## THE ARKANSAS ULTRA RUNNER April 2012 The Newsletter For Members of the Arkansas Ultra Running Association

AURA Website www.runarkansas.com

## AURA Forum/Message Board www.arkrrca.com

## Message from AURA President - Stan Ferguson

## Dues News

Thanks to all those who attended our most recent Arkansas Ultra Running Association member meeting. We held officer elections (with all previous officers being nominated and elected to serve another term) and also discussed and voted on a change to club membership dues. Continuing our push to move as many members as possible to the "e" newsletter, the dues change was made to better reflect the actual costs associated with operating the club and newsletter. Effective immediately with new memberships and renewals, annual family dues for the AURA will be $\$ 12$ for those getting the e-mailed newsletter and $\$ 25$ for those who receive the hardcopy through USPS mail. During issue discussion, the AURA Treasurer (Big Shot) offered that it has not been uncommon for members who get the hardcopy newsletter to send extra money to the club anyway. -Another one of the reasons I like hanging around with ultra running folk! You may notice that the membership dues amount for e-people is actually going down from the previous flat rate of $\$ 15$. We are striving to bring you increased value for your membership dollar © .
Our next club membership meeting is planned to be held in conjunction with the 2011-2012 Ultra Trail Series awards ceremony. This will be at Lake Winona Park on June $2^{\text {nd }}$, following The Catsmacker Fun Run. Additional info will be in the May newsletter, and you can always find the latest UTS and fun run information on the web at www.RunArkansas.com.

[^0]and Queens of the Trail in the various categories is emerging from the mist. Two women and three men are in contention for the Open titles. I've commented before on the tendency for our AURA Sisters to come in together and tie at races. --True sisterhood. So I guess it shouldn't have been too surprising when overall series leader Deb Baker and Katie Helms-who is sitting in second, finished the Big Rock Mystery Run together, splitting $1^{\text {st }}$ and $2^{\text {nd }}$ place points. Deb has a commanding lead in the series, but it is not wrapped up yet. David Joseph controls his destiny in the battle for overall King of the Trail, but Mark DenHerder are PoDog Vogler are lurking fairly close and could possibly overtake him if he falters. In the "Aged" King and Queen categories, several questions remain: Will Pink Panther be ready to assume Masters Queen duties if Deb holds on to the Open lead? Will PoDog and DenHerder continue to hold hands into the finish? Will Karen Hayes re-enter the fray and fend off Grandma Ferguson? There are also other slots not yet finalized; to see more on all the contests check out the latest UTS standings in this newsletter or online.
It's around now when we start thinking about the next series. I would say that really nothing is final on the 2012-2013 series at this point-except that barring some major development the first race of the series will again be the Midnight Run at Lake Sylvia. Scheduled for July $14^{\text {th }}$ this year, it is very near the middle of the lunar cycle so I don't know if it can legitimately be called the "Full mOOn Run". But I doubt this will put much of a damper on what has surely become the largest ultra/trail "fun run" around. Anyway, input on the series is ALWAYS welcome, and particularly now as we are in the planning phase--any feedback or ideas on what you think would add interest, excitement or quality to the UTS would be much appreciated. Please e-mail me at Stan@RunArkansas.com if you've got something.
That's about it for now. Until next time-Happy Trails and I hope to see you "out there".

## Mystery Run

Joe Jacobs wrote a great article for Arkansas outside.com (lots of great photos as well). Go to the link below and check it, Thanks Joe.
http://www.arkansasoutside.com/2012-big-rock-mystery-run/

## The Luck of the Irish

## By George McDonald

Many of us are a little bit Irish on St. Patrick's Day - some more than others. Some of us just feel "lucky" to run fun runs or races. The Mystery Run is put on by Chrissy and Stan Ferguson and is run on roads and trails. You should expect the unexpected and you will get wet somewhere on the course. The course changes annually, so it's always a mystery, hence the name. You just show up expecting to be surprised! I managed to convince two of my friends to accompany me. Marla Miller has become used to me talking her into things and Staci Medlock is beginning to get used to wondering what to expect next. The weather was great with overcast skies and 62 degrees. The Mystery Run began at Skateboard Park on River Road. A lot of my trail friends were dressed in various shades of green to honor the day. Staci met many of them for the first time, while Marla talked with several of those we have run with over the past few years. Chrissy's race information was quick and to the point; 13 stations, with decks of cards. If you miss picking up a card you have 2 minutes added to your finish time. Six bags of flour were used
to mark the course, so if you get lost it's your fault! Understand? Now, GO!!! I love straight-to-the-point instructions to get a race started. This year's course began heading east on the River Trail by the gator ponds. We hit the first card station with a flurry of people grabbing cards because we were still bunched up. At least we all got cards! Staci's longest run, to-date, had been 10 miles, which we ran on Wednesday prior to the race. Since the distance for this race was set to be between 12 to 13 miles we were taking it easy. So, running under control was the call of the day. The course turned back west on River Road and then up toward Fort Roots. The switchbacks on the road was a good place to discuss strategy as Staci was new to all this. Marla was tagging along to see how it all turned out. Knowing Chrissy, I knew there would be several ups-and-downs over the hills of Fort Roots. She did not disappoint us! When we started meeting the "gazelles," I knew the turn would probably be at the crest of the hill. Sure enough, just as we reached the main gate we reached the card station and then quickly headed back downhill. I knew Marla always pushes me on down-hills and I wanted to see how Staci would respond. It didn't take long to realize when Staci's competitive spirit kicked in and that I needed to "reel her in" to conserve energy for the remainder of the run! Just as we reached the bottom of the hill we turned onto a trail and started right back up the hillside. After several steep switchbacks we reached the top again and ran along the ridge for a short time, then turned back down the hill for another card, and then backtracked to the ridge heading west along the south-side of Fort Roots. The view of downtown Little Rock was awesome, as was the Arkansas River valley, but we didn't have time to be inspired by the view since we had a race to run! Shortly, we were in Emerald Park with card station "five" just before the one-mile switchback trail that leads to the River Trail just east of the boat launch at Burns Park. We raced hard down the trail passing several runners as we went. At the bottom we turned east and had a little jog up the hillside to card station "six" and right back down to the River Trail to the rock quarry, then nearly straight up the hillside! It was a "hand-over-fist climb!" Oh what fun! At least to me, since I see life as an adventure. Marla tends to shoot me in the back, glaring "fiery darts" at me whenever I get her into these opportunities for "fun." Staci, being new to all this, was still enjoying the adventure! We reached a plateau and then started back down into the quarry. Near the back wall of the pit we had another card to pick up and then started back toward town. We reached another turn that had us climb down into a drainage ditch, and then we entered a culvert under the road which was filled with knee-deep water. Several runners were hesitant to get in, but Staci just stepped right in, followed closely by me and Marla. The cards were grabbed at the end of the tunnel, then right back upstream we went. At least my shoes were clean after that! We started another steep climb with two more card stations. Marla saved Staci and me because she saw one card station that I went right past. Several more great views as we passed near a waterfall and followed the trail right at the edge of the quarry. This was not a place for those who were "faint-of-heart" or afraid of heights! We followed the trail around to the far end of the quarry and picked up two more cards; one of which was located at the end of a very steep drop-off. We back-tracked and made a hard push down the one-mile switchback, grabbing one last card before a sprint to the finish on the River Trail. Staci was "bound-and-determined" to pass one lady in a green shirt. I knew she wasn't going to catch that particular lady, but she certainly gave it a valiant effort! We finished in a good sprint with Marla on our heels. What a great way to celebrate a day for "green," as everything had turned green for the occasion, including our cars! We managed to collect 13 cards, but didn't win the prized plate. Chrissy was looking for those who had the most clubs (shamrocks.) We weren't lucky enough to win, but I think we were winners just for finishing! See you on the roads and trails!


## Big Rock Mystery Run March 17, 2012 <br> North Little Rock - River Trail, Arkansas <br> 10 Miles +/- (2011-2012 UTS Race \#10)

Adjusted Sign-in
Place Name Gender Time Cards Penalty Time No.
1 Thomas Chapin M 1:24:25 13 1:24:25 3
2 Mark DenHerder M 1:25:33 13 1:25:33 4
3 Scott Sander M 1:26 $12+2: 00$ 1:28:00 5
4 David Joseph M 1:33:23 13 1:33:23 8
5 Cliff Ferren M 1:43:28 $12+2: 00$ 1:45:28 12
6 Deb Baker F 1:41:41 $11+4: 00$ 1:45:41 9
6 Katie Helms F 1:41:41 $11+4: 00$ 1:45:41 10
8 Rich Brown M 1:45:01 $12+2: 00$ 1:47:01 13
9 Greg Eason M 1:45:26 13 1:45:26 14
10 John Kelly M 1:45:50 13 1:45:50 15
11 George Peterka M 1:48 13 1:48:00 16
12 Frank Massingill M 1:47:24 13 1:47:24 18
13 Jon Honeywell M 1:47:35 13 1:47:35 19
14 Jenny Wilkes F 1:47:52 13 1:47:52 20
15 Joshua Brown M 1:48 $12+2: 00$ 1:50:00 17
16 Rodney DeClue M 1:53:03 13 1:53:03 22
17 Dave Mundorff M 1:52 13 1:52:00 23
18 Becky Humes F 1:57 13 1:57:00 24
19 Melanie Baden F 1:57:57 13 1:57:57 25
20 Chrissy Ferguson F 2:00:14 13 2:00:14 26
20 Jeff Maher M 2:00:14 13 2:00:14 28
22 Tina Coutu F 2:02 $12+2: 00$ 2:04:00 27
23 Hillary Looney F 2:02 $12+2: 00$ 2:04:00 29
24 Hillary Hunt F 2:02 $12+2: 00$ 2:04:00 30
25 Joshua Bornhorst M 2:02 13 2:02:00 31

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26 Jesse Garrett M 2:03:32 13 2:03:32 32
27 Stephanie Stewart F 2:06:01 13 2:06:01 33
28 Laura Earley F 2:06 13 2:06:00 34
29 Dave Mattocks M 13 35
30 Mark Roth M 2:06 13 2:06:00 36
31 Lisa Vorwerk F 2:07 13 2:07:00 37
32 Don Preston M 2:08:23 13 2:08:23 38
33 Jerry Evans M 2:08 13 2:08:00 }3
34 Josh Drake M 2:11:11 13 2:11:11 40
35 George McDonald M 2:09:06 13 2:09:06 41
35 Staci Medlock F 2:09:06 13 2:09:06 42
37 Marla Miller F 2:10:10 13 2:10:10 }4
38 Joe Milligan M 2:13:11 13 2:13:11 44
39 Dennis Baas M 2:14:00 13 2:14:00 45
4 0 \text { Gabrielle Halvenson F 2:01:38 2:01:38 46}
41 Maria Risner F 2:01:38 13 2:01:38 51
41 Robert Harrell M 2:01:38 13 2:01:38 52
43 Rhonda Ferguson F 2:19:00 13 2:19:00 53
4 4 \text { Brenda Ransom F 2:18:53 13 2:18:53 54}
4 5 \text { Tala Hill F 2:22 13 2:22:00 55}
46 Tim Harrington M 2:23 13 2:23:00 56
47 Lauren Harrington F 2:23 13 2:23:00 57
48 Fletcher Smith M 2:22 13 2:22:00 58
49 Phil Brown M 2:25 13 2:25:00 59
50 Carrie DuPriest F 2:27:12 13 2:27:12 }6
51 Johnny Eagles M 2:28:00 13 2:28:00 61
52 Michael Harmon M 2:30:40 13 2:30:40 }6
53 David Callouet M 2:34 13 2:34:00 63
54 Elaine Gimblet F 2:41 13 2:41:00 64
55 Sloan Cooper F 2:39 13 2:39:00 }6
56 Brad Simpson M 2:39 13 2:39:00 66
57 Courtney Schulist F 2:45 13 2:45:00 67
58 Lisa Gunnoe F 2:48 2:48:00 68
58 Katie Winsett F 2:48 2:48:00 69
60 Lou Peyton F 2:51 13 2:51:00 70
61 Pete Ireland M 2:51 13 2:51:00 71
62 Rosemary Rogers F 2:50 13 2:50:00 72
63 Ron Gimblet M 2:52 2:52:00 73
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Partial Mystery Participants
Time Notes Sign-in
Jeff Thostenson M 1:13:00 13 cards 1
Tom Aspel M 1:15:23 2
Kayce Hall F 1:32 7.13 miles 6
Judy Massingill F 1:27 7.13 miles 7
Susan McCourt F 6 cards 11
Tom Zaloudek M No info 21
Karen Hayes F 2:14:00 7 cards 47
Karen Baxter-Rhodes F 2:14:00 7 cards 48
Beverly Beadle F 2:14:00 7 cards 49
Carol Young F 2:14:00 7 cards 50

Contact Stan with any errors or omissions.


# 22 ${ }^{\text {nd }}$ Annual <br> Ouachita Trail 50 Mile and 50K 

April 21, 2012, 6:00 AM<br>Maumelle Park, Little Rock, Arkansas<br>Presented by the Arkansas Ultra Running Association<br>Proceeds benefiting Partners For Pinnacle

Course: A picturesque climb over Pinnacle Mountain followed by an out-and-back along the shore of Lake Maumelle. Course includes six miles of asphalt and the remainder on scenic, rocky, single-track trail.
Several highway crossings will be involved. There will be no traffic control. Please be responsible and be careful!

Trail: The Ouachita Trail is a single-track recreational footpath, and is permanently marked with blue blazes. Additional markers will be out. Approximately two miles of Pinnacle Mountain trails will be utilized on the "out" section only.

Aid: Eleven staffed aid stations for $50-\mathrm{mile}$; seven for 50 Km . There may be an eight-mile trail section with no aid. Carry a bottle. Drop bags will be taken to the 15 mile aid station, and to the turnaround point for the 50 mile. Post-race food will be provided.

Awards: Finisher awards for both races. Technical shirts to all entrants. 13-hour time limit for both races. Entry fee: $\$ 60$ if postmarked by April 9th; $\$ 75$ thereafter. Please make check payable to Arkansas Traveller 100. NO REFUNDS. NO RACE DAY ENTRY.

Mail entry to: Chrissy Ferguson, 17 Caddo Dr, Conway, AR 72032 For more information visit website: www.RunArkansas.com; e-mail: OT50@RunArkansas.com; phone: 501-329-6688

## Ouachita Trail 50 Mile/50K - Official Entry Form

Last Name $\qquad$ First $\qquad$ Middle $\qquad$
Address $\qquad$
City $\qquad$ State $\qquad$ Zip $\qquad$ Phone
e-mail $\qquad$ Age on 4/21/2012 $\qquad$
(Minimum age is 18)
Gender $\qquad$ Short sleeve technical shirt size: Men S/M/L/XL/XXL: $\qquad$ OR Women S/M/L/XL: Entries received after April 1st are not guaranteed selected shirt size.

Please check event: 50 Mile __ 50 K __ (You may change from 50 Mile to 50 K during the race)

## Race Waver F

I know that running an ultramarathon race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road and trail, encounters with wild or domestic animals, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race director and workers, Arkansas Ultra Running Association, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also understand that the race director has the right to refuse any entry, and that my registration fee is non-refundable.
Signature $\qquad$ Date $\qquad$

## Mount Magazine Trail Run <br> 8:00am - Saturday, May 12, 2012 <br> Mount Magazine, Paris AR <br> Race \#12 of the 2011-2012 AURA Ultra Trail Series

Magazine is home to magnificent bluffs which make for breathtaking scenery, provide spectacular views, and make it popular for hang gliders and climbers alike. Magazine also offers numerous trails for hiking atop the mountain and into the valley below. It's now time to enjoy those trails as runners.
Come join us for the 2nd Mount Magazine Fun Run. We'll start just north of the visitor center (see map below), and hit almost every trail in the park, along with a portion of the Cove Lake Trail. The run will be approximately 18 miles, with a trip to the base of the mountain, via the Cove Lake Trail, and back to the top.
For those wishing to participate but not able to do 18 miles, there will be "bail-out" options.
This is a fun run and there are no entry fees or advance applications required. However, please contact PT if you intend to run--so we know how many runners to prepare for. Food will be provided after the run. Please carpool if possible, as this will help with parking.


Directions:
Mount Magazine State Park is located on Scenic Highway 309 approximately 17 miles south of Paris; or from Danville, travel nine miles west on Highway 10 to Havana, then go 10 miles north on Scenic Highway 309. Please arrive early enough to check in at Greenfield Pavilion - across the highway from the visitor center.
Many thanks to Mt Magazine State Park, and the Forest Service (Mt Magazine RD) for helping to make this possible.
For lodging and camping information at Magazine go to
http://www.mountmagazinestatepark.com/
For more information on the race please contact $\underline{\mathrm{PT}}$

## The Catsmacker Run

Sunday, June 02, 6:30 A.M.
From the Lake Winona Park
Distance: 22 mi. (+/-)
There will be SHORTER options for Wimpy Kittens.

## Features:

A short section of Ouachita Trail
Forest roads and 4-wheeler trails
A "popular" segment of the Arkansas Traveller 100 course
A surprise???
To get there: From Williams Junction (intersection of Highways 10 and 9, 30 miles west of Little Rock on Hwy 10): Go south on Hwy 9 for 5.7 miles. Turn Right onto Lake Winona Road. Follow Lake Winona Rd for 4 miles to intersection with FSR 114 (Right) and FSR 778 (Straight). (If you go by the spillway, you've gone too far.) Go Right, up the hill, and turn Left into the park.

AURA Brother Jimmy Sweatt at the finish line of the Syllamo 50K at the 3 Days of Syllamo event.


## 3 Days of Syllamo

March 9-11, 2012
Fifty-six, AR
Preliminary Results - Top Five plus AURA Member finishers
(If you are an AURA member, finisher, and were omitted from this list, feel free to harass Stan@RunArkansas.com)

## Stage Women

| Place | Name | Age | City, State | Time |
| :--- | :--- | :--- | :--- | :--- |
| 1 | Ashley Nordell | 32 | Sisters, OR | $16: 47: 21$ |
| 2 | Tracy Hoeg | 32 | La Crosse, WI | $18: 15: 35$ |
| 3 | Teddi Schneider | 40 | Lafayette, LA | $19: 03: 18$ |
| 4 | Mindy Coolman | 30 | Independence, MO | $19: 13: 13$ |
| 5 | Meghan Hicks | 33 | Park City, UT | $20: 09: 45$ |
| $\mathbf{6}$ | Deb Johnson | $\mathbf{5 2}$ | Shawnee, KS | $\mathbf{2 1 : 3 9 : 3 2}$ |

## Stage Men

| Place | Name |
| :--- | :--- |
| 1 | Nick Lewis |
| 2 | Darin Schneidewind |
| 3 | Aaron Norman |
| 4 | Travis Liles |
| 5 | Brad Bishop |
| $\mathbf{7}$ | James Holland |
| $\mathbf{9}$ | Paul Schoenlaub |
| $\mathbf{1 1}$ | Stuart Johnson |
| $\mathbf{1 2}$ | Todd Blanchard |
| $\mathbf{1 7}$ | George Peterka |

## 50K (Friday)

| Place | Name | Sex | Age | City, State | Time |
| :--- | :--- | :--- | :--- | :--- | ---: |
| 1 | Rasmus Hoeg | M | 37 | La Crosse, WI | $4: 13: 58$ |
| 2 | Nick Lewis | M | 26 | Memphis, TN | $4: 25: 14$ |
| 3 | Darin Schneidewind | M | 42 | Lyndon, KS | $4: 35: 16$ |
| 4 | Adam Dearing | M | 29 | Kansas City, MO | $4: 43: 33$ |
| 5 | Travis Liles | M | 33 | Troy, IL | $4: 49: 20$ |
| $\mathbf{1 4}$ | Paul Schoenlaub | M | $\mathbf{5 2}$ | St. Joseph, MO | $\mathbf{5 : 2 3 : 4 8}$ |
| $\mathbf{1 5}$ | James Holland | M | $\mathbf{3 5}$ | Memphis, TN | $\mathbf{5 : 2 5 : 4 0}$ |
| $\mathbf{1 8}$ | Paul Turner | M | $\mathbf{4 8}$ | Conway, AR | $\mathbf{5 : 3 3 : 5 0}$ |
| $\mathbf{2 1}$ | Stuart Johnson | M | $\mathbf{5 2}$ | Shawnee, KS | $\mathbf{5 : 4 1 : 3 4}$ |
| $\mathbf{3 0}$ | Todd Blanchard | M | $\mathbf{4 0}$ | Shreveport, LA | $\mathbf{6 : 0 2 : 3 3}$ |
| $\mathbf{3 1}$ | Stacey Shaver | F | $\mathbf{4 0}$ | North Little Rock, AR | $\mathbf{6 : 0 8 : 2 2}$ |
| $\mathbf{3 2}$ | Jenny Brod | F | $\mathbf{3 1}$ | Maumelle, AR | $\mathbf{6 : 0 8 : 2 3}$ |
| $\mathbf{4 5}$ | Deb Johnson | F | $\mathbf{5 2}$ | Shawnee, KS | $\mathbf{6 : 3 0 : 3 4}$ |
| $\mathbf{5 2}$ | George Peterka | M | $\mathbf{5 2}$ | Hot Springs, AR | $\mathbf{6 : 4 2 : 4 7}$ |
| $\mathbf{6 3}$ | Jim Sweatt | M | $\mathbf{5 6}$ | North Little Rock, AR | $\mathbf{7 : 2 5 : 4 5}$ |
| $\mathbf{6 9}$ | Lisa Vorwerk | F | $\mathbf{4 4}$ | Dover, AR | $\mathbf{7 : 3 5 : 4 1}$ |


| 72 | Patrick Barker | M | 48 | Little Rock, AR | 7:57:02 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 73 | Johnny Eagles | M | $\mathbf{6 0}$ | Little Rock, AR | $\mathbf{8 : 0 9 : 1 5}$ |
| $\mathbf{7 6}$ | Kimmy Riley | F | $\mathbf{5 1}$ | Mabelvale, AR | $\mathbf{8 : 3 1 : 2 6}$ |

50 Mile (Saturday)

| Place | Name | Sex | Age | City, State | Time |
| :--- | :--- | :--- | :--- | :--- | ---: |
| 1 | Nick Lewis | M | 26 | Memphis, TN | $8: 41: 04$ |
| 2 | Jake Anderson | M | 30 | Wake Village, TX | $9: 11: 41$ |
| 3 | Adam Casseday | M | 31 | Beverly, WV | $9: 29: 54$ |
| 4 | Aaron Norman | M | 30 | Oak Grove, MO | $9: 35: 45$ |
| 5 | Darin Schneidewind | M | 42 | Lyndon, KS | $9: 36: 57$ |
| $\mathbf{1 1}$ | James Holland | M | $\mathbf{3 5}$ | Memphis, TN | $\mathbf{9 : 5 8 : 4 0}$ |
| $\mathbf{1 4}$ | Paul Schoenlaub | M | $\mathbf{5 2}$ | St. Joseph, MO | $\mathbf{1 0 : 1 5 : 2 9}$ |
| $\mathbf{1 9}$ | Todd Blanchard | M | $\mathbf{4 0}$ | Shreveport, LA | $\mathbf{1 0 : 5 1 : 5 1}$ |
| $\mathbf{2 2}$ | Stuart Johnson | M | $\mathbf{5 2}$ | Shawnee, KS | $\mathbf{1 1 : 0 9 : 4 1}$ |
| $\mathbf{2 8}$ | Deb Johnson | F | $\mathbf{5 2}$ | Shawnee, KS | $\mathbf{1 1 : 5 1 : 1 2}$ |
| $\mathbf{3 0}$ | George Peterka | M | $\mathbf{5 2}$ | Hot Springs, AR | $\mathbf{1 2 : 2 5 : 3 3}$ |

## 20K (Sunday)

| Place | Name | Sex | Age | City, State | Time |
| :--- | :--- | :--- | :--- | :--- | ---: |
| 1 | Rasmus Hoeg | M | 37 | La Crosse, WI | $1: 52: 20$ |
| 2 | Aaron Norman | M | 30 | Oak Grove, MO | $2: 00: 36$ |
| 3 | Kevin Cooper | M | 52 | Boulder, CO | $2: 02: 10$ |
| 4 | Nick Lewis | M | 26 | Memphis, TN | $2: 03: 16$ |
| 5 | Chad Johnson | M | 25 | Little Rock, AR | $2: 04: 22$ |
| $\mathbf{7}$ | Paul Turner | M | $\mathbf{4 8}$ | Conway, AR | $\mathbf{2 : 0 6 : 3 7}$ |
| $\mathbf{1 4}$ | James Holland | M | $\mathbf{3 5}$ | Memphis, TN | $\mathbf{2 : 1 4 : 4 5}$ |
| $\mathbf{2 5}$ | Paul Schoenlaub | M | $\mathbf{5 2}$ | St. Joseph, MO | $\mathbf{2 : 2 3 : 3 4}$ |
| $\mathbf{2 9}$ | Stuart Johnson | M | $\mathbf{5 2}$ | Shawnee, KS | $\mathbf{2 : 2 7 : 2 2}$ |
| $\mathbf{3 7}$ | Maurice Robinson | M | $\mathbf{7 0}$ | Benton, AR | $\mathbf{2 : 3 7 : 4 5}$ |
| $\mathbf{4 3}$ | Todd Blanchard | M | $\mathbf{4 0}$ | Shreveport, LA | $\mathbf{2 : 4 1 : 5 9}$ |
| $\mathbf{4 7}$ | Nancy Kirk | F | $\mathbf{5 5}$ | Mtn. View, AR | $\mathbf{3 : 0 6 : 2 8}$ |
| $\mathbf{4 8}$ | George Peterka | M | $\mathbf{5 2}$ | Hot Springs, AR | $\mathbf{3 : 0 7 : 3 8}$ |
| $\mathbf{5 1}$ | Lisa Vorwerk | F | $\mathbf{4 4}$ | Dover, AR | $\mathbf{3 : 1 6 : 3 8}$ |
| $\mathbf{5 2}$ | Deb Johnson | F | $\mathbf{5 2}$ | Shawnee, KS | $\mathbf{3 : 1 7 : 4 6}$ |
| $\mathbf{6 5}$ | Johnny Eagles | M | $\mathbf{6 0}$ | Little Rock, AR | $\mathbf{4 : 3 7 : 1 6}$ |

## 2011-2012 Ultra Trail Series Standings

Open - Master - Senior - SuperSenior - UTS Miles
UTS Race Schedule
Open Division
Women

| Rank | Name | mOOn | Nebo | Bartletr | AT | Styx | BDea | LOV | ABF | WR | BR | Total |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Deb Baker | 46 | 47 |  | 86 | 42 | 34 | 43 | 42 | 39.5 | 51.5 | 431 |
| 2 | Katie Helms |  | 58 |  |  | 53 | 45 | 54 | 53 | 56 | 51.5 | 370.5 |
| 3 | Lisa Vorwerk |  | 30 |  |  | 31 | 16 | 32 | 31 | 16 | 29 | 185 |
| 4 | Stacey Shaver- <br> Matson | 32 |  | 52 |  |  | 56 |  |  |  |  |  |
| 5 | Jenny Brod | 32 |  |  | 102 |  |  |  |  | 28 |  | 162 |
| 6 | Karen Martin | 57 |  | 51 |  |  |  |  |  |  |  | 108 |
| 7 | Chrissy Ferguson |  | 36 |  |  |  |  |  |  | 22 | 35 | 93 |
| 8 | Karen Hayes | 17 | 24 |  |  |  | 22 | 26 |  |  |  | 89 |
| 9 | Lisa Gunnoe | 11 |  | 41 |  |  |  |  |  |  | 11 | 63 |
| 10 | Jamie Huneycutt | 23 |  |  |  |  | 28 |  |  |  |  | 51 |
| 11 | Tala-Hill |  | 18 |  |  |  |  |  |  |  | 23 | 41 |
| 12 | Elaine Gimblet |  | 12 |  |  |  |  |  |  |  | 17 | 29 |
| 13 | Ann Moore |  | 8 |  |  |  |  |  |  |  |  | 8 |


| Men | MOOn | Nebo | Bartlett | AT | Styx | BDea | LOV | ABF | WR | BR | Total |  |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Rank | Name | 41 | 40 |  | 79 | 59 | 59 | 60 | 30 | 58 | 51 | 477 |
| 1 | David Joseph | 52 | 57 |  | 55 | 37 | 48 | 32 | 52.5 | 41.5 | 62 | 437 |
| 2 | Mark DenHerder | 63 | 68 | 51 | 109 | 48 |  | 38 |  | 41.5 |  | 418.5 |
| 3 | PoDog Vogler | 13 | 9 | 52 | 46 | 9 | 31 | 26 |  | 24 | 34 | 244 |
| 4 | George Peterka |  | 18 |  | 66 | 19 | 25 |  | 24 | 30 | 28 | 210 |
| 5 | Joshua Brown | 29 | 34 | 52 | 38 |  | 13 | 14 |  |  |  | 180 |
| 6 | Steven Preston |  | 8 |  | 26 |  | 19 | 20 | 18 | 18 | 40 | 149 |
| 7 | Cliff Ferren |  | 46 |  |  | 31 |  |  | 52.5 |  |  | 129.5 |
| 8 | Paul Turner |  |  |  | 93 |  |  |  |  |  |  | 93 |
| 9 | Paul Schoenlaub |  |  | 41 |  |  | 9 | 10 |  | 12 | 16 | 88 |
| 10 | Don Preston |  |  |  |  |  |  | 49 | 36 |  |  | 85 |
| 11 | Jake Anderson |  |  |  |  | 13 | 37 |  |  |  |  | 80 |
| 12 | Alan Humnicutt | 23 | 7 |  |  |  |  |  |  |  |  |  |
| 13 | Johnny Eagles |  |  | 41 | 32 |  |  |  | 6 | 79 |  |  |
| 14 | Patrick Barker | 7 | 6 |  |  |  |  | 7 | 12 | 8 |  | 40 |
| 15 | Bill Coffelt |  | 15 |  |  | 25 |  |  |  |  |  | 40 |
| 16 | James Holland | 35 |  |  |  |  |  |  |  |  |  | 35 |
| 17 | Matt Kirkpatrick | 17 | 12 |  |  |  |  |  |  |  |  | 29 |
| 18 | Stan Ferguson |  | 28 |  |  |  |  |  |  |  |  | 28 |
| 19 | Jason Auer |  | 22 |  |  |  |  |  |  |  |  | 22 |
| 20 | Rodney DeClue |  |  |  |  |  |  |  |  |  | 22 | 22 |
| 21 | Patrick Riley | 10 | 4 |  |  | 6 |  |  |  |  |  | 20 |
| 22 | Joshua Drake |  |  |  |  |  |  |  | 8 |  | 12 | 20 |
| 23 | Pete Ireland | 4 | 3 |  |  |  | 6 |  |  |  | 2 | 15 |
| 24 | Joe Milligan |  | 5 |  |  |  |  |  |  |  | 9 | 14 |
| 25 | Michael Harmon |  | 2 |  |  |  |  | 4 |  |  | 3 | 9 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |



Master Division
Women
Women

| Rank | Name | mOOn | Nebo | Bartlett | AT | Styx | BDea | LOV | ABF | WR | BR | Total |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Deb Baker | 54 | 57 |  | 101 | 52 | 54 | 53 | 52 | 53 | 56 | 532 |
| 2 | Lisa Vorwerk |  | 35 |  |  | 41 | 26 | 42 | 41 | 31 | 34 | 250 |
| 3 | Chrissy Ferguson |  | 46 |  |  |  |  |  |  | 42 | 45 | 133 |
| 4 | Karen Hayes | 32 | 29 |  |  |  | 32 | 31 |  |  |  | 124 |
| 5 | Lisa Gunnoe | 26 |  | 51 |  |  |  |  |  |  | 16 | 93 |
| 6 | Jamic Huneycatt | 43 |  |  |  |  | 43 |  |  |  |  | 86 |
| 7 | Tala Hill |  | 23 |  |  |  |  |  |  |  | 28 | 51 |
| 8 | Elaine Gimblet |  | 17 |  |  |  |  |  |  |  | 22 | 39 |
| 9 | Ann Moore |  | 11 |  |  |  |  |  |  |  |  | 11 |


| Rank | Name | mOOn | Nebo | Bartlet\| | AT | Styx | BDea | LOV | ABF | WR | BR | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Mark DenHerder | 48 | 52 |  | 76 | 46 | 56 | 46 | 49.3 | 50.5 | 60 | 484 |
| 2 | PoDog Vogler | 59 | 63 | 51 | 106 | 57 |  | 57 |  | 50.5 |  | 443.5 |
| 3 | George Peterka | 31 | 23 | 52 | 63 | 17 | 34 | 35 |  | 34 | 38 | 327 |
| 4 | Cliff Ferren |  | 17 |  | 43 |  | 28 | 29 | 33 | 28 | 49 | 227 |
| 5 | Don Preston |  |  | 51 |  |  | 22 | 23 |  | 22 | 26 | 144 |
| 6 | Paul Tumer |  | 41 |  |  | 35 |  |  | 49.5 |  |  | 125.5 |
| 7 | Alan Humnicutt | 37 | 13 |  |  | 23 | 45 |  |  |  |  | 118 |
| 8 | Johnny Eagles |  |  | 41 | 52 |  |  |  |  |  | 10 | 103 |
| 9 | Paul Schoenlaub |  |  |  | 90 |  |  |  |  |  |  | 90 |
| 10 | Patrick Barker | 19 | 10 |  |  |  |  | 17 | 27 | 16 |  | 89 |
| 11 | Bill Coffelt |  | 29 |  |  | 29 |  |  |  |  |  | 58 |
| 12 | Joshua Drake |  |  |  |  |  |  |  | 21 |  | 20 | 41 |
| 13 | Patrick Riley | 25 | 4 |  |  | 11 |  |  |  |  |  | 40 |
| 14 | Pete Ireland | 13 | 3 |  |  |  | 16 |  |  |  | 4 | 36 |
| 15 | Stan Ferguson |  | 35 |  |  |  |  |  |  |  |  | 35 |
| 16 | Rodney DeClue |  |  |  |  |  |  |  |  |  | 32 | 32 |
| 17 | Joe Milligan |  | 7 |  |  |  |  |  |  |  | 14 | 21 |
| 18 | Michael Harmon |  | 2 |  |  |  |  | 11 |  |  | 7 | 20 |
| 19 | Herb Jarrell | 9 |  |  |  |  |  |  |  |  |  | 9 |
| 20 | Gree Bourns | 6 |  |  |  |  |  |  |  |  |  | 6 |

## Senior Division

Women
Women

| Rank | Name | mOOn | Nebo | Bartlett | AT | Styx | BDea | LOV | ABF | WR | BR |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Karen Hayes | 41 | 44 |  |  |  | 41 | 51 |  |  |  |
| 2 | Chrissy Ferguson |  | 55 |  |  |  |  |  |  | 51 | 53 |
| 3 | lamie Huneycutt | 52 |  |  |  |  | 52 |  |  |  |  |
| 4 | Tala Hill |  | 33 |  |  |  |  |  |  |  | 42 |
| 5 | Elaine Gimblet |  | 27 |  |  |  |  |  |  |  | 31 |
| 6 | Ann Moore |  | 21 |  |  |  |  |  |  |  |  |

Men

| Rank | Name | mOOn | Nebo | Bartletr | AT | Styx | BDea | LOV | ABF | WR | BR | Total |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | George Peterka | 45 | 46 | 52 | 88 | 32 | 44 | 53 |  | 53 | 45 | 458 |
| 2 | Cliff Ferren |  | 35 |  | 61 |  | 33 | 42 | 51 | 42 | 56 | 320 |
| 3 | Alan Hunnicutt | 56 | 29 |  |  | 43 | 35 |  |  |  |  | 183 |
| 4 | Don Preston |  |  | 51 |  |  | 27 | 31 |  | 31 | 34 | 174 |
| 5 | Johnny Eagles |  |  | 41 | 74 |  |  |  |  |  | 22 | 137 |
| 6 | Bill Coffelt |  | 57 |  |  | 54 |  |  |  |  |  | 111 |
| 7 | Paul Schoenlaub |  |  |  | 104 |  |  |  |  |  |  | 104 |
| 8 | Patrick Rilcy | 34 | 17 |  |  | 26 |  |  |  |  |  | 77 |
| 9 | Pete Ireland | 28 | 11 |  |  |  | 21 |  |  |  | 16 | 76 |
| 10 | Joe Milligan |  | 23 |  |  |  |  |  |  |  | 28 | 51 |
| 11 | Herb Jarrell | 22 |  |  |  |  |  |  |  |  |  | 22 |
| 12 | Greg Bourns | 16 |  |  |  |  |  |  |  |  |  | 16 |

## Super Senior Division

## Women

| Rank | Name | mOOn | Nebo | Bartiett | AT | Styx | BDea | LOV | ABF | WR | BR | Total |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Flaine Gimblet |  | 52 |  |  |  |  |  |  |  | 51 | 103 |
| 2 | Ann Moore |  | 41 |  |  |  |  |  |  |  |  | 41 |

Men
Men

| Rank | Name | moOn | Nebo | Bartiet | AT | Styx | BDea | LOV | ABF | WR | BR | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Pete Ireland | 43 | 31 |  |  |  | 51 |  |  |  | 41 | 166 |
| 2 | Patrick Riley | 54 | 42 |  |  | 51 |  |  |  |  |  | 147 |
| 3 | Joe Milligan |  | 53 |  |  |  |  |  |  |  | 52 | 105 |
| 4 | Herb Jarrell | 32 |  |  |  |  |  |  |  |  |  | 32 |
| 5 | Orog Bourms | 26 |  |  |  |  |  |  |  |  |  | 26 |

If you suspect errors in these standings, please reference the UTS Rules and individual race resuits. If you still think there is an error, contact the AURA Ulitra Trall Series coordinator.
[Home ] [Arkunsas Traveller ] Ouachita Trail ] [Events Calendar ]

Overheard after the Whiterock 50K back in February:
On our way back to Little Rock, Jim, Kim and I stopped for a Hooshburger at the Pig Trail Bypass Country Cafe at the crossroads in Crosses. While standing at the counter, two friendly locals, who were also in line to order, started talking to us. One of them asked if we had been biking. Jimmy said we were runners. Then of course the guy asks how far we ran and Jimmy says, '"34 miles.".
Then the guy says,
" 34 miles! Really? 34 miles?
We say, "Yes."
Then the guy says, "Try saying that real slow. Thirty. Four. Miles."
The he turns to his buddy and says, "Hey Mike, these people just got through running Thirty. Four. Miles."
Without missing a beat Mike says, "Hey! That's how many beers we drank today! We drank one beer for each of your miles!"
Everyone laughed, and at that moment all five of us stood there as equals, just as proud as we could be...

Patrick Barker


[^0]:    Ultra Trail Series
    Speaking of the UTS... we are down to two events remaining, and the picture of our future Kings

