

THE (e)ARKANSAS ULTRA RUNNER

December 2010 – The Archive Edition

The Newsletter For Members of the Arkansas Ultra Running Association

AURA Website www.RunArkansas.com

AURA Forum/Message Board – ARKRRCA.COM



The Big Shot's Paper Trail

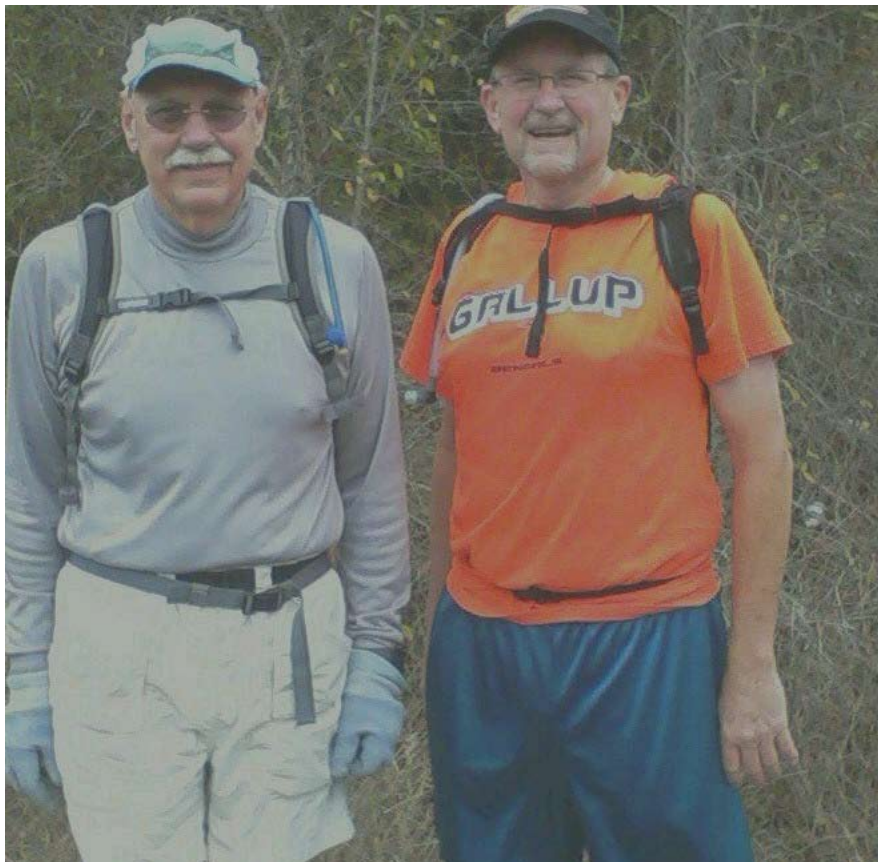


Photo taken the first week in November on the Ouachita Trail near Natural Steps. On the left is Otis Edge with his brother-in-law, Tom Chapin, picture right. In the spring of 1977, Otis founded the Little Rock Roadrunners Club and served as its first President. Both of them were on the race committee that organized the first 50 miler on the Ouachita Trail in 1989. Tom was one of the organizers of the Arkansas Traveller 100 from 1991 thru 2000. Otis ran the Leadville 100 and Tom the 1991 Arkansas Traveller 100.* Tom preformed the marriage ceremony of Stan and Chrissy at the 1996 AT100. * - Please refer to last month's AURA newsletter's article on DNF'ing. Etiquette lesson Number 5 .

AURA ETIQUETTE LESSON NUMBER 6*

How to respond!

Several months ago Mr. Manners was approached by a well meaning Arkansas Dem-Gazette columnist who asked him what was the most appropriate word or phrase to say to a runner during the course of their run. Naturally, I thought back to a past Etiquette Lesson. The most appropriate phrase is of course, “*Way To Be!*” With this said, I feel that with the influx of new AURA members, I have begun to hear some rather untidy expressions creeping back into the ultra lingo. “*Looking Good*” or “*Almost finished*”, were popular during the days of George Sheehan and Jim Fixx. “*Way To Be*” is more trendy and will suffice, today. And, while I am on the subject, Mr. Manners has noticed some of our members being very loud and demonstrative with their exclamations. Screaming “*Wooo-Weeee*” and “*All Riightttt*”. In Mr. Manners opinion is most unladylike and one should refrain. “*Way To Be*” will work for both ladies and gentlemen. Save the howling for the monkeys in the zoo. Now, go and have a blessed day!

* The BS takes full responsibility for the content of our Etiquette Lessons.



Aid Station volunteer, Wanda Eason, assists AURA brother, Jay Miller, at the 16.5 mile Lake Sylvania Aid Station

2010 ARKANSAS TRAVELLER 100 WRAP-UP

AT100 Team Challenge Results

	Name	Sex	Age	Time	Graded Time
#1 Arkansas 78:36:47	Scott Eason	M	45	18:12:31	17:33:11
	PoDog Vogler	M	44	19:02:11	18:29:05
	John Muir	M	32	20:56:41	20:56:41
	Jenny Weatter	F	30	23:40:44	21:37:50
#2 Texas 89:54:22	Melissa Linan	F	39	23:34:57	21:30:21
	Steven Corbin	M	47	23:07:25	21:57:36
	Stacy Bacon	F	36	25:21:06	23:09:31
	Matt Crownover	M	38	23:16:54	23:16:54
#3 Missouri 96:19:37	John Goble	M	39	23:05:47	23:05:47
	Paul Alaimo	M	57	27:00:07	23:39:04
	Laura Range	F	44	27:46:22	24:19:47
	Claire Heid	F	22	27:38:27	25:14:59
#4 International 100:49:23	Monica Scholz	F	43	23:37:40	20:52:07
	Philip McColl	M	58	28:35:48	24:49:39
	Hiromi Hatta	F	48	29:38:43	25:06:18
	Katsuyuki Hatta	M	45	31:08:35	30:01:19
#5 Florida 103:11:42	Andrew Barrett	M	43	21:19:39	20:51:33
	Andrea Risi	F	38	27:38:30	25:15:02
	Aaron Scrimager	M	35	28:11:41	28:11:41
	Jeffrey Stephens	M	44	29:45:10	28:53:26

Through The Years... (Past Champions)

2009 - Arkansas
 2008 - Arkansas
 2007 - Arkansas
 2006 - Arkansas
 2005 - Arkansas
 2004 - Arkansas
 2003 - Arkansas
 2002 - Texas
 2001 - Texas
 2000 - Texas
 1999 - Texas

THE AURA ARCHIVE VAULT

The BS's Stats are always subject to error. If you see or suspect an error, or see something that does not look right, please let me know at chrlypytn@gmail.com

Arkansas and AURA Women* who have completed the Arkansas Traveller 100 Miler – 1991 thru 2010

Chrissy Duryea(95)	17:53:10	Dianne Sweatt(96)	25:54:31
Chrissy Duryea(94)	18:40:36	Kimmy Pavelko(01)	26:07:35
Chrissy Duryea(93)	18:50:38	Patty Groth(06)	26:08:42
Chrissy Duryea(96)	19:28:13	Dianne Seager(06)	26:12:21
Chrissy D. Ferguson(97)	19:43:46	Pat Cook(05)	26:17:58
Chrissy Duryea(92)	20:38:08	Angie Orellano(04)	26:19:51
Chrissy D. Ferguson(99)	20:58:48	Dianne Seager(07)	26:21:57
Chrissy Ferguson(01)	21:24:53	Dianne Sweatt(97)	26:22:57
Chrissy Ferguson(04)	21:32:35	Kimberley Pavelko(95)	26:30:48
Chrissy Ferguson(02)	21:35:27	Kimmy Riley(10)	26:32:09
Natalie McBee(06)	21:58:09	Jamie Huneycutt(03)	26:43:26
Chrissy Ferguson(00)	22:13:33	Chrissy Ferguson(10)	26:43:32
Tamara Zagustin(03)	22:34:12	Patty Groth(03)	26:50:15
Dianne Seager(05)	23:04:30	Dianne F. Bell(95)	26:53:19
Dianne Seager(04)	23:12:17	Dianne Seager(10)	27:01:06
Ilona Peterka(05)	23:14:48	Lou Peyton(98)	27:01:56
Jenny Weatter(10)	23:40:44	Kimmy Riley(07)	27:07:12
Angie Ranson(95)	23:50:17	Chrissy Ferguson(07)	27:11:53
Roberta Orr(98)	23:51:35	Patty Groth(05)	27:12:12
Lou Peyton(93)	23:52:05	Dianne Seager(02)	27:14:05
Chrissy Ferguson(09)	24:19:46	Ivy Franklin(96)	27:25:44
Angie Ranson(97)	24:28:27	Shirley Hyman(06)	27:26:09
Susy Phillips(07)	24:29:29	Teresa Laster(95)	27:26:24
Chrissy Ferguson(06)	24:34:54	Donna P. Duerr(91)	27:31:43
Jen Foster(06)	24:52:01	Lou Peyton(99)	27:31:54
Barbara Bellows(04)	24:56:47	Adrienne Shelton(06)	27:33:02
Patty Groth(04)	25:00:36	Charlotte Davis(91)	27:35:04
Barbara Bellows(03)	25:04:55	Jamie Huneycutt(98)	27:40:00
Lou Peyton(92)	25:12:46	Lou Peyton(00)	27:42:53
Barbara Bellows(02)	25:26:53	Carrie Dupriest(03)	27:44:22
Angie Ransom(00)	25:27:11	Kimmy Riley(09)	27:45:06
Irene Johnson(92)	25:27:46	Irene Johnson(94)	27:48:05
Kimberly Pavelko(99)	25:27:52	Teresa Cox(08)	27:47:29
Tammy Walther(10)	25:30:09	Kimmy Riley(08)	27:52:43
Dianne Seager(09)	25:33:12	Hillary Looney(10)	27:55:18
Angie Ransom(03)	25:58:21	Patty Groth(01)	27:56:59
Lou Peyton(94)	25:32:20	Jamie Huneycutt(01)	27:57:16
Charlotte Davis(93)	25:37:37	Patty Groth(00)	28:01:05
Angie Ransom(01)	25:45:44	Suzy Phillips(06)	28:01:37

Gayle B. Bradford(94)	28:03:40
Kathy Hoover(07)	28:10:08
Dianne Seager(03)	28:15:32
Kimmy Riley(05)	28:23:25
Angie Orellano-Fisher(05)	28:32:12
Patty Groth(02)	28:34:09
Tammy Walther	28:35:31
Irene Johnson(91)	28:40:16
Carrie Dupriest(06)	28:52:46
Jen Foster(08)	28:53:34
Angie Orellano-Fisher(06)	28:53:09
Dianne Bell(93)	28:59:41
Donna Hardcastle(91)	29:04:20
Holly Larkin(01)	29:06:43
Carrie Dupriest(99)	29:09:45
Ann M. Moore(93)	29:10:03
Donna P Duerr(98)	29:14:38
Tammy Walther(08)	29:15:39
Brooke Touchstone(98)	29:15:30
Kimberly Pavelko(98)	29:17:00
Jamie Huneycutt(06)	29:18:58
Brenda Bonner(05)	29:20:39
Carla Branch(05)	29:20:39
Angie Ransom(99)	29:27:01
Donna P. Duerr(92)	29:27:14
Holly Lynch(06)	29:36:50
Angie Ransom(02)	29:28:11
Ann M. Moore(92)	29:37:25
Julie Kelly(06)	29:37:50
Dianne Seager(99)	29:44:18
Kim Johnson(08)	29:44:55
Rhonda Ferguson(03)	29:50:02
Emily Hartman(05)	31:30:38
Kim Ferguson-Johnson(06)	31:38:20



* - The BigShot has made a command decision to leave the names as they are listed in the official results. If you wish to alter this list to reflect your current involvement, let him know.

RETREAD WEDNESDAY

RETREADS (retired runners eating out) meet at Franke's Cafeteria on Rodney Parham the first Wednesday of every month. Join us in the lobby a little before 11:30 a.m. for sharing and touching. (The BS refers to this as the "Pat Down" moments.) At 11:30 a.m. sharp, we hit the food line. No holds barred. Join us if you can.

In the Service of Truth/BS

ULTRA CORNER

On November 20th, in Hot Springs, the State Chapter of the Road Runners Club of America held their annual awards meeting. Congratulations to the following AURA members for their recognitions as Male and Female Ultra Runners of the Year! These awards are made possible due to the diligent work done by AURA's Bob Marston who researches race results from all available sources and then uses an exacting scoring formula to tabulate the winners. This was not a popularity contest. The runners listed below earned their award.

Ultra Runners of the Year

PoDog Vogler
Tammy Walther

Masters Ultra Runners of the Year

Stan Ferguson
Kimmy Riley



Photo: L to R - Stan Ferguson, Tammy Walther, and Kimmy Riley
Not Present is PoDog Vogler – Male Ultra Runner of the Year



IronWoman Andi Stracner (center) celebrates at the Spa 10K finish line with teammates (from left): Lynnette Watts, Elaine Gimblet, Carrie DuPriest, Rhonda Ferguson, Chrissy Ferguson, and Hillary Looney. Andi completed every race in the 2010 Grand Prix. The AURA Women's team finished third in the GP Series.



AURA brother, Maurice Robinson, receiving the Al Becken Volunteer of the Year award at the 2010 Arkansas RRCA Awards Ceremony. Presenting the award was "Sassy" Angela Gattin.

THE ULTRA CORNER

The Heartland 100

October 9th, 2010

Cassoday, Kansas

18th Kevin Dorsey 23:22:12
55 finishers

The Mother Road 100

November 13th, 2010

Route 66 – Baxter Springs, Kansas to Catoosa, Oklahoma

14th Randy Ellis 20:44:29
35 Mike Samuelson 23:13:46
45th Kevin Dorsey 24:44:09
51st Maurice Robinson 25:54:07
103 male finishers; 29 female finishers

Report your race finishes and experiences to CHRLYPYTN@GMAIL.COM

Arkansas' Fastest 50K - Bona Dea Race Report by Stan Ferguson

Back in the summer there was a little chatter between Sidewinder (Tom Aspel), PT, and me about all-time top U.S. ultra performances and how most of them were many years ago due to the recent rarity of road ultras. Thus the idea was hatched for a road 50K. By September there had arose some significant challenges to the Gulpha Gorge UTS run happening this year, so over breakfast at the Triangle Café in Batesville following the Sara Low 5K on September 11th, the deal was struck for a 50K to be run on the Bona Dea trail in Russellville—filling in the November spot on the calendar where the Gulpha Gorge run would have been. A few days later the name was finalized. “Bona Dea” comes from ancient Roman religion, and means the “good goddess”. She sounded like a keeper. The strategy discussed was to organize the race as a “fun run” UTS event this year, but angle towards taking it big time in the future—perhaps going for a national RRCA or USATF championship.

Even though we didn't plan on doing course certification this year, we wanted to be sure and have a true 50K distance so that times would be comparable year after year if the race was continued. Tom measured the full Serendipity loop to be 3.4 miles, and we decided the course would be nine of those loops followed by half mile out-and-back at the finish to top it off. We set up an aid station at the loop start/finish, where Tom, PT, Danny Bounds (aka “Trash Talker Dad”) and I spent the cool overcast day doing runner support, keeping the chili warm, and logging lap times that we posted on a large results board.

With the temperature holding steady at about 50 degrees the whole day, and most of the course generally sheltered from the wind, it was a great day for running. Going in, I knew there would be numerous PRs set, and there were. I knew there would be some fast times turned in, and there were. What I didn't expect was Leah Thorvilson (LT) posting a time that would place her in the top five North American women all-time at 50K. The threesome of LT, Scott Eason, and Justin Radke burned through lap after lap together, as even as clockwork, until LT lowered the boom on #9. If we had anticipated hosting that kind of a show we would have worked a little more diligently ahead of time on course certification. As is, we have the key marks from the course, and hope that the distance will hold true for later certification. Regardless, it was a great run for the Killer Trio and numerous other folks who showed up—including several runners who completed their first 50K. We declared the first Bona Dea 50K a success!

Below, Leah answers a few questions posed after her phenomenal run:

I overheard you saying that your GPS came up a little short, but do you have your mile splits?

Mile splits I had were: 7:07, 6:49, 6:37, 6:48, 6:34, 6:35, 6:52, 6:30, 6:32, 6:37, 6:47, 6:47, 6:48, 7:06, 6:55, 7:13, 7:20, 6:37, 7:15, 6:45, 6:51, 6:52, 7:04, 6:48, 6:45, 6:35, 6:34, 6:28, 6:19, 6:10, and 6:09 pace for the final .5 (my watch said 30.5)...BUT, Radke also had a GPS on that said 31.1 at the finish...so either my GPS was off, he is really bad at running tangents, or a little of both ;)

Were you surprised to learn that your performance would rank you in the top five North American women all-time at 50K?

I was VERY surprised. When I heard there was a 50K out there, I thought, perfect! I love a longer than normal long run, and especially when I have a chance to do it away from the river trail (I get lazy and complacent during normal training, should drive out to Sylvania, but so easy to just go out the door) anyway, I really just wanted to have a good training run. It makes me curious if I had been in a racing mindset what we could have done.

I know your main focus is on a little race in 2012 where the U.S. Olympic marathon team will be selected. But are you anticipating or looking forward to doing any "real" running?

Haha! I LOVE this question. I assume you mean either trails or ultras...the answer to both would be yes. I am more interested in the ultra distance than I am trails...because I suck at running single track. I would still do it for the scenery, challenge, and adventure, but as far as being competitive, I am curious what I can do in longer distances. If my track record continues, the longer the distance, the better I do. I don't know that I have true elite speed, but I can maintain pretty good speed for a pretty long time, so I definitely have the itch to test out some longer stuff. Of course, I don't know that I will jump into it full force right after 2012....I think I still have a few years of competitive marathoning left in me, and I don't know how training for 50-100 milers would affect that. I will definitely do more 50K's even next year. I have also stated that if I don't make the Olympic Team, I may do the Traveller as early as fall of 2012....but no promises.

From what we could tell your pacing was perfectly even (6:40 or so) before picking it up on the last lap. Was that the pace you were expecting, or how was the pace set with you three?

Honestly, I went into it wanting to run a progressively faster pace throughout...I knew from early on that wasn't going to happen, and I blame Radke. Ha! Scott and I train together a lot and had talked about how we wanted to run it and what the goal was. Neither of us was interested in really hurting too bad (not that 50K is ever just gonna be a breeze, but...) and that we would like to just start at a pace that we could slowly bring down and if we felt like it, really kick it up a notch at the end. Then Radke decided to show up. I know he has only run over marathon distance two other times...and I was fairly certain he would take it out faster than I really wanted from the get go, and I knew I would most likely go with him because the other option would be to run 31 miles mostly alone. Also, I didn't feel as fresh as I had hoped I would right from the beginning, so drop the early 6:30s on that and it turned out to not be the progressive run I had hoped for. It turned into just kind of sustaining the best we could. I think we all fed off each others' paces. Radke made early breaks a few times and Scott would usually make some comment to him "what are you trying to do to us"...the last time he broke off, about mile 23 I said "please just let him go, if he is ready to go, let him. I bet he comes back to us"...and he did, right about mile 27. I was still pleased with the run even though it was different from what I originally wanted. Once we got to the point on the last lap that the wind was not in my face, I just thought, I am DONE with this run....I don't care if you guys go with me, fly past me, fall behind me...I am going to kick it up to a gear I know I can sustain for 3 miles, and run in that gear until I hit the finish line. That is exactly what I did. I was happy to know that I still had a fast gear at the end of that long of a run. Also, that run was almost the end of what turned out to be a 104 mile week, the highest volume I've done in years if not ever (until last week, I beat that ;)) So my point is, I was certainly not fresh, and not tapered.

Do you feel you were "born to run"?

You know...I don't know WHAT I was born to do, but I know that running is the one thing that seems to make sense in my life. I love the people I have met through running, I love the experiences I have had, I love the freedom of being able to just take off and go....and forget about anything else for a while.... I love the challenge, trying to figure out what is next, how far can I go, how fast....what's the next great adventure.... If all of that makes me born to run, then absolutely.If it just makes me a nut job with a healthy addiction, so be it. :)

Any other thoughts?

Thanks so much for putting the event on. I hope it will become an annual thing. I will definitely come back. The whole day was great. Being around friends, seeing you guys every time we came around, being able to pass by and whack my buddies on the a\$\$ a couple times, beer, chili....what the heck more could a girl want?

Bona Dea 50K

November 13, 2010

Bona Dea Trail - Russellville, Arkansas

50K Run (2010-2011 UTS Race #5)

Place	Name	Sex	Age	City	Time
1	Leah Thorvilson	F	31	Little Rock	3:26:09
2	Scott Eason	M	45	Conway	3:27:25
2	Justin Radke	M	35	Little Rock	3:27:25
4	Mark DenHerder	M	46	West Fork	4:27:09
5	Jenny Weather	F	30	Maumelle	4:27:16
6	PoDog Vogler	M	44	Russellville	4:37:03
7	Jason Auer	M	28	Fayetteville	4:41:04
8	Murry Chappelle	M	51	Sheridan	4:44:48
9	Reid Landes	M	39	Little Rock	4:50:04
10	Carl Carter	M	30	North Little Rock	4:51:47
11	Joel Perez	M	32	Little Rock	4:52:20
12	Chrissy Ferguson	F	49	Conway	4:57:27
13	Alan Hunnicutt	M	56	Berryville	4:58:49
14	George Peterka	M	50	Hot Springs	5:08:20
15	Jamie Huneycutt	F	52	Fayetteville	5:21:15
16	Michelle Rupp	F	36	Little Rock	5:22:26
17	Lisa Vorwerk	F	42	Dover	5:52:23
18	Kimmy Riley	F	49	Mabelvale	5:57:54
19	Herb Jarrell	M	66	Kilgore, TX	5:58:12
20	Patrick Barker	M	46	Little Rock	6:34:01
21	Jesse Garrett	M	27	Fort Smith	6:58:27
22	Lisa Gunnoe	F	44	Judsonia	6:58:33
23	Bill Brass	M	71	North Little Rock	7:17:09

34 Starters

2010-2011 ULTRA TRAIL SERIES

UTS Applications and current participant list can be viewed at www.runarkansas.com

2010-2011 UTS Schedule

#1	7-24-10	Full mOOn 50K	8:00 p.m. start. Lake Sylvia
#2	8-21-10	Mt Nebo Trail Run-14 Miles	Mt. Nebo State Park
#3	9-11-10	Bartlet Park Ultras (50K,40M,50M)	Memphis area
#4	10-2-10	Arkansas Traveller 100	Perryville, Arkansas
#5	11-13-10	1st Bona Dea 50K	Russellville, Arkansas
#6	12-11-10	Lake Vista Trail Run	Mt Ida, Arkansas
#7	1-8-11	Athens-Big Fork Trail Marathon	Big Fork, Arkansas
#8	2-5-11	White Rock 50K	Cass, Arkansas
#9	2-19-11	Sylamore 50K	Allison, Arkansas
#10	3-11/13-11	3 Days of Syllamo	Mountain View, Arkansas
#11	TBA	Big Rock Mystery Run	Arrangements Pending
#12	4-16-11	Ouachita Trail 50K/50Mile	Little Rock, Arkansas

UTS Next Up!

UTS # 6 - Lake Ouachita Vista Trail (LOViT) Marathon

Saturday, December 11th, 2010 - 8:00 a.m.

Lake Ouachita-South side, near Mount Ida

Directions: Shangri La is located 25 miles west of Hot Springs and 12 miles East of Mount Ida North off Hwy 270. Look for signs posted for the run. Registration will be set up approximately 500 feet down OLD Hwy 270. Parking will be at that location and along the road.

The course will be on the Lake Ouachita Vista Trail, a single track footpath. This contains no significant creek crossings.

There will be a total of 6 stations set up along the trail all will have water and gatoraid, along with various goodies. Drop bag service will be available. There is no application or entry fee. There will be a waiver to sign and a donation can to cover the expenses. You will keep your own time and please check in at the finish.

Race contact: Phil Carr. Email bpcarr@windstream.net

UTS #7 –Athens-Big Fork Trail Marathon

(and) Blaylock Creek 17 Mile Fun Run

Saturday, January 8th, 2011 – 8:00 a.m.

Big Fork, Arkansas

Directions: From Little Rock, take I-30 thru Benton. Past Benton, Turn off I-30 onto the Hot Springs Hwy (Hwy 70). Entering Hot Springs, merge right onto the Hot Springs By-Pass and follow to the Hwy 70 west/Glenwood exit. Follow Hwy 70 to Glenwood. Entering Glenwood, look for Hwy 8 West. Follow Hwy 8 West for approx 32 miles to the small community of Big Fork. Look for the Big Fork Community Center on the right.

This run is not recommended for trail newbies.

No entry fee, however, a donation of \$5 per runner is encouraged to support the Big Fork Community Center, which is opened for the event.

Website: www.athensbigforkmarathon.com

Ultra Trail Series Standings

After Five Events

Open – Female

Name	FullMoon	Nebo	Bartlett	AT100	BonaD	Total
Kimmy Riley	47	45	51	75	27	245
Jenny Weather		56		105	55	216
Chrissy Ferguson	18	34		62	44	158
Tammy Walther	12			89		101
Lisa Gunnoe		22	41		21	84
Karen Hayes	24		52			76
Jamie Huneycutt	36				33	69
Veronica Battaglia	58					58
Dianne Seager				51		51
Judy Massingill	8	28				36
Katie Helms	30					30
Dottie Rea		16				16

Open – Male

Name	FullMoon	Nebo	Bartlett	AT100	BonaD	Total
PoDog Vogler	74		54	108	47	283
Mark DenHerder	52	45	54		58	209
Murry Chappelle	12	20	32	54	30	148
Rich Brown		11	43	92		146
Darby Benson	63	73				136
Jason Auer	13	39	43		36	131
George Peterka	11	8	26	65	18	128
Stan Ferguson	46	62				108
Mike Samuelson				78		78
Jeffrey Graham	24	51				75
Steven Preston	15	17		37		69
Alan Hunnicutt	21	14			24	59
Patrick Barker	5	3		31	12	51
Eli Perez				45		45
Don Pucik		9	32			41
Allen Plack	40					40
Andrew Graham	14	23				37
James Holland	34					34
Kevin Griffith		33				33
Steve Appleton	28					28
Matt Kirkpatrick		27				27
Johnny Eagles			26			26
Paul Turner	18					18
Steve Hern		13				13
Bill Brass	2	2		8		12
Pete Ireland	6	6				12
Malcolm Smith		12				12
Frank Massingill		10				10
Maurice Robinson	10					10
Matthew Jackson	9					9
Dale Powell	4	5				9

Open Male - Cont'd

Paul Schoenlaub	8					8
Dennis Baas	7					7
Joe Milligan			7			7
Michael Harmon			4			4
Greg Bourns	3					3

Masters – Female

Name	FullMoon	Nebo	Bartlett	AT100	BonaD	Total
Kimmy Riley	55	55	51	103	32	296
Chrissy Ferguson	27	44		87	54	212
Lisa Gunnoe		27	41		26	94
Jamie Huneycutt	44				43	87
Karen Hayes	33		52			85
Dianne Seager				73		73
Judy Massingill	21	33				54
Dottie Rea		21				21

Masters – Male

Name	FullMoon	Nebo	Bartlett	AT100	BonaD	Total
PoDog Vogler	66		54	107	46	273
Mark DenHerder	44	46	53		57	200
Murry Chappelle	20	34	42	53	35	184
Rich Brown		15	43	91		149
George Peterka	16	8	31	64	23	142
Darby Benson	55	68				123
Stan Ferguson	38	57				95
Alan Hunnicutt	32	28			29	89
Mike Samuelson				77		77
Patrick Barker	5	3		36	17	61
Eli Perez				44		44
Don Pucik		9	32			41
Kevin Griffith		40				40
Johnny Eagles			26			26
Paul Turner	26					26
Steve Hern		22				22
Malcolm Smith		18				18
Bill Brass	2	2			11	15
Maurice Robinson	13					13
Pete Ireland	6	6				12
Frank Massingill		12				12
Paul Schoenlaub	10					10
Dale Powell	4	5				9
Dennis Baas	7					7
Joe Milligan			7			7
Michael Harmon			4			4
Greg Bourns	3					3

Senior – Female

Name	FullMoon	Nebo Bartlett	AT100	BonaD	Total
Jamie Huneycutt	53			51	104
Dianne Seager			101		101
Karen Hayes	42	51			93
Judy Massingill	31	52			83
Dottie Rea		41			41

Senior – Male

Name	FullMoon	Nebo	Bartlett	AT100	BonaD	Total
Murry Chappelle	49	59	52	86	54	300
George Peterka	38	25	41	102	32	238
Alan Hunnicutt	60	48			43	151
Johnny Eagles			51			51
Steve Hern		37				37
Bill Brass	4	6			26	36
Maurice Robinson	32					32
Frank Massingill		31				31
Pete Ireland	14	13				27
Paul Schoenlaub	26					26
Dennis Baas	20					20
Dale Powell	10	9				19
Joe Milligan		19				19
Greg Bourns	7					7

Super Senior – Male

Name	FullMoon	Nebo	Bartlett	AT100	BonaD	Total
Bill Brass	21	31			51	103
Pete Ireland	33	42				75
Maurice Robinson	55					55
Joe Milligan		53				53
Dennis Baas	44					44
Greg Bourns	27					27

**UTS Miles (299 miles required for High Mileage Club)**

Name	FullMoon	Nebo	Bartlett	AT100	BonaD	Total
Kimmy Riley	31	14	40	100	31	216
Murry Chappelle	31	14	40	100	31	216
George Peterka	31	14	40	100	31	216
PoDog Vogler	31		31	100	31	193
Chrissy Ferguson	31	14		100	31	176
Lisa Gunnoe		14	31	100	31	176
Bill Brass	31	14		100	31	176
Stan Ferguson	31	14		100	31	176
Patrick Barker	31	14		100	31	176
Karen Hayes	31		31	100		162
Jamie Huneycutt	31			100	31	162
Paul Turner	31			100	31	162
Mike Samuelson				50	100	150
Pete Ireland	31	14		100		145
Steven Preston	31	14		100		145
Jenny Weather		14		100	31	145
Rich Brown		14	31	100		145
Tammy Walther	31			100		131
Johnny Eagles				31	100	131
Maurice Robinson	31			100		131
Paul Schoenlaub	31			100		131
Jason Auer	31	14	40		31	116
Mark DenHerder	31	14	40		31	116
Frank Massingill				14	100	114
Dottie Rea		14			100	114
Elaine Gimblet					100	100
Kim Johnson					100	100
Rosemary Rogers					100	100
Eli Perez					100	100
Joshua Bornhorst					100	100
Dianne Seager					100	100
James Holland	31		50			81
Alan Hunnicutt	31	14			31	76
Judy Massingill	31	14				45
Darby Benson	31	14				45
Andrew Graham	31	14				45
Jeffrey Graham	31	14				45
Dale Powell	31	14				45
Kevin Griffith	31	14				45
Matt Kirkpatrick	31	14				45
Don Pucik		14	31			45
Michael Harmon		14		25		39
Veronica Battaglia	31					31
Katie Helms	31					31
Steve Appleton	31					31
Dennis Baas	31					31
Greg Bourns	31					31
Matthew Jackson	31					31
Allen Plack	31					31
Joe Milligan		14				14
Steve Hern		14				14
Malcolm Smith		14				14

THE AURA ARCHIVE VAULT – A Second Look!

The names that are highlighted and underlined are AURA members/Arkansans completing the race this year. The BS's Stats are always subject to error. If you see or suspect an error, or see something that does not look right, please let me know at chrlypytn@gmail.com

The Western States 100

Stephen Tucker(88)	20:26:05
Paul Schoenlaub(04)	20:29:22
Stan Ferguson(02)	21:47:26
Stan Ferguson(05)	22:27:14
Ray Bailey(97)	22:34:25
Chrissy Duryea(95)	23:02:46
Chrissy Duryea(93)	23:16:36
Chrissy Ferguson(97)	23:18:08
Roy Haley(99)	23:36:08
Roy Haley(84)	23:44:14
Bill Maxwell(91)	23:48:41
Darin Hoover(05)	24:08:26
Bill Coffelt(88)	24:28:03
Max Hooper(88)	25:22:49
Steve Kirk(04)	25:53:41
Stan Ferguson(09)	26:22:16
Chrissy Duryea(92)	26:36:09
Larry Mabry(90)	26:37:07
Paul Schoenlaub(05)	26:49:42
Larry Mabry(89)	27:06:31
Roy Haley(91)	27:10
Roy Haley(88)	27:17
John Muir(09)	27:31:58
Nick Williams(91)	27:33:45
Max Hooper(86)	28:13:13
Max Hooper(89)	28:20:47
Lou Peyton(89)	28:29:52
Kevin Dorsey(06)	28:35:11
James Holland(09)	29:09:00
Mike Samuelson(06)	29:24:30
Chrissy Ferguson(09)	29:29:00
<u>Karen Martin(10)</u>	<u>29:29:22</u>
Bob Marston(93)	29:34:18
Bob Marston(96)	29:36:33
Michael DuPriest(07)	29:42:23
Bob Marston(94)	29:45:02
<u>Jen Foster(10)</u>	<u>29:50:38</u>
Bob Marston(97)	29:51:09

The Leadville Trail 100

Stephen Tucker(89)	21:32:45
<u>Paul Schoenlaub(10)</u>	<u>21:38:15</u>
Ray Bailey(94)	22:37:34
Ray Bailey(92)	22:39:29
Bill Laster(90)	22:43:35
Bill Laster(91)	22:55:45
Billy Simpson(03)	23:41:49
<u>PoDog Vogler(10)</u>	<u>24:11:43</u>
Paul Schoenlaub(06)	24:33:13
Bill Coffelt(90)	24:43:11
Robert Orr(03)	24:43:34
Stan Ferguson(09)	24:43:55
Steve Kirk(08)	25:16:05
Bill Laster(92)	25:22:15
Steve McBee(03)	25:26:08
Bill Laster(99)	25:35:33
Bill Laster(97)	25:36:29
Paul Schoenlaub(09)	25:49:08
Bill Laster(88)	26:07:54
Ray Bailey(00)	26:20:30
Stan Ferguson(08)	26:20:45
<u>James Holland(10)</u>	<u>26:21:28</u>
Paul Schoenlaub(05)	26:41:32
Paul Schoenlaub(04)	26:48:07
Paul Schoenlaub(08)	27:04:46
Paul Schoenlaub(07)	27:13:29
Veronica Bataglia(09)	27:16:10
Larry Mabry(91)	27:27
Ellis James(98)	27:38:02
Dr. Feelgood(94)	27:38:25
Bill Laster(98)	28:08:24
Jen Foster(09)	28:15:32
Dr Feelgood(96)	28:19:29
Jack Evans(95)	28:24:57
Greg Eason(01)	28:29:13
Nick Williams(88)	28:31:37
Max Hooper(88)	28:31:40
Larry Mabry(88)	28:37:24

Leadville Cont'd

Larry Mabry(92)	28:40:12
Mike Heald(92)	28:40:13
Randy Ellis(09)	28:41:36
Roy Haley(87)	28:42
Greg Eason(96)	28:46:11
Larry Mabry(89)	28:47:37
Lou Peyton(88)	28:48:44
Natalie McBee(08)	28:58:04
Lou Peyton(89)	28:58:34
Max Hooper(89)	29:11:34
Kevin Dorsey(06)	29:19:46
Mike Samuelson(06)	29:19:46
Roberta Orr(98)	29:27:34
Chrissy Ferguson(09)	29:36:04
Bob Marston(97)	29:40:14
Chrissy Ferguson(05)	29:43:42
Tom Holland(93)	29:44:46
Roy Haley(01)	29:47:58
Mario Martinez(99)	29:49:28
Angie Ransom(98)	29:50:11
Kyle Kruger(08)	29:55:20
Roy Haley(90)	29:56:52
Morris Miller(99)	29:58:47

Hardrock 100 Miler

Paul Schoenlaub(07)	37:09
Robert Orr(04)	37:36
Paul Schoenlaub(08)	38 :45
Nick Williams(93)	41:26
<u>Stan Ferguson(10)</u>	<u>42:46:09</u>
Greg Eason(04)	43:08
Dr. Feelgood(94)	43:41:47
Roberta Orr(04)	43:55
Nick Williams(94)	46:49:10
Dr. Feelgood(97)	46:51:09

Kettle Moraine 100 Miler

Paul Schoenlaub(03)	18:14:16
Paul Schoenlaub(05)	19:49
Paul Schoenlaub(02)	20:25:08
Stan Ferguson(07)	20:27:47
<u>Paul Schoenlaub(10)</u>	<u>21:26:32</u>
Make Samuelson(07)	23:42:10
Mario Martinez(04)	26:06:08
Barbara Bellows(04)	26:06:08
<u>George Peterka(10)</u>	<u>27:46:04</u>

Rocky Raccoon 100 Miler

Kevin Dorsey(08)	17:41:12
Kevin Dorsey(09)	18:42:47
Scott Eason(07)	18:49:18
Chrissy Ferguson(03)	19:50:12
Randy Davidson(95)	20:37:37
Mario Martinez(97)	20:50:09
Veronica Battaglia(09)	21:34:51
Michael Poole(09)	21:38:27
Randy Ellis(08)	22:35:44
Kevin Dorsey(07)	22:35:40
Kim Goosen(95)	22:39:56
Mike Samuelson(09)	22:56:48
Angie Ransom(96)	23:02:53
Mario Martinez(98)	23:33:53
Randy Ellis(07)	23:32:30
Jen Foster(07)	23:33:30
George Peterka(08)	23:38:13
Bob Marston(93)	23:38:44
Jenny Foster(06)	23:50:38
Greg Eason(06)	23:50:38
Kevin Dorsey(05)	23:58:35
Bob Marston(94)	24:15:36
Irene Johnson(94)	24:19:00
Kathy Hoover(07)	24:33:01
Bob Marston(96)	24:53:02
Lou Peyton(96)	25:19:02
Mario Martinez(93)	25:22:02
Bob Marston(95)	25:48:32
Bob Marston(97)	25:50:45
Roy Haley(98)	25:52:29
Kimmy Riley(95)	26:12:40
Dianne Seager(95)	26:22:42
Dianne Seager(96)	26:54:47
Irene Johnson(95)	27:08:55
Charley Peyton(94)	27:10:00
Lou Peyton(94)	27:10:02
Laura Eakin(01)	27:19:34
Laura Eakin(00)	27:27:27
Bob Marston(98)	28:04:43
Ken Bland(07)	28:10:07
Steve Eubanks(95)	28:10:12
Bob Marston(99)	28:16:50
<u>Tammy Walther(10)</u>	<u>28:28:16</u>

(e)BONUS PHOTO

Picture provided by AURA brother Guy Patteson

'Til Next Year



“Goodnight John Boy”

It is Finished!

22nd Edition' Number 11

The AURA – Some have been naughty; some have been nice!

A Member of the Road Runners Club of America