

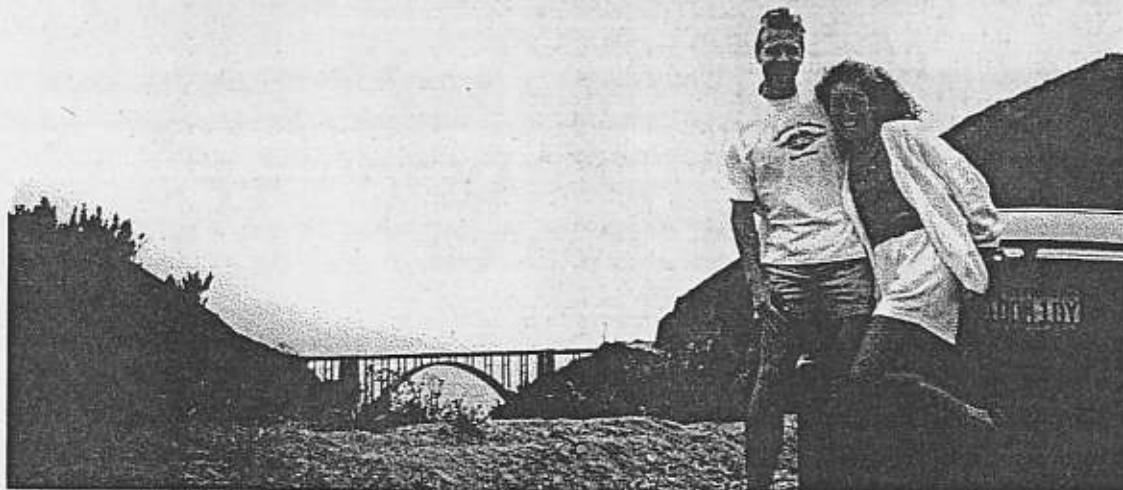
# THE ARKANSAS ULTRA RUNNER

*A Newsletter For Members Of The Arkansas Ultra Running Association*

September 1996

**ULTRA NEWS OF THE DAY**-I got a nice note from AURA's Neil Hewitt who resides in Addison, Texas. He informed me that a new Ultra Running club has been formed in the Dallas area. Some of the organizers are well known in ultra circles-Jay Norman, Betty Norman, Ken Ashby, Linda Musil and Jack Johnson. They are called the North Texas Trail Runners Club. When you turn to the AURA ULTRA CALENDAR you will see their first race on November 9th. *The Rock Ledge Rumble 50K*. This is exciting.

The first race of the 1997 *ULTRA TRAIL SERIES* went off well. Only one hitch. The results are missing in action. I thought they would turn up by now only they haven't. Do you have them? Call me ASOP! No questions asked. If they don't turn up by next newsletter, I'll "reconstruct them" as we say in government work.



**Chrissy Duryea and Stan Ferguson**

Invite all AURA members and guests to their wedding on Friday, October 11, 1996, 3:00 P.M. at Lake Sylvia, following the AT-100 pre-race meeting.

Bring lawn chairs if you want to sit down. Non-AT100 participants or volunteers, please contact Stan at (501) 470-0062 if you plan to attend the spaghetti dinner following the meeting and ceremony, so we can get a headcount.

AURA---Eight Edition; Number 8/e mail CPEYTON@ARISTOTLE.NET--6SEPAURA.

## ULTRA CORNER

The news from the 1996 Leadville 100, August 24th, is not all in. I have the "search" out for a couple of finish results but because we need to go to press early this month, they'll have to wait. Dr. Feelgood finished in a time of 28:16. Jack Evans is reported to have taken a fall and dropped at Twin Lakes(40+ Miles) Bob Marston was also going to run but so far no one seems to know anything about him. When we get the official times, I will enter them in the Leadville Finisher file that I am keeping below..

### LEADVILLE 100

Stephen Tucker(89)	21:32:45
Ray Bailey(94)	22:37:34
Ray Bailey(92)	22:39:29
Bill Laster(90)	22:43:35
Bill Laster(91)	22:55:45
Bill Colfelt(90)	24:43:11
Bill Laster(92)	25:22:15
Bill Laster(88)	26:07:54
Larry Mabry(91)	27:27
Dr. FeelGood(94)	27:38:25
<u>Dr. FeelGood(96)</u>	<u>28:16:</u>
Jack Evans(95)	28:24:57
Nick Williams(88)	28:31:37
Max Hooper(88)	28:31:40
Larry Mabry(88)	28:37:24
Larry Mabry(92)	28:40:12
Mike Heald(92)	28:40:13
Larry Mabry(89)	28:47:37
Lou D. Peyton(88)	28:48:44
Lou D. Peyton(89)	28:58:34
Max Hooper(89)	29:11:34
Tom Holland(93)	29:44:46

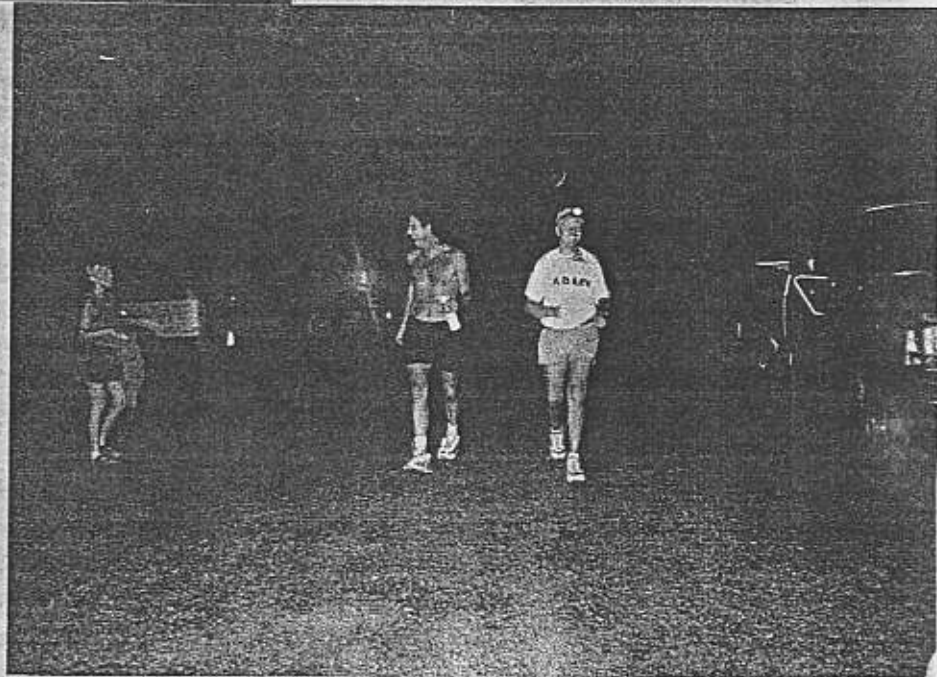
## ULTRA TRAIL SERIES UPDATE

The Midnight 50 K Mountain Run was another big success. John Jones, of Conway, lead the pack to the turnaround station reaching it in 2:01. The next runner was Ray Bailey who ran into the station five or six minutes later and immediately turned and departed. Did not stop. Following closely behind Ray was Chrissy Duryea and Stan Ferguson. On the return, Ray caught John and was the first finisher. Chrissy was the first female despite twisting her ankle near the start. NOW, DO YOU HAVE THE RESULTS? Look in you car! Call me if you find something. Otherwise, I'll be making them up.



**Lou Peyton with new  
Ultra Runner, Danny Doyle  
from Morrilton, Arkansas.**

**Sam Hardcastle finishes with  
Dan McCollough.**



# ULTRA CALENDAR

(PLACE REFRIG MAGNET HERE)

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**Aug 31st** *Heart O' Traveller Training Run*, Number 1. Lake Winona spillway. 24 Miles. Out and back to Smith Mtn. Water Provided at the AT-100 aid stations(Pig Trail, DropOff and Smith Mtn. 6:30 A.M. start. (start early if you like) Call 225-6609, ask for Charles if you have questions about how to get there.

**Sep 2nd** *Heart O' Traveller Training Run*, Number 2. Smith Mountain Run. Approx 40 K. Water provided at the AT-100 Aid station(Buffalo Gap, Powerline, BM Road and Smith Mtn.) 6:30 A.M. start. (Start early if you like.) Begin from the intersection of FR 2 and FR 114. Call 225-6609 for directions Ask for Charles.

**Sep 14th** *The Big Girl Run*. Two loops of the Albert Pike course. Approx 54 miles. 24 hour cutoff. 4:00 P.M.(evening) start. UTS #2. Nick Williams at 225-5557 or Charles at 225-6609. Some people have expressed the need to start early. Those who do, remember to keep you time.

**Oct 12th** *1996 Arkansas Traveller 100*(UTS #3)

**Oct 19th** *Mountain Masochist Trail Run*, 50 Miles. David Horton (804)239-1324

**Oct 26th** *Palo Duro 50(25 and 50 Mile)* Amarillo, Texas. Red Spicer(806)353-3847.

**Nov 9th** *Quiver Quads-50K and 50 Mile*. Troy, Missouri. Dave Spetnagel(314)939-0161

**Nov 9th** *Rock Ledge Rumble 50K*. Irving, Texas. Fred Holmes (214)506-0376

**Dec 6th** *Whistling Dick 40K*. Lake Sylvia trail parking lot. UTS 4

**Dec 13th** *Texas Trail Endurance Runs*. Huntsville, Texas.

**Feb** *Rocky Raccoon 100*

**Feb** *WhiteRock Classic 25 and 50K*

**Feb** *Sylamore 50K*

**Mar 1st** *Mississippi Trail 50*. Laurel, Mississippi. Carl Touchstone(601)649-3471

**TBA** *Ouachita Trail 50*

**TBA** *Tall Peak Loop*. Albert Pike Rec Area, 26 Miles. Final UTS.

## ARKANSAS TRAVELLER DIARY

Dear Diary(DD) 60 entrants now. And, BigHead's enter came today. I've got goose bumps.

The chem lights came a couple of weeks ago. I ordered 300 to make Jim happy. He likes to be busy at night. I might still put up the reflective tape since they are not apt to be pulled down by the curious. Oh yes, did I tell you the buckles arrived Friday. 82 total. Got to get these runners in. Talked to a man in Missouri about a tent. A 30 x 50 cost less than the 20 by 30 that we've used in the past. I almost forgot to tell you---I cut Smith Mountain yesterday. Man, DD, this was the toughest trip yet. The Forest Service has put up berms the whole way. My little ole push mower took a beating and will probably not be around next year. When I put the ribbons up race week, I might try to kick some of those rocks out of the way. I got a report that 212 is rough with weeds, too. I'll look at it next week and see how high they are. I wouldn't want a Traveller to catch a chigger. Lets see, what else needs to be done. ....Need to order the plaques. Also, I might order the bumper stickers. Jim said that we might not order stickers this year but I need to be doing something. Besides with all the new vehicles being bought around here, there will be a demand for new bumper stickers. Ha, Ha. Talked to Dave about the shirts and stuff. Last year our "theme" was *GOOD TIME RUNNING*. I wonder if we should change it this year to *THE ARKANSAS TRAVELLER--TOUGH ENOUGH!* or *JUST TOUGH ENOUGH!* Just one visit with you before October, DD. I wonder if Jimmy, Dave and Tom would like to get together in September. I feel a need for companionship.