

## Gun Deer Season Dates In The Lake Sylvia Area



Muzzleloader: Oct 16 thru Oct 24<sup>th</sup> and Dec 18<sup>th</sup> thru Dec 20<sup>th</sup>  
Modern Gun: Nov 13<sup>th</sup> thru Nov 21<sup>st</sup> and Nov 25<sup>th</sup> thru Dec 5<sup>th</sup>.

### *The ARKANSAS ULTRA RUNNER*

October/November 2004

Newsletter For Members And Friends Of The Arkansas Ultra Running Association

[WWW.RUNARKANSAS.COM](http://WWW.RUNARKANSAS.COM)

(AURA's official web site)

Gentle Reader: If your name is highlighted on the address label, it is time to renew your AURA membership. Don't be an AURA *Hasbeen!*

**MESSAGE FROM THE BIGSHOT;** For those of you who attended the Arkansas Traveller 100 this year, I know that you were pleasantly surprised with the restoration work that was done to Camp Ouachita, the race Head-Quarters. For all of our AURA members; past and present Arkansas Traveller participants and other interested souls, I write the following account of the Arkansas Traveller's contribution to the restoration of Camp Ouachita. It comes in two sections.

**Section One -** In the early fall of 1990, Lou had recently completed the "*Grand-Slam of Ultra Running*" and came up with the idea of having a 100 mile race in Arkansas. Her thoughts were to have a race close to home and showcase the beauty of the area that we trained. I told her to contact the Unites States Forest Service(USFS) in Perryville and find out what we needed to do to have a race in the Lake Sylvia area. Her contact was Bill Paxton who at that time was the Outdoor Recreation Planner for the Perryville Ranger District of the Ouachita National Forest. Mr. Paxton set up a meeting with Lou. He was very encouraging and gave us the forms to fill out for the Special Use Permit. I filled it out and turned it in. One of the questions concerned the dispositions of any profit from the race. Because I was a member of the Little Rock Roadrunner club, I wrote that any profit would be given to them. A short time later Mr. Paxton called our home and told us about a group of Perry Country families who had formed an organization called the Lake Sylvia Community Development Project (LSCDP) and their goal was rescue Camp Ouachita from neglect and ruin and to restore it to some useful community purpose. Camp Ouachita was built by the CCC in the late 1930's. and served until the late 70's as a girl scout camp. Due to "bad water" it was abandoned and deeded back to

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the USFS. Under the tutelage of the USFS, Camp Ouachita became a victim of decay and vandalism. A new roof was put on the Great Hall which served to preserve the structure from the elements however all of the out buildings were allowed to waste away. Lou and I agreed that this would be a good cause. The first year we gave the organization \$912.60 which in essence got the group literally on their feet. Heretofore, their fun raising consisted of, among other things, t-shirt and coffee mug sales. You can imagine what the Lake Sylvia Community Development Project thought of ultra runners now! Lou and I went to their Christmas gatherings and special events and even a funeral. These were the best people you could ever associate with. They were so enthusiastic about saving Camp Ouachita and so appreciative of the Ultra Runners for the help that we gave them. Over the years I saw their spirits rise and fall in their efforts to save the Camp. I am confident that they will tell you as they have told me, that if it were not for the Ultra runners, they might have given up. They would be set back and then a check from the AT100 would come and they would just have to keep going. I will give you an example: Several years ago there was a press release from the Congressman's office that appeared in the Perryville newspaper. The press release said that something like \$45,000 had been approved from the USFS to restore Camp Ouachita. The Lake Sylvia folks got all excited and invited all supporters of the project to a potluck dinner at Camp Ouachita where the USFS representative was scheduled to speak. After dinner the USFS announced the \$45,000 was going to be used to build a new bathhouse at Lake Sylvia and bring in a water line from Hwy 10. If there was any money left over, it would be used on Camp Ouachita. After the meeting, I saw members of the LSCDP cry. They were just heart broken, embarrassed and depressed. Some in the group I don't believe ever got their passion back. But due to the continued support from the AT100 there were those who kept it alive and didn't give up.

**Section Two** - On Friday September 17<sup>th</sup>, 2004, Lou and I went to the dedication of the newly refurbished Camp Ouachita. Congressman Snyder and Senator Lincoln were speakers along with County Judges and other political types. Speaker after speaker (it was a long afternoon) patted themselves on the back for the contributions that each had made and I don't want to downplay the role that each of them played in getting this project to completion. I don't know how much money it took but there were big grants from the government and the private sector. The moderator of the day was Rocky Harrell Secretary/Treasurer of the Central Arkansas Recourse Conservation and Development Council (RC&D), a quasi- governmental agency that raised funds and dispenses grants for rural development. The key thing that caught my attention was this that he said - *In the late 80's Camp Ouachita was in a fast state of decline. The USFS had made a decision to tear down the remaining structures. A group of Perry County residents came to the Central Arkansas RC&D and asked for help in saving Camp Ouachita. They were told that if they could show community support, RC&D would consider helping* As you remember from Section One above, the group organized themselves under the name of the Lake Sylvia Community Development Project and the Arkansas Traveller 100 was their main supporter. I am convinced that without the contribution and support of these two groups, Camp Ouachita would not have happened. Little was said about the Lake Sylvia Group at the ribbon cutting; nothing was mentioned of the Ultra runners. This ribbon cutting was all about the big money that finally came in and

the politicians loved it. I will be the first to admit that the contributions from the A1100 was merely small potatoes compared to what it finally took to complete Phase One (of Three) at Camp Ouachita. If I have any disappointment at the ceremony it was that the Lake Sylvia Community Development Project got only passing mention and I know how hard they worked to see this day

I have written this account for those who will follow after me. I know that if I did not write it down it, like other things, will be forgotten and it will be like it never happened.



Old photo of Camp Ouachita as it appeared several years before restoration.

**MORE MESSAGE FROM THE BIGSHOT:** We want to congratulate our AURA brother, Paul Schoenlaub, for completing the 2004 *Grand-Slam of Ultra Running*. Paul successfully completed the Western States 100 (June); Vermont 100 (July); Leadville 100 (August) and the Wasatch 100 in Utah in September. This is quite an honor and I hope to get a powerful AURA interview in the next issue of this newsletter. Paul now stands beside his fellow AURA brothers and sister Lou Peyton, Max Hooper, Larry Mabry and Bob Marston who are past recipients of this accomplishment.

The AURA welcomes two new members this month: Cindy Ballany of Little Rock and Don Price of Mount Pleasant, Texas. Don is a previous AURA Letterman who completed the 1994 Arkansas Traveller in a time of 26:52:25



14th Arkansas Traveller 100  
 October 2-3, 2004  
 Ouachita National Forest, Arkansas

Preliminary Results

1	15:37:26	James Kerby	M 41	WA
2	17:32:31	Joe Kulak	M 36	CO
3	20:14:33	Tim Lee	M 42	AL
4	20:37:51	Don Ryan	M 55	MO
5	20:50:14	John Dove	M 39	GA
6	20:52:35	Darin Hoover	M 39	AR
7	21:20:55	Ryan Loehding	M 32	TX
8	21:22:51	Kaoru Takahashi	M 37	Japan
9	21:28:41	Drew Meyer	M 57	TX
10	21:32:35	Chrissy Ferguson	F 43	AR
11	21:53:40	Jesse Wilson	M 29	TX
12	22:24:21	Erik Moortgat	M 36	TX
13	22:25:42	Julie Arter	F 43	AZ
14	22:52:52	Liz Walker	F 45	GA
15	23:00:25	Gary Gehrki	M 50	AR
16	23:12:17	Dianne Seager	F 48	AR
17	23:16:43	Jose Wilkie	M 41	KY
18	23:28:30	James Stroup	M 57	MO
19	23:38:12	Wayne Coates	M 56	AZ
20	23:39:57	Brian Kuhn	M 31	IL
21	23:41:21	Michael Dennis	M 52	IN
22	23:54:16	George Hitzfeld	M 44	TX
23	23:54:18	Noora Alidina	F 48	FL
24	24:47:53	Steven Michael	M 54	GA
25	24:52:06	Kathy Youngren	F 30	AL
26	24:52:06	Robert Youngren	M 30	AL
27	24:52:06	Jim Musselman	M 44	GA
28	24:56:47	Barbara Bellows	F 50	AR
29	25:00:36	Patty Groth	F 48	AR
30	25:05:04	John Opalko	M 42	TX
31	25:26:28	Kyly McMurray	F 44	WA
32	25:26:28	Kevin Dorsey	M 33	TN
33	25:30:04	Michael DuPriest	M 48	AR
34	25:30:55	Murry Chappelle	M 45	AR
35	26:06:16	Eugene Trahern	M 41	OR
36	26:11:37	Mike Moers	M 36	AL
37	26:14:00	Frank Gousman	M 50	NJ
38	26:19:51	Angie Orellano	F 54	AR
39	26:20:00	Frederick Hindman	M 43	OH
40	26:21:18	Gary Speas	M 51	AR
41	26:35:13	Roger Ackerman	M 58	GA
42	26:42:08	Anita Finkle	F 38	VA
43	26:42:08	Jay Finkle	M 41	VA
44	26:45:54	Letha Cruthirds	F 51	TX
45	26:47:07	Harold Hays	M 46	AR
46	26:53:11	Robert Alexander	M 50	TX
47	26:55:26	JulieAnn Bergman	F 49	CO
48	27:17:50	David Billman	M 50	TX
49	27:19:03	Terry Murphy	M 49	GA
50	27:21:45	Robert Crosby	M 46	SC
51	27:29:23	Joe Prusaitis	M 49	TX
52	27:29:23	Henry Hobbs	M 49	TX
53	27:40:54	Jerry Frost	M 49	MO
54	27:58:50	Lynne Werner	F 53	WA



New Course Record

First Female and  
 11<sup>th</sup> AT100 finish

2002 AT100 record holder  
 Joe Kulak(#3) at the  
 Chick Gap Aid Station-Mi 47

55	28:07:00	Stuart Johnson	M	45	KS
56	28:10:31	Pete Ireland	M	64	AR
57	28:15:17	Jean-Jacques d'Aquin	M	65	CO
58	28:17:33	Michael Samuelson	M	39	TN
59	28:22:07	Thorbjorn Pedersen	M	49	TX
60	28:31:24	Joe Kallo	M	30	IL
61	28:35:47	Rex Friend	M	49	OK
62	28:39:55	Susan Robison	F	22	WY
63	28:43:03	John Hargrove	M	60	OK
64	28:56:24	Rob Hills	M	38	MO
65	29:01:06	Jim Ingalls	M	59	TX
66	29:02:57	Amanda Perron	F	31	LA
67	29:09:52	Peter Bennett	M	29	TX
68	29:11:59	Kimberly Sergeant	F	45	TX
69	29:13:38	Dave Hartinger	M	39	OH
70	29:13:38	R. Mark Hartinger	M	47	WA
71	29:25:40	Ricky Pampo	M	29	LA
72	29:37:29	Yen Nguyen	F	42	TX
73	29:41:01	Chau Pham	M	51	CA
74	29:41:37	Mary Vish	F	54	NJ
75	29:46:50	Katsuyuki Hatta	M	40	Japan
76	29:48:24	Joni Fontana	F	42	MD
77	29:49:12	Bonnie Riley	F	52	MN
78	29:49:12	Donald Clark	M	53	MN
79	29:51:41	Joseph Cichon	M	40	IL
80	29:51:41	Leonard Martin	M	51	TN
81	29:53:17	Hiromi Hatta	F	43	Japan
82	30:00:56	David Allen	M	45	TX

## AURA's Boyz and Girls At the Arkansas Traveller

Pl	Name	Time
6.	Darin Hoover	20:52:35
10.	Chrissy Ferguson	21:32:35
16.	Dianne Seager	23:12:17
28.	Barbara Bellows	24:56:47
29.	Patty Groth	25:00:36
32.	Kevin Dorsey	25:26:28
34.	Michael Dupriest	25:30:04
38.	Angie Orellano	26:19:51
40.	Gary Speas	26:21:18
45.	Harold Hays	26:47:07
56.	Pete Ireland	28:10:31
58.	Mike Samuelson	28:17:33

133 Starters



AT100 Volunteer, Nick Williams, greets number 52, Rhonda Ferguson, as he hangs glow sticks on Smith Mountain, Mile 45.

# Runners and Volunteers



You are invited to the Arkansas Traveller 100 Post-Race Appreciation Picnic!!!

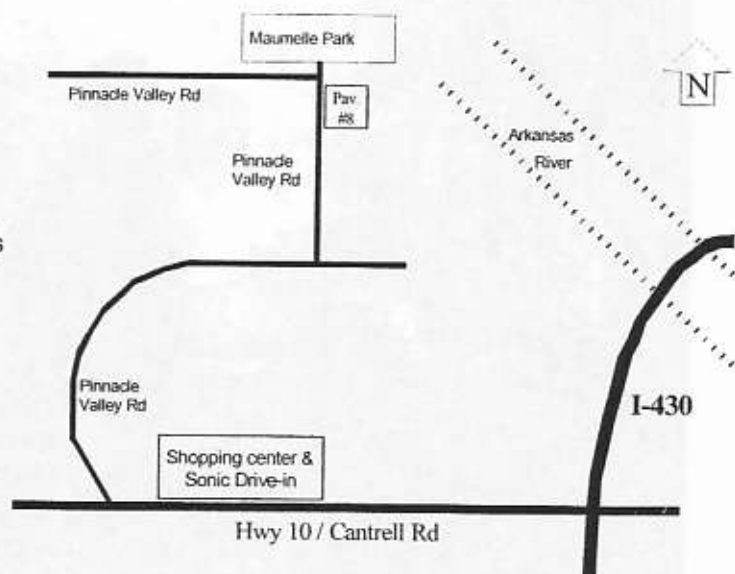
DATE: October 24, 2004 (Sunday)  
TIME: 4:00 PM  
WHERE: Maumelle Park, Pavillion #8  
R.S.V.P. - To Stan and Chrissy Ferguson  
501-329-6688 / StanChrissy@earthlink.net

The Arkansas Traveller will provide: Hot dogs, Hamburgers, Beans, Chilli, Chips, Potato salad and soft drinks.

Bring your families; if you would like something else to drink, please bring it with you.

## Directions:

From Interstate 430 at Highway 10 in west Little Rock, go West on Hwy 10/Cantrell Rd. Stay on Hwy 10 for approximately 2.7 miles. Make a Right turn onto Pinnacle Valley Rd. (This turn is soon after a Sonic Drive-In; look for a brown sign indicating Maumelle Park.) Pinnacle Valley Rd makes a left turn about 1.5 miles from Hwy 10 (watch again for a brown Maumelle Park sign). Follow for less than a mile, to get to Maumelle Park. Pavilion #8 is on the right, just BEFORE you enter the park.



Arkansas and AURA Women\*  
 who have completed the  
 Arkansas Traveller 100 Miler

Chrissy Duryea(95)	17:53:10	Ivy Franklin(96)	27:25:44
Chrissy Duryea(94)	18:40:36	Teresa Lasiter(95)	27:26:24
Chrissy Duryea(93)	18:50:38	Lou Peyton(99)	27:31:54
Chrissy Duryea(96)	19:28:13	Jamie Huneycutt(98)	27:40:00
Chrissy D. Ferguson(97)	19:43:46	Lou Peyton(00)	27:42:53
Chrissy Duryea(92)	20:38:08	Carrie Dupriest(03)	27:44:22
Chrissy D. Ferguson(99)	20:58:48	Irene Johnson(94)	27:48:05
Chrissy Ferguson(01)	21:24:53	Donna P. Duerr(91)	27:31:43
Chrissy Ferguson(04)	21:32:35	Charlotte Davis(91)	27:35:04
Chrissy Ferguson(02)	21:35:27	Patty Groth(01)	27:56:59
Chrissy Ferguson(00)	22:13:33	Jamie Huneycutt(01)	27:57:16
Tamara Zagustin(03)	22:34:12	Patty Groth(00)	28:01:05
Dianne Seager(04)	23:12:17	Gayle B. Bradford(94)-	28:03:40
Angie Ranson(95)	23:50:17	Dianne Seager(03)	28:15:32
Roberta Orr(98)	23:51:35	Patty Groth(02)	28:34:09
Lou Peyton(93)	23:52:05	Irene Johnson(91)	28:40:16
Angie Ranson(97)	24:28:27	Dianne Bell(93)	28:59:41
Barbara Bellows(04)	24:56:47	Donna Hardcastle(91)	29:04:20
Patty Groth(04)	25:00:36	Holly Larkin(01)	29:06:43
Barbara Bellows(03)	25:04:55	Carrie Dupriest(99)	29:09:45
Lou Peyton(92)	25:12:46	Ann M. Moore(93)	29:10:03
Barbara Bellows(02)	25:26:53	Donna P Duerr(98)	29:14:38
Angie Ransom(00)	25:27:11	Brooke Touchstone(98)	29:15:30
Irene Johnson(92)	25:27:46	Kimberly Pavelko(98)	29:17:00
Kimberly Pavelko(99)	25:27:52	Angie Ransom(99)	29:27:01
Angie Ransom(03)	25:58:21	Donna P. Duerr(92)	29:27:14
Lou Peyton(94)	25:32:20	Angie Ransom(02)	29:28:11
Charlotte Davis(93)	25:37:37	Ann M. Moore(92)	29:37:25
Angie Ransom(01)	25:45:44	Dianne Seager(99)	29:44:18
Dianne Sweatt(96)	25:54:31	Rhonda Ferguson(03)	29:50:02
Kimmy Pavelko(01)	26:07:35		
Angie Orellano(04)	26:19:51		
Dianne Sweatt(97)	26:22:57		
Kimberley Pavelko(95)	26:30:48		
Jamie Huneycutt(03)	26:43:26		
Patty Groth(03)	26:50:15		
Dianne F. Bell(95)	26:53:19		
Lou Peyton(98)	27:01:56		
Dianne Seager(02)	27:14:05		

\* - Please note that there is a tendency for our AURA Sisters to change names. The BigShot has made a command decision to leave the names as they are listed in the official results. If you wish to alter this list to reflect your current involvement, let him know and he will be glad to oblige.

Please report any omissions or corrections to  
 501-225-6609 or chrlypytn@aol.com

Women who he completed five(5) or more Arkansas Traveller 100's  
 Chrissy Ferguson(11); Dianne Seager(8); Angie Orellano(8); Lou Peyton(6) and  
 Patty Groth(5).



## ULTRA TRAIL SERIES

Smith Mountain Loop – 23 Miles (+/-)  
Ouachita National Forest September 6<sup>th</sup>, 2004

1. Tom Aspel	3:23	18. Maurice Robinson	4:18:10
Chuck Campbell	3:23	19. Kimmy Riley	4:21
David Partridge	3:23	20. Mike Dupriest	4:21:10
4. John Muir	3:29:33	21. Dianne Seager	4:40
5. Kyle Baldwin	3:33	22. Pete Ireland	4:40:10
Stan Ferguson	3:33:17	23. Mike Samuelson	4:50
7. Roberta Orr	3:49	24. Angela Montgomery	4:50:20
Magdalena Font	3:49	25. Ernie Peters	5:05
9. Devin Dorsey	3:55	26. Paul Mattocks	5:10
10. Ricky Utley	3:57	27. Patty Groth	5:13
11. Paul Turner	4:03	28. David Trower	5:13
12. AP Stone	4:03:23	29. Dottie Rea	5:32:39
13. Mike Moers	4:12	30. Robin Ballheimer	5:32:40
14. Darin Hoover	4:15	31. Lou Peyton	5:55
Jesse Wilson	4:15	32. Ann Moore	6:49
16. Chrissy Ferguson	4:17	33. John Knapp	6:50
Eli Perez	4:17	34. Rosemary Marston	6:56

**RETREADS** (*Retired Runners Eating Out*) meet monthly at Franke's Cafeteria on Rodney Parham at 11:30 am the first Wednesday of every month. Sometimes we dress up with a runner related item to identify ourselves; sometimes we bring old pictures or race results

## ULTRA TRAIL SERIES RACE CALENDAR

July 24<sup>th</sup>, 2004 *The Midnight 50Km*. UTS #1 8:00 p.m. from the Ouachita Trail parking lot at Lake Sylvia

Sept 6<sup>th</sup>, 2004 *Smith Mountain Loop* UTS #2 6:30 a.m. from the intersection of FSR 2 and FSR 114.  
Details on page one in this newsletter.

Nov 13<sup>th</sup>, 2004. *Gulpha Gorge Challenge* 16-18 miles. UTS #3 7 a.m. start from the Gulpha Gorge c  
Campground in Hot Springs. See directions on the next page.



Directions to the **Gulpha Gorge Challenge**: I-30 thru Benton. Out of Benton turn right onto the Hot Springs highway, Hwy 70 west. As you enter Hot Springs, take the last exit on the right that directs you to the Gulpha Gorge National Park Campground. After exiting, you will come to a stop sign. Turn right and go a very short distance to the entrance to the campground. Turn left to enter and go all the way to the rear of the campground. There will be a trail briefing about 6:45 a.m.

Dec 11th, 2004 **Wildcat Mt Trail Run**. (Modified from 2003) UTS #4. 8:00 a.m. start. 11 miles (+/-) New starting location. Details: Hwy 10 and Williams Junction. Turn left onto Hwy 9. Go 4 miles on Hwy 9. The turnoff is the first forest road on the right past the Winona Forest Drive. Turn right onto this unmarked FSR and go about two blocks to a pipeline crossing. Park. Course marked with flour and ribbons. One water only stop about four miles in that will be used on the return. Charles Peyton-225-6609

Jan 8<sup>th</sup>, 2005 **Athens-Big Fork Trail Marathon**. UTS #5 8:00 a.m. start from the Big Fork Community Center, Big Fork Arkansas.

Feb 5<sup>th</sup>, 2005 **White Rock Classic 50Km** UTS #6 (also 25Km fun run) 9:00 a.m. start. Turner Bend near Cass, Arkansas, on Hwy 23.

Feb 19<sup>th</sup>, 2005 **Sylamore Trail 50Km** UTS #7. Allison, Arkansas. 7:00 a.m. start. Randy and Bobbie Davidson, RD's. [pathpounder@sbcglobal.net](mailto:pathpounder@sbcglobal.net) for complete race information. Entries limited 250.

Mar 18-20<sup>th</sup> **Three Days of Sylamo** UTS #8. Mountain View area. Entry required. Email [threedaysofsylamo@mail.com](mailto:threedaysofsylamo@mail.com) Entries limited to 100.

Apr 16th, 2005 **Ouachita Trail 50 Miler/50Km** UTS #9. Little Rock, Arkansas. Stan and Chrissy Ferguson, RD's. 501-329-6688.

TBA **The Catsmacker** UTS #10. Lake Sylvia Rec Area. Stan and Chrissy Ferguson, RD's. 501-329-6688.

**AURA FALL HOROSCOPE** - *Gemini*-Despite your tawdry behavior at a prerace party, your fantasy companion does not forsake you. *Pisces*- Your sense of humor will pull you out of your next jam. *Capricorn*- Now is not the time to go easy. *Leo* - To be a BigShot you must beat the BigShot!

## ULTRA CORNER

Do [chrlypytn@aol.com](mailto:chrlypytn@aol.com) to enter your times into the AURA archive vault.

### Stumpjumper 50K

Chattanooga, Tennessee/October 9<sup>th</sup>, 2004

Steve Kirk	5:06	
Tamara Zagustin	5:03	Second female
Roberta Orr	5:18	Forth female

## REGIONAL ULTRA CALENDAR

(Starting to build; Ultras that are listed on the UTS Race Calendar and require registration and entry fee, are also listed here.

If you have a favorite race you wish to be listed let the BS know)

Dec 11<sup>th</sup>, 2004 Sunmart 50K and 50Mile. Huntsville, Texas. [www.rogersoler.com/](http://www.rogersoler.com/)

## 2005

Jan 8<sup>th</sup>, 2005 Bandara 100K. Bandara, Texas. Joe Prusatitis, 1101 Plymouth, Austin, Texas 78758. [www.hillcountrytrailrunners.com](http://www.hillcountrytrailrunners.com)

Feb 5<sup>th</sup>. Rocky Raccoon Trail 100. Huntsville, Texas. Joe Prusatitis, 1101 Plymouth, Austin, Texas 78758. [www.hillcountrytrailrunners.com](http://www.hillcountrytrailrunners.com)

Feb 19<sup>th</sup>, 2005 *Sylamore Trail 50Km* UTS #7. Allison, Arkansas. 7:00 a.m. start. Randy and Bobbie Davidson, RD's. [pathpounder@sbcglobal.net](mailto:pathpounder@sbcglobal.net) for complete race information. Entries limit this year.

Mar 5<sup>th</sup>, 200 Mississippi 50 Trail Run. 50 Mile, 50 K and 20K. Laurel, Mississippi. [info@ms50.com](mailto:info@ms50.com).

Mar 18-20<sup>th</sup> *Three Days of Sylamo* UTS #8. Mountain View area. Entry required. Email [threedaysofsyllamo@mail.com](mailto:threedaysofsyllamo@mail.com)

Mar The Grasslands 50 Mile

Mar Cross Timbers 50 Mile Sherman, Texas.

Apr 16<sup>th</sup>, *Ouachita Trail 50 Miler/50Km* UTS #9. Little Rock, Arkansas. Stan and Chrissy Ferguson, RD's. 501-329-6688.

May Strolling Jim 40 WarTrace, Tennessee.

May Berryman 50K, 50 Mile

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An RRCA Sanctified Running Club