer.

RACE CALENDAR

(Place refrigerator magnet here)

Jun 7th Nationals Trails Day. Albert Pike Recreation Area. Ouachita National Forest, Langley, Arkansas. 6, 10 and 17 mile trail runs.

Jul 26th The 1997 Midnight 50K Mountain Run UTS #1

Aug 30th Annual Heart O' Traveller Training Labor Day Weekend.

Oct 4th 1997 Arkansas Traveller 100 Miler.

Dec 13th The Whistlin' Dick 40K(new course)UTS #2

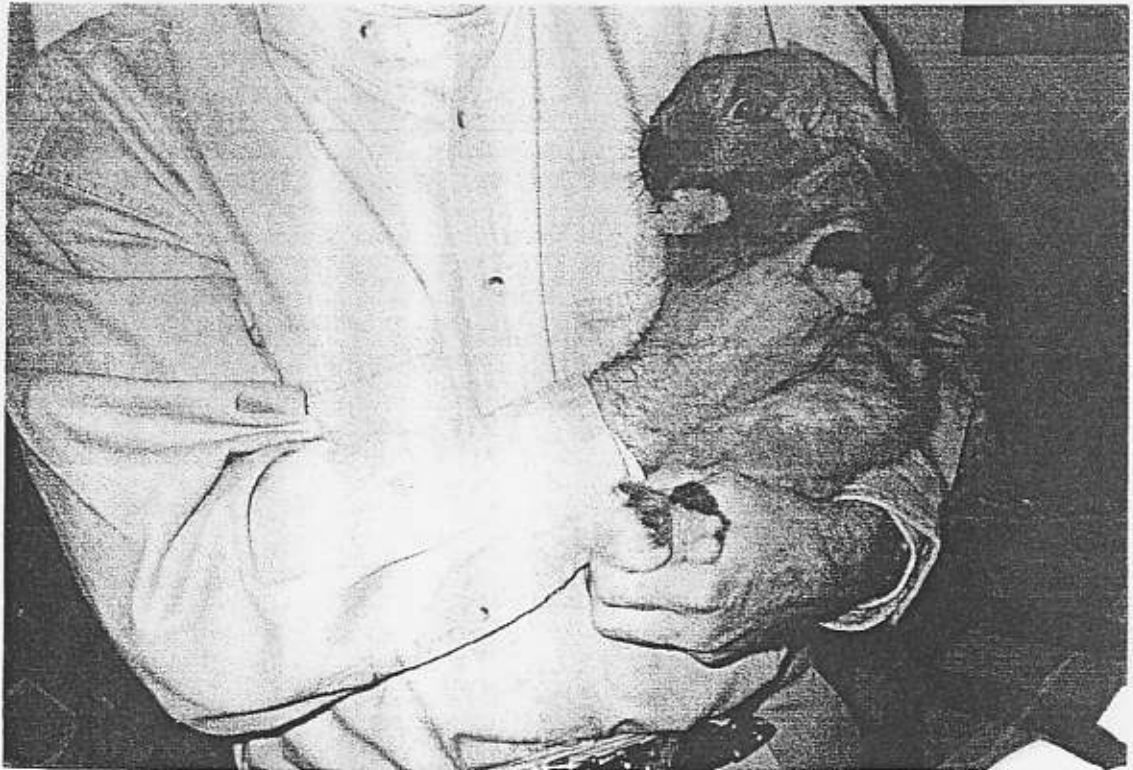
1998

Jan 1st 1998 Arkansas Fat A 50K/UTS #3

Feb White Rock Classic 50K/UTS #4

Mar 21st The Wild Hog Double Loop./UTS#5 Two 20 mile loops around Lake Winona

Apr 4th The Annie Fannie 50 Mile, 50K. Arrangements pending.



THE BIGSHOT WELCOMES THE AURA'S NEWEST MEMBER

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LITTLE BUDDY