

12-5-5

# READ MY LIPS!

# MERRY CHRISTMAS

AND

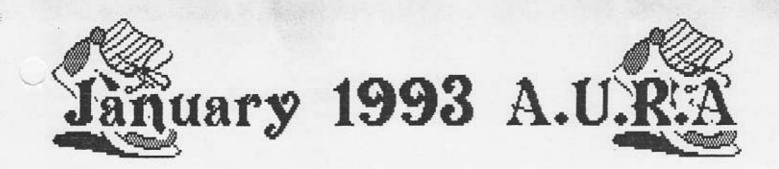
NO INCREASE IN A.U.R.A. DUES

January 1993

A Newsletter For The Arkansas Ultrarunning Association

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SUN			WED	THU	FRI	SAT
DZAr	K High Low For Thip of 6609	IAND TI	ATION ON TON OF	SS.'Ng. The TRAIL.	<b>1</b> GREAT BEAR RUN	2
3	4	5	6	7	8	9 UTS#5 THE PIPELIN EXPRESS
10	11	12	13	14	15	16 JACKSON FIVE-0
17	18	19	20	21	22	23
24	25	26	27	28	29	30 CLEAR SPRINGS 50k
31			3			<u> </u>

#### 1993 A.U.R.A. MEMBERSHIP APPLICATION

With this issue of the Arkansas Ultra Runner(January), the running year comes to a close. "Hey Harley, does this mean that we're on our own now?" No,-no,-no! It just means that it's time to renew your membership. We close out the year with 69 active members and a couple of associates. Now is the time to decide if you want to continue to see those ultra profiles, calendars, race reports and cartoons. You can be a proud carrier of the newly designed AURA identification card. Join today. A \$25 dollar value for only \$8 dollars. The price of one movie at the mall! Name:

Address:

City, State, Zip code:\_\_\_\_\_

Telephone(optional)

For Christmas I want to give the following people AURA Memberships:

Enclosed is my \$8.00 plus an additional \$\_\_\_\_\_ to make sure I see my name in print at least once.

The Bigshot, being sensitive to the diversity of it's membership, and in keeping with today's political climate, has developed a liberal/conservative continuum so that your interest in running can be fulfilled in the ARKANSAS ULTRA RUNNER. If your affect leans towards the liberal slant, proceed to column A. If on the other hand you are swayed by conservative topics, skip to column B.

Column A(liberal)-check all that apply.

Caring for aid-station workers. Overcoming guilt for being number one. Feeling another runner's pain. Listening to FM headphones. Running naked. Running without a AURA number. Sharing my water. Being fair on the trail.

#### Column B(conservative)

Kicking Butt on the long run. Stepping on a fallen runner. Hiding your up-hill fears. 12 methods to talk about the weather. Gloating over victory. Running alone. Tissue hiding techniques. Ways to look good at the finishline. Return to: Charles Peyton 41 WhiteOak Lane Little Rock, Ar 72207

#### ULTRA CORNER

Due to the early printing deadling of this newletter we regret that we cannot report fully on the Sunmart Texas Trail 50 and marathon that was held December 19th. Hopefully, I will have all the official times in a few weeks. Just let me say that I give it a "thumbs up". fo

### THE ULTRA TRAIL SERIES

## The Winter Classic - 12-12-92 (A True Confession)

How many of you people hurt yourself on The Winter Classic last year? "Don't everybody raise your hand at once". This year the game plan was to take out as much of the rutty powerline as possible. A so called reliable person had told me about a logging road that paralleled the powerline connecting to Pigeon Roost Mountain Road. Friday before the race Bobby Franklin and I went out to mark some of the difficult areas and I was to ride my mountain bike over the logging road and put the ribbons out. As luck would have it Bobby's 4 x 4 stopped running four miles into the course (those who ran the classic saw it at the 5 mile turnoff). With Bobby's mobil phone, we summoned help and gave up marking the course. This called for plan "B". Plan "B" was for me to get up early and mark the course with flour and set out ribbons as far as I could before time for the race to start. After the start, I would drive to the beginning of the logging road and run ahead of the leaders. Then, I would double back taking pictures of the passing runners. My instructions were to take the first left and at the next fork, take a right. No problem. All was well until I came to another uncharted fork in the road. I'm uneasy. I took the right which headed off of the ridge and down the mountain side and....dead ended! I'm panicing. Taking stock of my situation. I hear the muffled voices of the first of the 50 runners following my pink ribbon trail. Nothing to do but bushwack for the powerline. I hope my ribbons last. They didn't. I push on through a creek bed and then squint from a mountainside. Lordy, Lordy, there is the powerline about a quarter mile away. Regaining my confidence. I sprint back to the last ribbon and await their arrival. I could hear them coming and I gave out a lot of hoots. "where ya'll been", "no walking", "you love it". The first group was John Gross, Tom Aspel, Frank Rivers, and Johnny Jones. This was followed by a group led by Neil Hewitt and Nancy Cunningham. At least we would have winners, I thought. After the last runner passed, I headed back to the finish. I did take a little heat from some of the tenderfeet but if they only knew how close they came to a misfire. Oh well, I could always say that a hunter rerouted the ribbons. Yea, that's what I could have said.

Looking at the results I see that we had a tie between Aspel and Gross. It seems that these two ran basically together the whole way. Both were coming off injuries and never really "blew the soot out", so to speak. Rivers and Jones would catch them at the stream crossings then Aspel and Gross would pull away on the trails. Coming off the powerline, they pulled away for good from Rivers and Jones. At the Three Mountain Road, Gross opened up a 30 yard lead on the first mountain only to be caught by Aspel on the downside. On the second mountain Gross again increased his lead only to be caught by the longer legged Aspel. With a mile to go the two pulled even and Aspel popped the question, "do you want to tie", he asked? John started to act coy but how could he say "no" to his former coach. The Winter Classic was then consumated. So this one goes in the record book as a tie and now you know the full story and we lived happily ever after. Next year I still want to stay off the powerline and will try to find the right road. But, if I don't, you people just follow the pink ribbons.

WINTER CLASSIC (RESULTS)

1.	Tom Aspel	2:10:40	23.	Randy Davidson	2:51:27
	John Gross	2:10:40		John Baker	2:54:04
З.		2:16:08		Nick Williams	3:00:00
4.	Frank Rivers	2:16:34		Goslavo Rosele	3:07:00
5.	Neil Hewitt	2:28:47		Pete Ireland	3:11:50
	Ray Bailey Kurt Truax	2:30:42 2:30:45		David Samuel Ron Thompson	3:12:22 3:19:37
	Nancy Cunningham	2:31:03		Lou Peyton	3:20:02
	Bob Marston	2:35:35		Rick Martinek	3:20:45
	Don Fletcher	2:35:59		Donna P. Duerr	3:22:24
11.	Jim Sweatt	2:38:25		Gayle Bradford	3:22:24
12.	Jim Schuler	2:40:43		Donna Hardcastle	3:27:19
13.	John Renick	2:40:51	35.	Irene Johnson	3:27:19
14.	Drew Mashburn	2:41:24	36.	Ann Moore	3:29:40
15.	Jim Hays	2:44:45	37.	James Hicks	3:29:46
16.	David Cawein	2:45:28	38.	John Knapp	3:35:00
17.	Troy Delk	2:45:28	39.	Francis Johnson	3:35:00
18.	Simon Hauser	2:46:51	40.	Tony Johnson	3:44:15
19.	Ernie Peters	2:48:09	41.	Bob Horner	3:57:37
20.	Sam Hardcastle	2:49:00	42.	Tom Zaloudek	3:59:06
			43.	Ralph Hoffman	4:09:10
			44.	Sandi Venable	4:12:00

- 45. Rosemary Haluszka4:12:00 46. Clint Cusick 4:16:08
- 47. Corky Binz 4:16:08

ULTRA TRAIL SERIES POINT STANDINGS

OPEN MEN

TOP TEN

#### OPEN FEMALE

John Gross	145		Nancy Cunningham	150
Rick Utley	110		Donna P. Duerr	105
Mike Carter	77		Irene Johnson	77.5
David Allen	65		Donna Hardcastle	67.5
Neil Hewitt	61		Jenny Devine	60
Robert Morgan	45		Kim Pavelko	60
Tom Aspel	45		Lesa Allen	55
Johnny Reed	40		Cheryl Potter	40
Bill Torrey	35		Mary Clendaniel	25
John Jones	30	2	Lesa Gertsch	25

## MASTER MALE

Frank Rivers	140
Bob Marston	101
Jack Evans	101
Ernie Peters	65
Lynn Hartwick	45
Gene Cunningham	40
Nick Williams	38
Ron Hale	38
Roger Arrick	30
Steve Tilley	30
John Renick	30

SENIOR MALEJohn Baker170Kurt Truax100Wayne Alsbrook90Pete Ireland70Bob Horner65Dale Winthroath65Bob Franklin40Fred Schmidt30Hal Crisp28John Knapp25

## MASTER FEMALE

Gayle Bradford	145
Lou Peyton	120
Cathy Holland	90
Linda Stribling	65
Rosemary Haluszka	55
Cindy Truax	50
Paulette Brockinton	40
Karen Teague	32
Corky Binz	30
Sandi Venable	30
Linda Schmidt	30
SENIOR FEMALE	

50

Lou	Winthroath	40

Ann Moore

## ULTRA RACE CALENDER

	GREAT BEAR RUN. 25 MILES. TERESA LASTER, ARKANSAS ULTRA RUNNERS. NO FEE; NO WIMPS.
	JTS #5- THE PIPELINE EXPRESS. 10-12 MILES
	JACKSON FIVE-0 DALLAS, TEXAS.
JANUARY 30th	Clear Springs 50 KM Steve Bridges, 1813 Filhiol,
1	Monroe, Louisiana-71203
FEBRUARY 6th/	7th THE ROCKY RACCOON TRAIL 100. MICKEY ROLLINS, 1945
	CAMPBELL RD. HOUSTON, TX 77080
FEBRUARY 6th	UTS #6 THE GREAT WALL OF CHINA 20 MILES
FEBRUARY 14th	A surprise!
FEBRUARY 21st	SYLAMORE TRAIL 50 KM. TERESA LASTER, ARKANSAS ULTRA RUNNERS.
MAY 1st	STROLLING JIM 40 MILE RUN. GARY CANTRELL, 233 UNION RIDGE, WARTRACE, TN 37183, OR, SEE THE BIG SHOT.
MAY 1st	QUACHITA TRAIL 50. LITTLE ROCK, ARKANSAS. TERESA LASTER.
JUNE 5th	OLD DOMINION 100 MILE ENDURANCE RUN
AUGUST 1st	THE MIDNIGHT 60 K. ARRANGEMENTS PENDING.