

# THE ARKANSAS ULTRA RUNNER

JULY  
(slim pickin's)

*A newsletter for members and friends of the Arkansas Ultra Running Association*

**MESSAGE FROM THE BIGSHOT** – Greetings fellow AURA members. After a month of downtime due to a computer crash, we are up and running. There are still some bugs to be worked out in learning the new system and trying to reconstruct lost records. But, in time, this will only be a bad memory.

Big news! The 2002 Hardrock 100 has been cancelled due to fire danger in south west Colorado. Several AURA members had entered the race and now must look elsewhere. My motto has always been, "The less of them the more for us". I expect the AT100 to benefit from Hardrock's misfortune.

Next AURA run is the Midnight 50K which is scheduled for August 10<sup>th</sup> at Lake Sylvia. I am going out to scope out the roads that we have been using. I understand that the USFS has been doing road work on the Winona Forest Drive(132)

The Little Rock Roadrunner Clubs 17<sup>th</sup> annual Talent Show and Pot-Luck is scheduled for August 8<sup>th</sup> at Maumelle Park Pavilion # 7. 6:30 p.m. Yours truly is again booking talent for the show. I will be calling upon individuals from the AURA to do something. Talent is optional. More later.

Just in off the NET. AURA President, Stan Ferguson, completed the 2002 Western States 100 in a time of 21:47, 38<sup>th</sup> place. By next issue I hope we can have a full race report from Stan and also from Chrissy who was his pacer.

## ULTRA CORNER

The Catsmacker-UTS#9  
May 20<sup>nd</sup>/Lake Sylvia Recreation Area

Place Name	Time	UTS Points
1. Kevin Kendrick	2:40:19	64
2. Jack Evans	3:03	53
3. Mark Oliver	3:07	42
4. Darin Hoover	3:09	36
5. Danny Mann	3:21	30
6. Kimmy Pavelko	3:37	59
7. Chrissy Ferguson	3:26	48
8. Jim Sweatt	3:47	24
9. Roberta Orr	3:47	37
10. Ted Bowden	3:47	18
11. Patty Groth	4:02:07	31
12. Pete Ireland	4:02:07	14

2003 Ultra Trail Series #1  
*The Midnight 50Km Fun Run*  
August 10<sup>th</sup>, 8:00 P.M.  
Ouachita Trail Parking lot  
at Lke Sylvia Rec Area.  
No entry; no awards; no  
T-shirts. Course: Out and back  
On the Winona Forest Drive(FSR132)  
Race briefing at 7:45 P.M.

13. Gary Speas	4:02:11	11
14. Ernie Peters	4:02:12	8
15. Tina Coutu	4:02:13	25
16. Larry Franklin	4:23	5
17. Larry Mabry	4:24	4
18. Pam Rusch	4:25:32	19
19. Lou Peyton	4:48	13
20. Paulette Brockinton	5:04:00	9
21. Kim Fischer	5:04:13	6
22. John Knapp	5:16	3
23. Stan Ferguson	3:31	2

National Trails Day's Brushheap Mountain's 18 Mile Challenge  
June 1<sup>st</sup>, 2002/Albert Pike Recreation Area

(Boys)

1. Stan Ferguson	2:27:20
2. John Bitler	2:33:43
3. Rick Utley	2:35:34
4. Jeremy Maxwell	2:36:39
5. Pablo Lowrey	2:38:47
6. Steve McBee	2:39:00
7. James Nicholes	2:48:21
8. John Hughes	2:52:06
9. Jason Thomas	3:08:33
10. John Gaston	3:16:56
11. Kim Howard	3:18:35
12. Tony Bailey	3:37:26
13. Nick Avery	3:40:30
14. Rodney Gordon	3:41:21
15. Wayne Ravenberg	3:43:03
16. Jon Lucas	3:46:00
17. Mark Hofand	3:47:45
18. Pete Ireland	3:47:45
19. Gred Holland	4:27:32
20. John Knapp	5:08:16
21. Steve Eubanks	5:12:35
22. Brent Kelly	5:30:00

(Girls)

1. Kelly Fredgren	3:07:02
2. Natalie McBee	3:30:00
3. Linda Wood	3:49:55
4. Debbie Rigsby	3:58:06
5. Melanie Baden	4:45:00
6. Tina Coutu	4:45:00
7. Lou Peyton	5:21:00
8. Mary A. Miller	6:11:00

# 2002 ULTRA TRAIL SERIES

With the Catsmacker UTS#9 completion, the 2002 Ultra Trail Series comes to a close. Congratulations to all of the *Queens* and *Kings* of the Trail. I will try to do some kind of cheap lamination for you. In my deceased computer, I had the history, rules, etc of the Trail Series. It is gone forever. For those just vaguely familiar with the *Series*, we (Nick Williams and I) started the series in 1989 as a series of low-key off road races. Points were awarded for your finish place and at the end of the season, and King and Queen of the Trail was crowned based on your total number of points. We have since extended the crowning to include masters, seniors and now super-seniors. Our first race location began off of Hwy 10 across from Lake Maumelle with the *Pigeon Roost Mountain Run* which was about 20 miles. I remember that we had 40 + runners that morning. Several significant changes have happened since the beginning. The main one being the gating off of all our running territory off of Hwy 10 and leasing the land to the hunting clubs in 1994. From this we move most of the local runs to the Lake Sylvia area. Several of our AURA members then stepped up and sponsored their own runs in areas outside of the Little Rock. These include the Athens-Big Fork Trail Marathon, White Rock Classic 50K, Sylamore 50K and the Gulpha Gorge Classic at Hot Springs. Our mission in crowning our Kings and Queens is to reward speed and perseverance. For this reason we set a minimum and maximum on the race results. To qualify for a title, a runner must complete a minimum number of runs in the year. Usually this is half of the schedule. This year we had nine runs; our minimum was four. Our maximum was set at eight. This means that if you completed all nine only eight would count. . If anyone has suggestions to improve the system, put it on me. But remember, if you complain, you get be in charge.

## 2002 ULTRA TRAIL SERIES

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## KING AND QUEEN O'TRAIL

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Stan Ferguson and Kimmie Pavelko  
Jim Sweatt and Patty Groth, Masters  
Ernie Peters and Lou Peyton, Seniors  
Pete Ireland and Ann Moore, Super-Seniors

# AURA-OFF The RECORD

**Bike Riders: Bobbie Davidson, Vicki Ingram, Lou Peyton Linda Sivils,  
John Knapp and Charley Peyton**

The AURA trip to the Katy Trail in June was nearly flawless. Our trip started from Little Rock with the first stop being Springfield, Missouri, and a brief visit and lunch at Missouri's main tourist attraction-Bass Pro Shop. After a quick look through, we continued on Hwy 65 to Interstate 70 where we turned east to the small town of Boonville. The total distance from Little Rock to Boonville was 379 miles. Our destination at Boonville was the Comfort Inn. The reason we chose this location was that you could leave the motel room and ride your bikes directly to the trail. I case you have forgotten, the KATY Trail is a 225 mile rails to trail biking/hiking path that runs from St Charles to Clinton, Missouri. The surface is finely crushed limestone. Our first day was to be our longest, 74 miles(out and back). At 7:00 a.m. sharp we left the motel and rode the ½ mile to the trail. We took pictures and were off. My original plan was to ride west from Boonville to the out skirts of Sedalia and turnaround. When Johnny and I arrived at the Turnaround point, we were overruled by Vicki and Lou, who decided to ride the roads into Sedalia and eat lunch at a 50's style dinner called Eddies. Our mileage at this point was about 36 miles. On the return Bobbie was the first to wilt. She had gotten several cell calls after our start from husband Randy concerning their home back in Little Rock. (They had placed their home on the market and Randy had gotten a firm offer which meant counter offers, etc.) I am sure this affected her performance. Nevertheless she revived towards the end of the day and the Bigshot found himself bringing up the rear. We went into town for dinner that afternoon and were disappointed to hear that Bobbie would have to go back to Little Rock and help take care of business. The next morning, Bobbie-less, we got on the trail for and out and back segment from Boonville to McBaine(going east). The main attraction for me was at Rocheport(35 miles) where I have been waiting all year for a Pork chop Sandwich at the Trailside Café. I ended up eating two. I have had my year's quota of Pork chop sandwiches. Heading back from Rocheport, we encounter a stiff headwind for about eight miles before we turn toward the river and see the bridge at Boonville. Back at the motel we packed up quickly and drove down I-70 to Jefferson City and another Comfort Inn. After a good nights rest, we are up at dawn and drove about 15 miles to Hartsburg, Missouri, Trailhead. We planned an out and back to McBaine(west) for a distance of 34 miles and an early finish. We prowled Hartsburg for a spell and then drove back to Little Rock.

This excursion gave us a look at the KATY Trail from Sadelia to Hartsburg. A distance of about 80 miles. This leaves 145 miles of trail that we must go back and do. I hope you will be a part of it. Has the Bigshot ever led you astray?